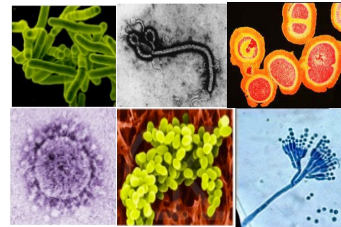


**Chlorhexidine Use and Bacterial Resistance**  
**Prof. Jean-Yves Maillard, Cardiff University, Wales**  
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**Chlorhexidine Use and Bacterial Resistance**



**Jean-Yves Maillard**  
Cardiff School of Pharmacy and  
Pharmaceutical Sciences  
Cardiff University







Hosted by Dr. Lynne Schulster

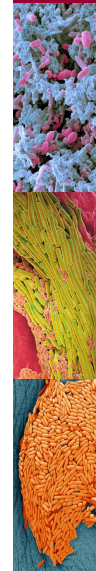


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September 27, 2018

**OVERVIEW**

-  **Background**
-  **Bacterial responses to biocides**
-  **Bacterial resistance to chlorhexidine *in situ***
-  **Bacterial resistance to chlorhexidine *in vitro***
-  **Reality check**
-  **Conclusions**



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**BACKGROUND**

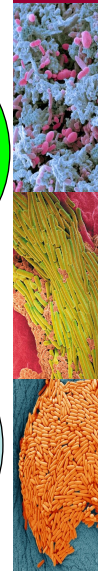
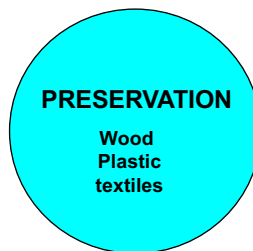
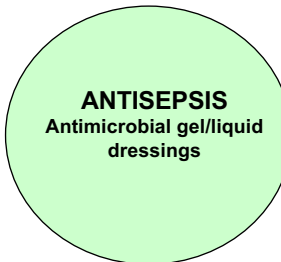


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**BACKGROUND: context - biocide usage**



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# Chlorhexidine Use and Bacterial Resistance

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#### ▶ BACKGROUND: persistence

Organism	Persistence
<i>Acinetobacter</i> spp.	3 days to 5 months
<i>Clostridium difficile</i> (spores)	5 months
<i>Enterococcus</i> spp. including vancomycin-resistant enterococci	5 days to 4 months
<i>Escherichia coli</i>	1.5 h to 16 months
<i>Klebsiella</i> spp.	2 h to >30 months
<i>Mycobacterium tuberculosis</i>	1 day to 4 months
<i>Pseudomonas aeruginosa</i>	6 h to 16 months
<i>Salmonella typhimurium</i>	10 days to 4.2 years
<i>Shigella</i> spp.	2 days to 5 months
<i>Staphylococcus aureus</i> , including MRSA	7 days to 7 months
<i>Haemophilus influenzae</i>	12 days

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#### ▶ BACKGROUND: interventions

```

graph TD
    subgraph Patients
        P1([PATIENTS])
        P2([PATIENTS])
    end
    subgraph Surfaces
        AS[ANTIMICROBIAL SURFACES]
        CS[CONTAMINATED SURFACES]
    end
    HW([HEALTHCARE WORKERS])
    
    P1 <--> P2
    P1 <--> CS
    P2 <--> CS
    CS <--> HW
    
    HH[HAND HYGIENE]
    SD[SURFACE DISINFECTION]
    
    HH -.-> P1
    HH -.-> P2
    SD -.-> CS
    SD -.-> HW
    
```

➤ Hand hygiene compliance: 30-85%

➤ Surface disinfection: 32%

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# Chlorhexidine Use and Bacterial Resistance

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**Deaths per annum worldwide**

**BACKGROUND: end of antibiotic era?**

Cause	Deaths per annum
AMR in 2050	10 million
AMR now (low estimate)	700,000
Cancer	8.2 million
Diabetes	1.5 million
Diarrhoeal disease	1.4 million
Measles	130,000
Road traffic accidents	1.2 million
Tetanus	60,000
Cholera	100,000 - 120,000

O'Neill. 2016. Tackling drug-resistant infections globally: Final report and recommendations. The Review Antimicrobial resistance. HM Government.

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**BACKGROUND: CHX RESISTANCE**

**Peer-reviewed articles / reviews since 1998**  
Title and abstract: chlorhexidine + resistance

Year	Web of Science	Google Scholar	PubMed
1998	0	15	5
1999	0	10	5
2000	0	10	5
2001	0	10	5
2002	10	10	10
2003	20	15	10
2004	20	15	10
2005	20	15	10
2006	20	15	10
2007	20	15	10
2008	30	20	15
2009	45	25	20
2010	40	30	25
2011	50	40	30
2012	60	50	40
2013	90	70	60
2014	80	75	55
2015	90	85	50
2016	115	95	75
2017	115	80	95
2018	115	80	95

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**BACTERIAL RESPONSES  
TO BIOCIDES**



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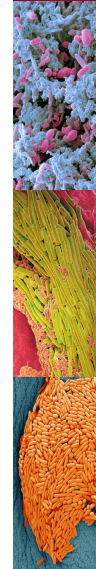
**BACTERIAL RESPONSES TO BIOCIDES**

**Intrinsic resistance**

**Resistance to Biocides**



- prions
  - bacterial spores
  - protozoal oocysts
  - mycobacteria
  - naked viruses
  - protozoal cysts
  - vegetative Gram- negative
  - fungi
  - protozoa
  - vegetative Gram-positive
  - enveloped viruses
- Exceptions
- Exceptions
- Exceptions
- Exceptions



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# Chlorhexidine Use and Bacterial Resistance

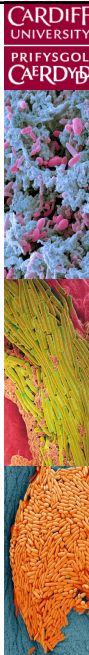
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## BACTERIAL RESPONSES TO BIOCIDES

### Bacteria – biocide interactions

DEGREE OF DAMAGE AND AUTOCIDAL ACTIVITY	CONSEQUENCES	
<ul style="list-style-type: none"> <li>➤ Disruption of the transmembrane PMF leading to an uncoupling of oxidative phosphorylation and inhibition of active transport across the membrane</li> <li>➤ Inhibition of respiration or catabolic/anabolic reactions</li> </ul>	Short exposure	Reversible events
<ul style="list-style-type: none"> <li>➤ Disruption of metabolic processes</li> <li>➤ Disruption of replication</li> </ul>	Prolonged biocidal exposure	
<ul style="list-style-type: none"> <li>➤ Loss of membrane integrity resulting in leakage of essential intracellular constituents (K<sup>+</sup>, inorganic phosphate, pentoses, nucleotides and nucleosides, proteins)</li> <li>➤ Coagulation of intracellular materials</li> </ul>	Imbalance of pHi	Irreversible events
<ul style="list-style-type: none"> <li>➤ LYSIS</li> </ul>	Autocidal (commitment to a cell death pathway)	
	Cell death	

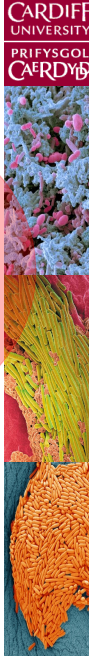


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## BACTERIAL RESPONSES TO BIOCIDES

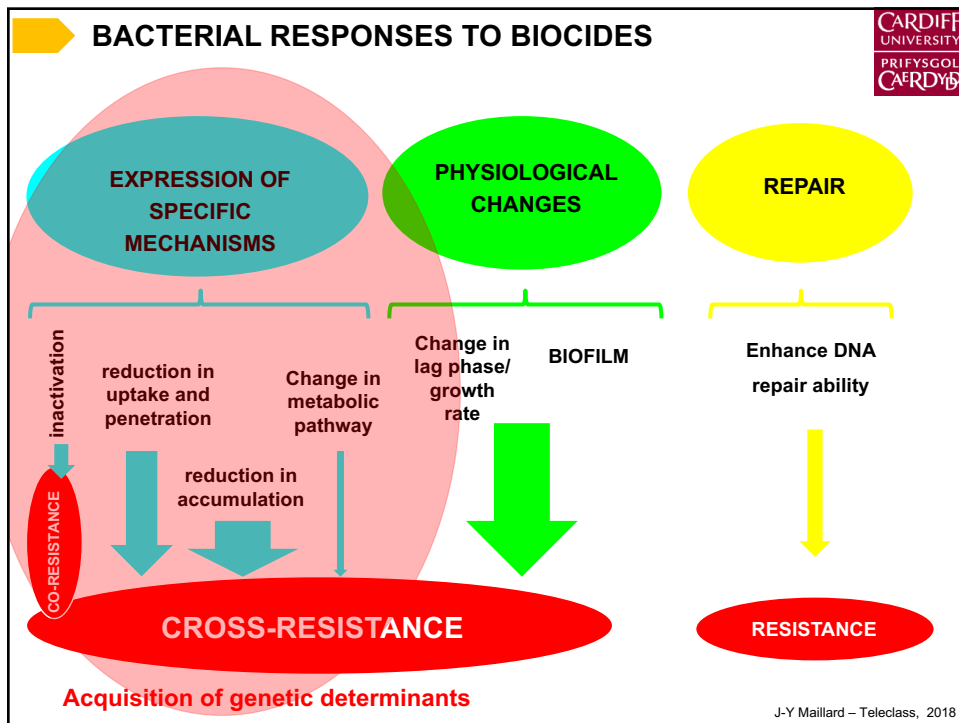
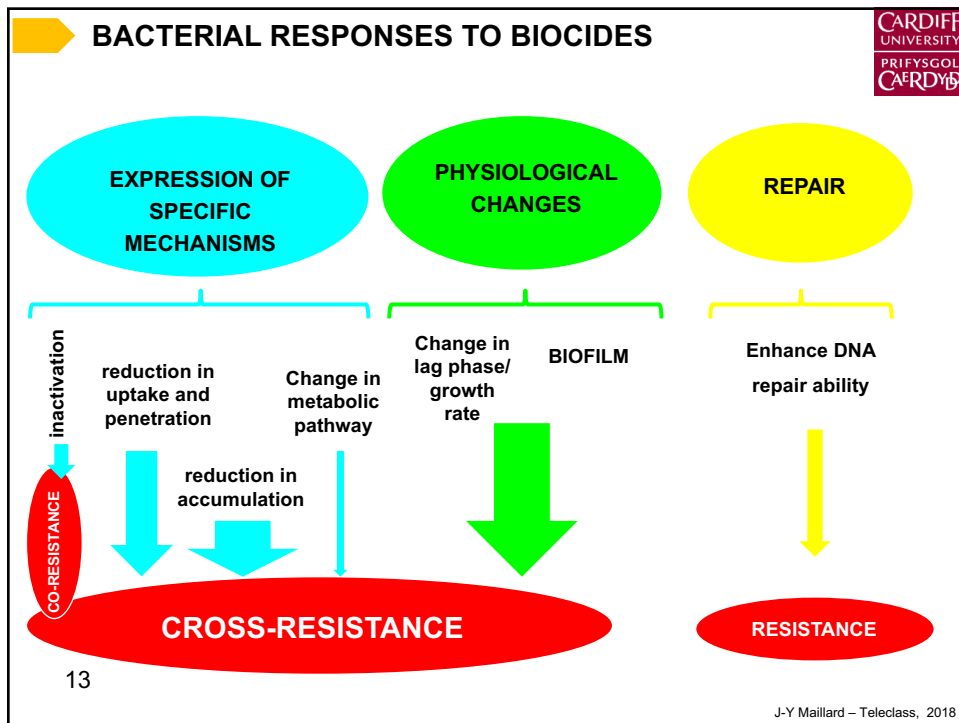
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# Chlorhexidine Use and Bacterial Resistance

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**BACTERIAL RESPONSES TO BIOCIDES**

Changes in membrane properties

**REDUCTION IN PENETRATION**

*Journal of Applied Microbiology* 1999, 87, 323-331

**Comparative responses of *Pseudomonas stutzeri* and *Pseudomonas aeruginosa* to antibacterial agents**

U. Tattawasari, J.-Y. Maillard, J.R. Furr and A.D. Russell  
Welsh School of Pharmacy, Cardiff University, Cardiff, UK  
71330399; received 31 March 1999, accepted 21 April 1999

ELSEVIER

International Journal of Antimicrobial Agents 16 (2000) 233-238

Antimicrobial Agents  
www.elsevier.com

Outer membrane changes in *Pseudomonas stutzeri* resistant to chlorhexidine diacetate and cetylpyridinium chloride

Unchalee Tattawasari, J.-Y. Maillard, J.R. Furr, A.D. Russell \*

**Change in LPS, reduction of porins**

OMP profile

LPS profile

- *Pseudomonas stutzeri* with decreased MIC to chlorhexidine and CPC
- Cross-resistance to polymyxin and gentamicin

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**BACTERIAL RESPONSES TO BIOCIDES**

Reduction in antimicrobial accumulation

*Nature Reviews Microbiology* 4, 629-636 (August 2006) | doi:10.1038/nrmicro1464

**OPINION**

**Multidrug-resistance efflux pumps ? not just for resistance**

Laura J. V. Piddock [About the author](#)

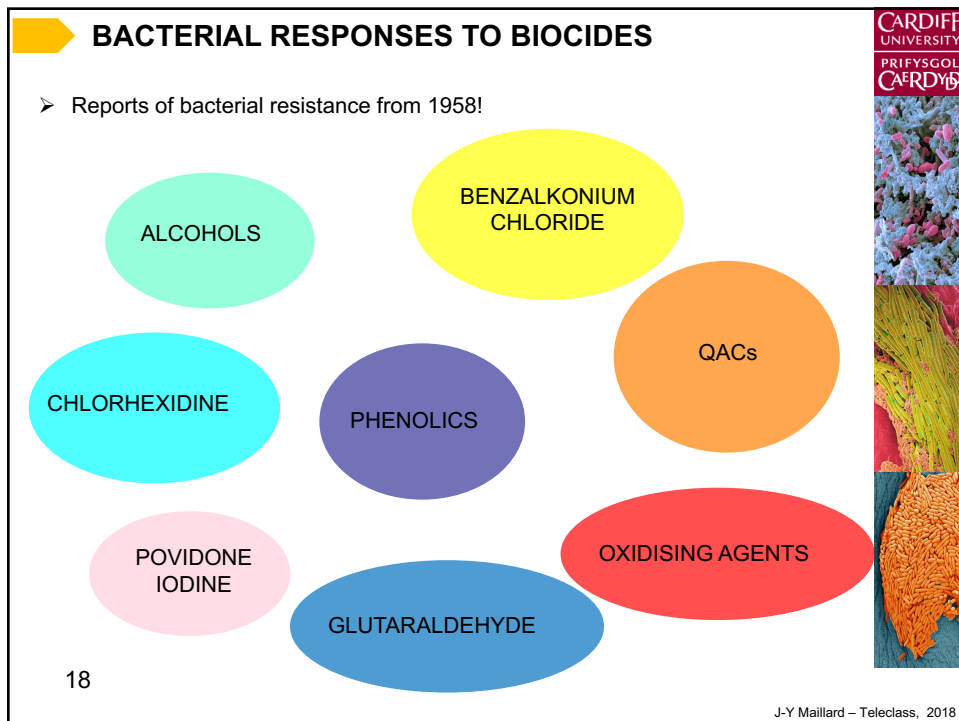
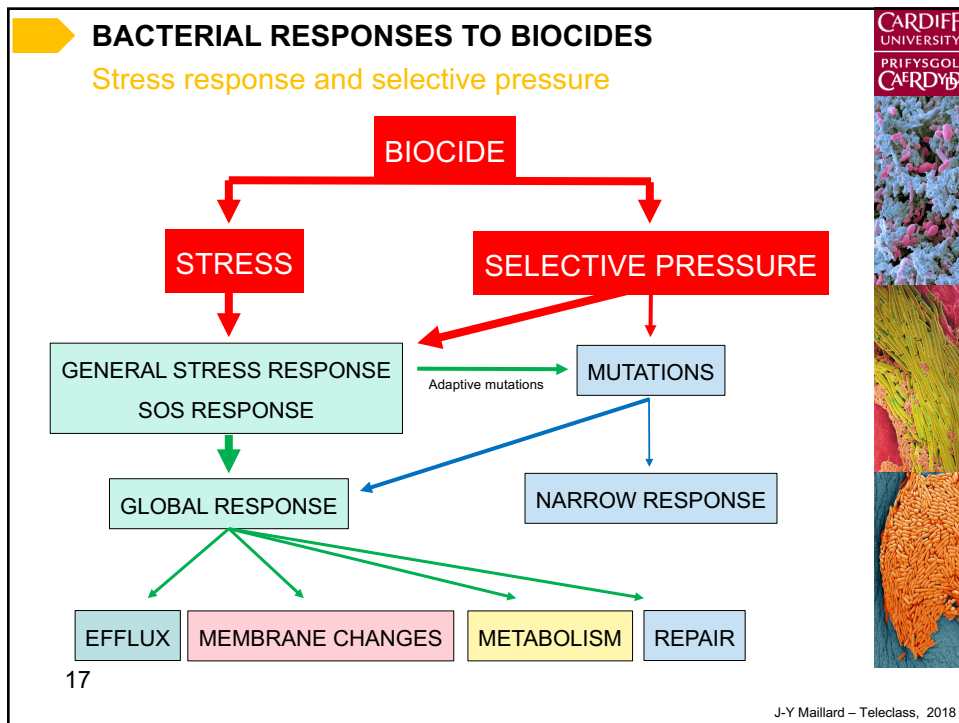
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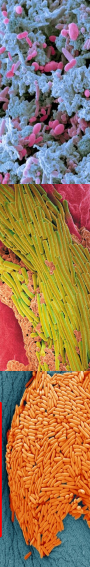
# Chlorhexidine Use and Bacterial Resistance

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## BACTERIAL RESPONSES TO BIOCIDES

- Resistance: surviving exposure to a biocide concentration that will kill the rest of the population  
Russell. *Lancet Infect Dis* 2003; 3: 794-803
- Resistance in practice: Bacterial survival following biocide challenge at "in use"/ "during use" concentration.  
Maillard & Denyer. *Chem Oggi* 2009; 27: 26-8.  
Maillard et al. *Micro Drug Resist* 2013; 19:344-54.  
Wesgate et al. *AJIC* 2016, 44, 458-464.
- Reduced susceptibility: increase in MBC comparing to the initial population or a reference strain
  - For data based on MIC changes: increase in MIC
- Tolerance: inhibited but not killed
  - survival in a product (preservative system)
- Cross-resistance: Bacterial survival following biocide challenge at "in use"/ "during use" concentration **AND** to unrelated antimicrobials; may include emerging clinical resistance to chemotherapeutic antibiotics

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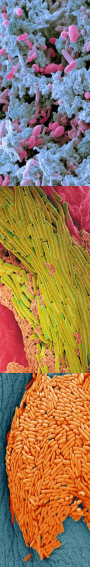
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## BACTERIAL RESPONSES TO BIOCIDES

### Regulators

#### European Commission Opinions

- SCENIHR 2009: Assessment of the Antibiotic Resistance Effects of Biocides.  
[http://ec.europa.eu/health/ph\\_risk/committees/04\\_scenihhr/docs/scenihhr\\_o\\_021.pdf](http://ec.europa.eu/health/ph_risk/committees/04_scenihhr/docs/scenihhr_o_021.pdf)
- SCENIHR 2010: Research strategy to address the knowledge gaps on the antimicrobial resistance effects of biocides.  
[http://ec.europa.eu/health/scientific\\_committees/emerging/docs/scenihhr\\_o\\_028.pdf](http://ec.europa.eu/health/scientific_committees/emerging/docs/scenihhr_o_028.pdf)
- SCCS 2011: Opinion on Triclosan Antimicrobial Resistance.  
[http://ec.europa.eu/health/scientific\\_committees/consumer\\_safety/docs/sccs\\_o\\_023.pdf](http://ec.europa.eu/health/scientific_committees/consumer_safety/docs/sccs_o_023.pdf)
- SCENIHR 2014: Nanosilver: safety, health and environmental effects and role in antimicrobial resistance.  
[http://ec.europa.eu/health/scientific\\_committees/emerging/docs/scenihhr\\_o\\_039.pdf](http://ec.europa.eu/health/scientific_committees/emerging/docs/scenihhr_o_039.pdf)








Directorate-General for Health & Consumers

Scientific Committee on Emerging and Newly Identified Health Risks  
SCENIHR

Assessment of the Antibiotic Resistance Effects of Biocides




On consumer safety  
on emerging and newly identified health risks  
on food and environmental risks



Directorate-General for Health & Consumers

Scientific Committee on Consumer Safety  
SCCS

Opinion on triclosan  
Antimicrobial Resistance



On consumer safety  
on emerging and newly identified health risks  
on food and environmental risks

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**BACTERIAL RESPONSES TO BIOCIDES**

Regulators

**Biocide Products Regulation ... and resistance** (effective since 1/09/2013)

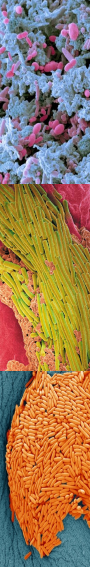

1-b(ii) ...the biocidal product has no unacceptable effects on the target organisms, in particular unacceptable resistance or cross-resistance

3-b ...the chemical diversity of the active substances is adequate to minimise the occurrence of resistance in the target harmful organism.

Effects on target organisms

75. Where the development of resistance or cross-resistance to the active substance in the biocidal product is likely, the evaluating body shall consider actions to minimise the consequences of this resistance. This may involve modification of the conditions under which an authorisation is given. However, where the development of resistance or cross-resistance cannot be reduced sufficiently, the evaluating authority shall conclude that the biocidal product does not satisfy criterion (ii) under point (b) of Article 19(1).

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**BACTERIAL RESPONSES TO BIOCIDES**

Regulators

**U.S. Food and Drug Administration** (Press release 2<sup>nd</sup> September 2016)

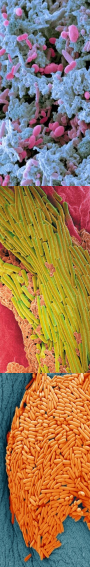

FDA issues final rule on safety and effectiveness of antibacterial soaps

The agency issued a proposed rule in 2013 after some data suggested that long-term exposure to certain active ingredients used in antibacterial products — for example, triclosan (liquid soaps) and triclocarban (bar soaps) — could pose health risks, such as bacterial resistance...This included data from clinical studies demonstrating that these products were superior to non-antibacterial washes in preventing human illness or reducing infection

**“...some data suggest that long-term exposure to certain active ingredients used in antibacterial products—for example, triclosan (liquid soaps) and triclocarban (bar soaps)—could pose health risks, such as bacterial resistance ...”**

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm517478.htm> (accessed 19/09/2018)

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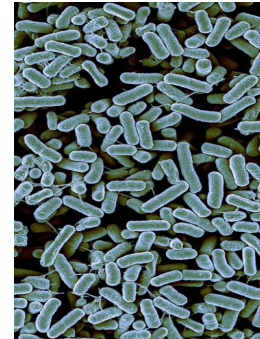


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**BACTERIAL RESISTANCE TO  
CHLORHEXIDINE *IN SITU***



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**BACTERIAL RESISTANCE TO CHX *IN SITU***

**CHX applications**

**SKIN PREPARATIONS**

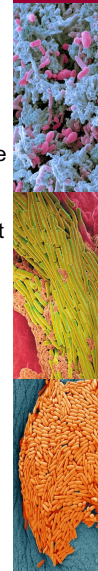
- Skin care 2%
- Hand hygiene ± alcohol
- Patient preoperative scrub and showers (combined with alcohol)
- Vascular access site dressings (chlorhexidine sponge dressing and a chlorhexidine gel pad)
  - Vascular access - such as central venous catheters, skin preparation solutions and insertion site dressings are recommended as interventions that may prevent Central Line-Associated Bloodstream Infections (CLABSIs)
  - Vascular access catheters
  - Peripherally Inserted Central venous catheter

**DEVICES**

- Central Venous catheter – CHX impregnated catheters (intraluminally and extraluminally)
- Needleless IV connectors (combined chlorhexidine and silver)

**SOLUTIONS**

- Oral care mouthwash
- Urology – bladder irrigation 0.005%



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# Chlorhexidine Use and Bacterial Resistance

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## BACTERIAL RESISTANCE TO CHX *IN SITU*

### CHX applications

Products	Concentration	Additional biocides	Uses
Topical medicines (gel or liquid)	7.1%	None	Umbilical cord care to prevent cord infection and/or sepsis and reduce neonatal mortality.
Topical solution (liquid, cloth, sponge applicators, swab sticks)	2% , 3.15%, 4%, or 5%	Isopropyl alcohol	Skin preparation for surgery, invasive procedures, central lines to prevent hospital- acquired infections
Scrub solution (liquid detergent)	2% or 4%	Isopropyl alcohol	<ul style="list-style-type: none"> <li>Preoperative bathing, general skin cleansing to prevent hospital-acquired infection</li> <li>Preoperative hand scrub and hand disinfection to prevent the spread of microorganisms</li> </ul>
Irrigation solution	0.015% or 0.05%	Cetrimide	Irrigation of wounds to prevent infection
Topical cream	0.1%	Cetostearyl alcohol Cetrimide	Wound cleaning (over-the-counter first-aid cream) to prevent infection
Washcloth	2%	none	Daily bathing in intensive care unit (ICU) patients to prevent hospital-acquired infection
Gauze dressing	0.5%	-	Wound or burn dressing to prevent infection
Catheter dressing	2%	None	Catheter dressings to prevent hospital- (gel pad, foam disk, semi-acquired infection permeable transparent dressing)
Hand rub (gel)	0.5% or 1%	Ethanol	Hand sanitizing to prevent the spread of microorganisms
Dental solution	0.12% or 0.2%	Ethanol	<ul style="list-style-type: none"> <li>Decontaminate oral cavity to prevent (oral rinse or spray)</li> <li>Periodontal disease and mucositis treatment</li> </ul>
Concentrated stock solution	20%	None	Preparation of dilutions for skin cleansing and general disinfection

[https://www.healthynetwork.org/hnn-content/uploads/CWG-Chlorhexidine-Applications-English\\_October\\_2015.pdf](https://www.healthynetwork.org/hnn-content/uploads/CWG-Chlorhexidine-Applications-English_October_2015.pdf)  
 (accessed 19-09-2018) J-Y Maillard – Teleclass, 2018

## BACTERIAL RESISTANCE TO CHX *IN SITU*

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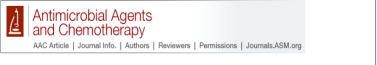
[https://www.healthynetwork.org/hnn-content/uploads/CWG-Chlorhexidine-Applications-English\\_October\\_2015.pdf](https://www.healthynetwork.org/hnn-content/uploads/CWG-Chlorhexidine-Applications-English_October_2015.pdf)  
 (accessed 19-09-2018) J-Y Maillard – Teleclass, 2018

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<b>BACTERIAL RESISTANCE TO CHX IN SITU</b>		
<b>CHX contaminated products and infections</b>		
Contaminant(s)	Site(s) of microbes	Mechanism of contamination/source
<i>Pseudomonas</i> spp.	Not stated	Refilling contaminated bottles; washing used bottles using cold tap water; contaminated washing apparatus; low concentration (0.05%)
<i>Pseudomonas</i> sp., <i>Serratia marcescens</i> , <i>Flavobacterium</i> sp.	Not stated	Not determined, but authors speculate due to over-dilution or refilling of contaminated bottles
<i>Pseudomonas aeruginosa</i>	Wounds	Tap water used to dilute stock solutions; low concentration (0.05%)
<i>Bulkholderia cepacia</i>	Blood, wounds, urine, mouth, vagina	Metal pipe and rubber tubing in pharmacy through which deionized water passed during dilution of chlorhexidine; low concentration
<i>Ralstonia pickettii</i>	Blood	Contaminated bidistilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Ralstonia pickettii</i>	Blood (pseudo-bacteremia)	Distilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Serratia marcescens</i>	Bood, urine, wounds, sputum, others	Not determined, but use of nonsterile water for dilution to 2% and distribution in reusable nonsterile containers
<i>Ralstonia pickettii</i>	Blood (pseudobacteremia)	Distilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Bulkholderia cepacia</i>	Blood	Intrinsic contamination, Contaminated 0.5% chlorhexidine
<i>Serratia marcescens</i>	Blood	Intrinsic contamination, 2% aqueous chlorhexidine antiseptic

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Maillard J-Y. Bacterial Resistance to biocides In *Block's Disinfection, Sterilization & Preservation*. submitted J-Y Maillard – Teleclass, 2018

<b>BACTERIAL RESISTANCE TO CHX IN SITU</b>		
<b>CHX contaminated products and infections</b>		
 <p style="font-size: x-small;">Antimicrob Agents Chemother. 2007 Dec; 51(12): 4217-4224. PMID: PMC2167966            Published online 2007 Oct 1. doi: 10.1128/AAC.00138-07</p> <p><b>Outbreaks Associated with Contaminated Antiseptics and Disinfectants<sup>2</sup></b></p> <p style="font-size: x-small;">David J. Weber,<sup>1,2*</sup> William A. Rutala,<sup>1,2</sup> and Emily E. Sickbert-Bennett<sup>1</sup></p>		
Antiseptic	Contaminants	Mechanisms of contamination/source
Alcohols	<i>B. cereus</i> , <i>B. cepacia</i>	Intrinsic contamination, contaminated tap water
Chlorhexidine	<i>Pseudomonas</i> spp., <i>B. cepacia</i> , <i>Flavobacterium</i> spp., <i>Ralstonia pickettii</i> , <i>Achromobacter xylosoxidans</i> , <i>S. marcescens</i>	Refilling contaminated bottle, contaminated washing apparatus (0,05%), Topping up stock solution (1:1000-1:5000), metal pipe (low concentration), contaminated water (0.05%), atomizer (0.06%)
Chlorhexidine + cetrimide	<i>Ps. multivorans</i> , <i>St. maltophilia</i>	Tap water (0.05% CHX & 0.5% cetrimide), contaminated deionized water

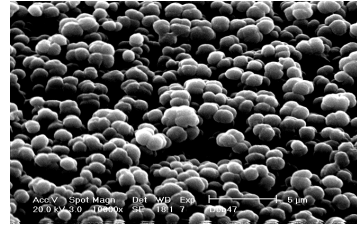
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**Chlorhexidine Use and Bacterial Resistance**  
**Prof. Jean-Yves Maillard, Cardiff University, Wales**  
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**BACTERIAL RESISTANCE  
 TO CHLORHEXIDINE *IN  
 VITRO***



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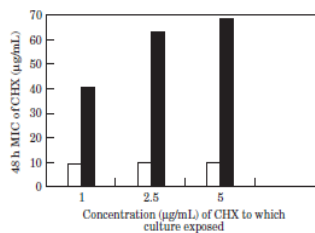
**BACTERIAL RESISTANCE TO CHX *IN VITRO***

**Artificial decrease in CHX susceptibility**

Journal of Hospital Infection (2009) 46, 297–303  
 doi:10.1053/j.jhi.2008.08.011, available online at <http://www.elsevier.com/locate/jhi>

**Development of resistance to chlorhexidine diacetate in *Pseudomonas aeruginosa* and the effect of a 'residual' concentration**

Louise Thomas, J.-Y. Maillard, R. J. W. Lambert<sup>a</sup> and A. D. Russell  
Pharmaceutical Microbiology Research, Welsh School of Pharmacy, Cardiff University, Cardiff CF10 3XF and  
<sup>a</sup>Unilever Research Colworth, Sharnbrook, Bedfordshire, UK

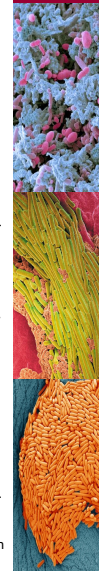


**Figure 2** MICs in broth at 37°C of *P. aeruginosa* following single exposure to 'residual' concentrations of CHX of 1, 2.5 and 5 µg/mL. □ before exposure to CHX; ■ after exposure to CHX.

MICs of *Ps aeruginosa* cultures following repeated exposure to CHX (5 µg/mL)

Culture number	Original MIC (µg/mL) before multiple exposure to CHX (5 µg/mL)	MIC (µg/mL CHX) after 5 subcultures in CHX (µg/mL)
1 <sup>a</sup>	8–10	>70 <sup>c</sup>
2	28 <sup>b</sup>	>70 <sup>c</sup>
3	>40 <sup>b</sup>	>70 <sup>c</sup>
4	>50 <sup>b</sup>	>70 <sup>c</sup>
5	70 <sup>b</sup>	>70 <sup>c</sup>

<sup>a</sup>: standard parent strain  
<sup>b</sup>: cultures from step-wise training method  
<sup>c</sup>: these cultures were found stable after 15 subcultures in CHX-free broth



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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

### Decreased susceptibility following short CHX exposure

*Salmonella enterica* 1344 susceptibility following a 5 min exposure to CHG or BZC

Biocide	Baseline	Mean MBC (%)					
		0.0004 % CHG	0.0001 % CHG	0.00005 % CHG	0.0004 % BZC	0.0001 % BZC	0.00005 % BZC
CHG	0.01	0.20 ± 0.00	0.20 ± 0.09	0.04 ± 0.00	0.30 ± 0.00	0.20 ± 0.00	0.20 ± 0.10
BZC	0.003	0.20 ± 0.00	0.05 ± 0.02	0.20 ± 0.20	0.80 ± 0.00	0.20 ± 0.00	0.30 ± 0.20

GREEN = increased MBC by 10-50 folds  
RED = >50 folds

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

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CHG	0.01	0.20 ± 0.00	0.20 ± 0.09	0.04 ± 0.00	0.30 ± 0.00	0.20 ± 0.00	0.20 ± 0.10
BZC	0.003	0.20 ± 0.00	0.05 ± 0.02	0.20 ± 0.20	0.80 ± 0.00	0.20 ± 0.00	0.30 ± 0.20

GREEN = increased MBC by 10-50 folds  
RED = >50 folds

### Reproducibility

CHG exposure: 0.0004 % for *S. enterica* 1344 and 0.0001 % for *S. enterica* 14028S

	Baseline MIC	CHG MIC 1	CHG MIC 2	CHG MIC 3	CHG MIC 4	Baseline MBC	CHG MBC 1	CHG MBC 2	CHG MBC 3	CHG MBC 4
1344	0.003	0.08	0.06	0.06	0.067	0.01	0.20	0.10	0.10	0.15
14028S	0.003	0.01	0.02	0.03	0.01	0.006	0.10	0.09	0.09	0.2

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

### Decreased susceptibility following short CHX exposure

Journal of Applied Microbiology

ORIGINAL ARTICLE 2013

**The effect of cationic microbicide exposure against *Burkholderia cepacia* complex (Bcc); the use of *Burkholderia lata* strain 383 as a model bacterium**

L. Knapp<sup>1</sup>, L. Ruhnott<sup>2</sup>, H. Stapleton<sup>1</sup>, A. Saei<sup>3</sup>, S. Stewart<sup>1</sup>, A. Amezcua<sup>1</sup>, P. McClure<sup>1</sup>, E. Mahenthiralingam<sup>2</sup> and J.-Y. Maillard<sup>1\*</sup>

Burkholderia lata 383		Number of passages						
		5 min CHG exp	without CHG			With CHG 0.004%		
			1	5	10	1	5	10
Baseline susceptibility								
CHG MBC (%)	0.01	0.5	0.008	0.009	0.006	0.15	0.1	0.01
BZC MBC (%)	0.003	0.15	0.004	0.006	0.006	0.019	0.05	0.006

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

### Decreased susceptibility following short CHX exposure

Journal of Applied Microbiology

ORIGINAL ARTICLE 2013

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Burkholderia lata 383		Number of passages						
		5 min CHG exp	without CHG			With CHG 0.004%		
			1	5	10	1	5	10
Baseline susceptibility								
CHG MBC (%)	0.01	0.5	0.008	0.009	0.006	0.15	0.1	0.01
BZC MBC (%)	0.003	0.15	0.004	0.006	0.006	0.019	0.05	0.006

Salmonella enterica 14028S		Number of passages						
		5 min CHG exp	without CHG			With CHG 0.004%		
			1	5	10	1	5	10
Baseline susceptibility								
CHG MBC (%)	0.006	0.5	0.001	0.006	0.009	0.08	0.08	0.006
BZC MBC (%)	0.008	0.3	0.006	0.007	0.006	0.019	0.02	0.008

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# Chlorhexidine Use and Bacterial Resistance

## Prof. Jean-Yves Maillard, Cardiff University, Wales

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

### Cross-resistance between CHX and antibiotics

Bactérie	Antibiotiques	Référence
<i>Staphylococcus aureus</i>	Quinolones Beta-lactames Macrolides	Oggioni et al 2015
<i>Acinetobacter baumannii</i>	Carbapénème Aminoglycoside Tétracycline Ciprofloxacine	Fernandez-Cuenca et al, 2015
<i>Pseudomonas spp.</i>	Ciprofloxacine Norfloxacine Tobramycine Gentamicine	Gajadhar et al, 2003
<i>Pseudomonas aeruginosa</i>	Antibiotiques multiples	Sekiguchi et al, 2005
<i>Escherichia coli</i>	Antibiotiques multiples	Nakahara & Kosukoe 1981
<i>Staphylococcus aureus</i>	Antibiotiques multiples	Conceicao et al, 2015
<i>Staphylococcus epidermidis</i>	Oxacilline Gentamicine	Cook et al, 2007
<i>Staphylococcus warneri</i>	Rifampicine	Cook et al, 2007

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

### CHX and carbapenem resistance

- 160 *K. pneumoniae*
- 50 *E. coli*
- 69 hospitals
- July 2010 to August 2015
- Rectal swabs, urine samples, faeces, blood cultures

**Spearman's r scores**

Positive correlation	Inverted correlation
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Strong: +0.7 to +0.9</p> <p>Moderate: +0.4 to +0.6</p> <p>Weak: +0.1 to +0.3</p> <p>no statistically significant correlation</p> </div> <div style="width: 45%;"> <p>Strong: -0.7 to -0.9</p> <p>Moderate: -0.4 to -0.6</p> <p>Weak: -0.1 to -0.3</p> </div> </div>	

		CHX	BZC	CS	SN
CHX	MIC				
	MBC				
BZC	MIC				
	MBC				
CS	MIC				
	MBC				
SN	MIC				
	MBC				

		Carbapenems*	Cephalosporins	Amikacin	Astreonom	Ciprofloxacine	Tigecycline	Minocycline	Colistin
CHX	MIC								
	MBC								
BZC	MIC								
	MBC								
CS	MIC								
	MBC								
SN	MIC								
	MBC								

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# Chlorhexidine Use and Bacterial Resistance

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## BACTERIAL RESISTANCE TO CHX IN VITRO

### Cross-resistance between CHX and antibiotics

Bacteria Source of isolates	Biocide exposure	Resistance to unrelated biocides	Resistance to antibiotics	Mechanisms
<i>Burkholderia lata</i>	CHG (0.005%) BZC (0.005%)	No significant change in MIC or MBC to CHG or BZC	Decrease in susceptibility to CAZ, CIP, IMP	Upregulation of outer membrane protein and ABC transporter
<i>S. aureus</i>	TRI (0.0004%)	Increase in MIC and MBC to TRI	Resistance to CIP, AMP	ND
<i>E. coli</i>	CHG (0.0004%)	No change in MIC or MBC to CHG	Resistance to TOB, TIC, AMP	ND
<i>S. aureus</i>	H <sub>2</sub> O <sub>2</sub> (0.001%)	No change in MIC or MBC to H <sub>2</sub> O <sub>2</sub>	Resistance to CIP, AMP	ND
Clinical isolates of <i>S. aureus</i>	<i>In situ</i>	High MIC to CHG	Resistance CEF, RIF, TSX, CHL	Efflux: <i>qacAB</i>
<i>Acinetobacter baumannii</i>	CHG (4%)	Increased MIC to CHG	Resistance to CIP, IMP, MEM, GEN, TOB, NEL, TET, DOX	Efflux: increased expression in <i>adeb</i> , <i>abeS</i> , <i>amvA</i> Porins: decreased expression in <i>ompA</i>
<i>Acinetobacter baumannii</i>	BZC (0.1%)	Increased MIC to BZC	Resistance to CIP, GEN, NEL, TET, DOX,	Efflux: increased expression in <i>adeb</i> , <i>abeS</i> Porins: decreased expression in <i>ompA</i> , <i>carO</i>

37 Maillard J.-Y. Bacterial Resistance to biocides In *Block's Disinfection, Sterilization & Preservation*, submitted
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## BACTERIAL RESISTANCE TO CHX IN VITRO

### Genetic basis for resistance – multiple mechanisms

ORIGINAL RESEARCH ARTICLE  
published: 11 August 2018  
doi: 10.3389/fmicb.2018.02072

Comparative analysis of *Salmonella* susceptibility and tolerance to the biocide chlorhexidine identifies a complex cellular defense network

Oris Condonell<sup>1,2</sup>, Karen A. Power<sup>1</sup>, Kristian Händler<sup>3</sup>, Sarah Finn<sup>1</sup>, Aine Sheridan<sup>4</sup>, Kjeil Sergeant<sup>5</sup>, Jenny Renault<sup>6</sup>, Catherine M. Burgess<sup>6</sup>, Jay C. D. Hinton<sup>6,7</sup>, Jarleath E. Kelly<sup>8</sup> and Seamus Fanning<sup>1,9\*</sup>

- Genotypic, transcriptomic proteomic and phenotypic of *Salmonella enterica* serovar Typhimurium tolerant to chlorhexidine.
- Alteration of antibiotic susceptibility with clinical significance following exposure to **CHX 1 µg/mL for 30 min** (mid log phase culture)
- Implication of a defence network including multiple cellular targets associated with membrane synthesis, SOS response, virulence and metabolism

**A** Up-regulated >2-fold change

**B** Down-regulated >2-fold change

FIGURE 2 | Number and distribution of genes (A) up-regulated in the sensitive ST24<sup>WT</sup> following chlorhexidine exposure and/or the tolerant mutant ST24<sup>CHX</sup> relative to the reference strain (ST24<sup>WT</sup>) without chlorhexidine exposure. (B) Down-regulated in the sensitive ST24<sup>WT</sup> following chlorhexidine exposure and/or the tolerant mutant ST24<sup>CHX</sup>. The figure shows the differentially expressed genes relative to the reference strain (ST24<sup>WT</sup>) without chlorhexidine exposure.

ST24<sup>WT</sup> CHX MIC: 1.96 µg/mL

ST24<sup>CHX</sup> CHX MIC: >50 µg/mL

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# Chlorhexidine Use and Bacterial Resistance

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## BACTERIAL RESISTANCE TO CHX IN VITRO

### Carriage of efflux pump genes in healthcare setting isolates

Efflux gene (% carriage in isolate)	Bacteria (number of isolates)	Resistant to
<i>qacA/B</i> (83.0%) <i>smr</i> (77.4%) <i>norA</i> (49.0%) <i>norB</i> (28.8%)	High-level mupirocin-resistant -meticillin-resistant <i>S. aureus</i> (MRSA) (53)	Chlorhexidine
<i>qacA/B</i> (80%)	<i>Staphylococcus epidermidis</i> (25)	Chlorhexidine
<i>sepA</i> (95.3%) <i>mepA</i> (89.4%) <i>norA</i> (86.4%) <i>lmrS</i> (60.8%) <i>qacAB</i> (40.5%) <i>smr</i> (3.7%)	MRSA (82), methicillin –sensitive <i>S. aureus</i> (MSSA) (219)	Chlorhexidine
<i>qacA/B</i> (83%) <i>smr</i> (1.6%)	MRSA (60)	Benzalkonium chloride Benzethonium chloride Chlorhexidine
<i>qacA</i> (26% for HMRSA, 67% for VISA) <i>qacC</i> (5% for HMRSA, 4%MSSA, 17%VISA)	Hospital-acquired (HA)-MRSA (38), 25 Community-acquired (CA)- MRSA (25) Vancomycin insensitive <i>S. aureus</i> (VISA) (6) ; MSSA (25)	QAC Chlorhexidine

39 Maillard J-Y. Bacterial Resistance to biocides In *Block's Disinfection, Sterilization & Preservation*. submitted
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## BACTERIAL RESISTANCE TO CHX IN VITRO

### Carriage of efflux pump genes in healthcare setting isolates

Diagnostic Microbiology and Infectious Disease 82 (2015) 278–283

Contents lists available at ScienceDirect

Diagnostic Microbiology and Infectious Disease

journal homepage: [www.elsevier.com/locate/diagmicrobio](http://www.elsevier.com/locate/diagmicrobio)

Frequency of biocide-resistant genes and susceptibility to chlorhexidine in high-level mupirocin-resistant, methicillin-resistant *Staphylococcus aureus* (MuH MRSA)

Qingzhong Liu <sup>a,\*</sup>, Huanqiang Zhao <sup>a</sup>, Lizhong Han <sup>b</sup>, Wen Shu <sup>a</sup>, Qiong Wu <sup>c</sup>, Yuxing Ni <sup>b</sup>

<sup>a</sup> Department of Clinical Laboratory, Shanghai First People's Hospital, Shanghai Jiaotong University, Shanghai, China  
<sup>b</sup> Department of Clinical Microbiology, Ruijin Hospital, School of Medicine, Shanghai Jiaotong University, Shanghai, China  
<sup>c</sup> Department of Clinical Laboratory, Shanghai Sixth People's Hospital, Shanghai Jiaotong University, Shanghai, China

53 high-level mupirocin resistant MRSA  
 > 83% CHX MIC > 4 µg/mL

Fig. 1. The average of MIC values of chlorhexidine detected on the 53 MuH MRSA isolates. Results are presented as log10 reduction in cell counts compared with those of the control sample treated with sterile saline. The viable cell count before the exposure to chlorhexidine was  $2.84 \pm 0.441 \times 10^7$  CFU/mL. Black quadrangles represent "dean" condition (0% BSA); black circles, "dirty" condition (3.0% BSA). Error bars represent SDs of results from 3 experiments. The MIC was defined as the lowest concentration that produced a 5 log10 reduction following incubation at 35 °C for 48 h after being exposed to chlorhexidine for 5 min at 20 ± 2 °C.

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# Chlorhexidine Use and Bacterial Resistance

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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

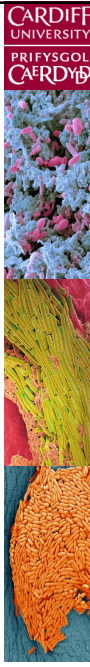
### Carriage of efflux pump genes in healthcare setting isolates

53 high-level mupirocin resistant MRSA

Gene	% carriage
Plasmid-mediated	
<i>qacA/B</i>	83
<i>smr</i>	77
<i>qacH</i>	13
Chromosome-mediated	
<i>norA</i>	96
<i>norB</i>	98
<i>norC</i>	93
<i>sepA</i>	96
<i>sdrM</i>	91
<i>mepA</i>	91
<i>mdeA</i>	94

Multiple gene carriage	%
<i>qacA/B + smr</i>	53
<i>qacA/B + smr + qacH</i>	11
<i>norA + norB + norC + sepA + sdrM + mepA + mdeA</i>	76

Overexpression	%
At least 1 Chromosome-mediated efflux gene	60
<i>norA</i>	49
<i>NorB</i>	29
<i>norC</i>	10
<i>mepA</i>	6
<i>mdeA</i>	8
<i>sepA</i>	4
<i>sdrM</i>	4



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## BACTERIAL RESISTANCE TO CHX *IN VITRO*

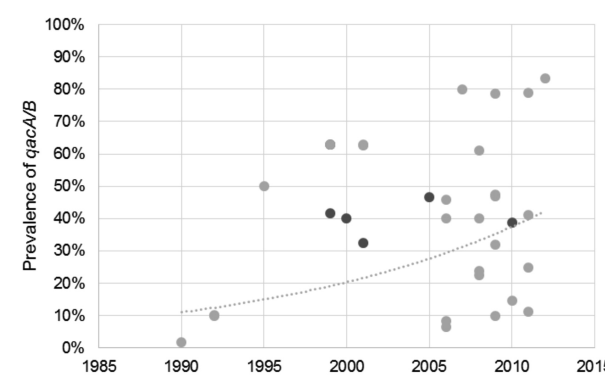
### Carriage of efflux pump genes in healthcare setting isolates


ACS Infectious Diseases 2015 [pubs.acs.org/journal/aidtbc](http://pubs.acs.org/journal/aidtbc) Review

**Quaternary Ammonium Compounds: An Antimicrobial Mainstay and Platform for Innovation to Address Bacterial Resistance**

Megan C. Jennings,<sup>1</sup> Kevin P. C. Minbiole,<sup>2</sup> and William M. Wuest<sup>1\*</sup>

<sup>1</sup>Department of Chemistry, Temple University, Philadelphia, Pennsylvania 19122, United States  
<sup>2</sup>Department of Chemistry, Villanova University, Villanova, Pennsylvania 19085, United States





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**REALITY CHECK**



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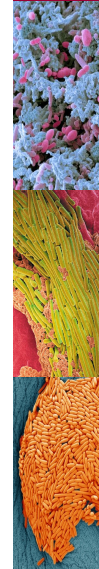
**REALITY CHECK**

**CHX concentrations and applications**

Microorganisms	MIC mg/L	Microorganisms	MIC mg/L
<i>Bacillus</i> spp	1 - 3	<i>Aspergillus</i> spp	75 - 500
<i>Clostridium</i> spp	1.8 - 70	<i>Candida albicans</i>	7 - 15
<i>Corynebacterium</i> spp	5 - 10	<i>Microsporium</i> spp	12 - 18
<i>Staphylococcus</i> spp	0.5 - 6	<i>Penicillium</i> spp	150 - 200
<i>Streptococcus faecalis</i>	2000 - 5000	<i>Saccharomyces</i> spp	50 - 125
<i>Streptococcus</i> spp	0.1-7	<i>Trichophyton</i> spp	2.5 - 14

Microorganisms	MIC mg/L
<i>Escherichia coli</i>	2.5 - 7.5
<i>Klebsiella</i> spp	1.5 - 12.5
<i>Proteus</i> spp	3 - 100
<i>Pseudomonas</i> spp	3 - 60
<i>Serratia marcescens</i>	3 - 75
<i>Salmonella</i> spp	1.6 - 5

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**REALITY CHECK**

**CHX concentrations and applications**

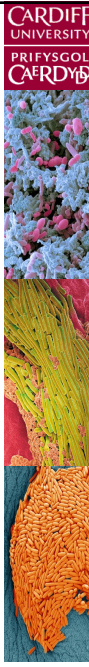
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<i>Streptococcus faecalis</i>	2000 - 5000	<i>Saccharomyces</i> spp	50 - 125
<i>Streptococcus</i> spp	0.1-7	<i>Trichophyton</i> spp	2.5 - 14

Microorganisms	MIC mg/L
<i>Escherichia coli</i>	2.5 - 7.5
<i>Klebsiella</i> spp	1.5 - 12.5
<i>Proteus</i> spp	3 - 100
<i>Pseudomonas</i> spp	3 - 60
<i>Serratia marcescens</i>	3 - 75
<i>Salmonella</i> spp	1.6 - 5

Applications	Concentration (mg/L)
Eye drop	20 - 60
Skin disinfection	5,000
Surgical scrub	20,000 - 40,000
Irrigation	150 -500
Topical cream	1,000
Wash cloth	2,000



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**REALITY CHECK**

**Factors affecting CHX efficacy**


**Factors inherent to the product**

- concentration
- formulation
- water activity
- pH

→

**CONCENTRATION EXPONENT = 2**

**PRECIPITATION**



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**REALITY CHECK**

Factors affecting CHX efficacy

**Factors inherent to the product**

- concentration
- **formulation**
- water activity
- pH

→


**INCOMPATIBILITIES**

- Anionic and non-ionic surfactants
- Viscous materials such as acacia, sodium alginate, sodium carboxymethylcellulose, starch, and tragacanth
- Brilliant green, chloramphenicol, copper sulfate, fluorescein sodium, formaldehyde, silver nitrate, and zinc sulfate.
- Cork (container)

**PRECIPITATION**

In the presence of inorganic acids, certain organic acids, and salts, **hard water**

**Solubility increases with cetrimide**



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**REALITY CHECK**


Factors affecting CHX efficacy

**Factors inherent to the product**

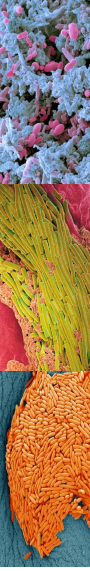
- **concentration**
- formulation
- water activity
- pH

**Factors inherent to the application**

- surface
- **organic load (soiling)**
- temperature
- contact time
- humidity



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**Chlorhexidine Use and Bacterial Resistance**  
**Prof. Jean-Yves Maillard, Cardiff University, Wales**  
**A Webber Training Teleclass**

**REALITY CHECK**

**Factors affecting CHX efficacy**

**Factors inherent to the product**

- concentration
- formulation
- water activity
- pH

**Factors inherent to the application**

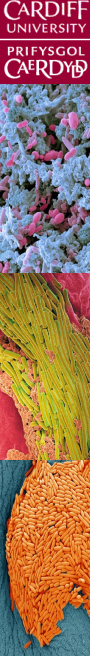
- surface
- organic load (soiling)
- temperature
- contact time
- humidity

**Factors inherent to the use of the product**

- **Actual exposition time** ←
- Residual concentration
- Frequency of applications
- Dilution during application
- Formulation delivery

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**REALITY CHECK**

**Factors affecting CHX efficacy**

**Factors inherent to the product**

- concentration
- formulation
- water activity
- pH

**Factors inherent to the application**

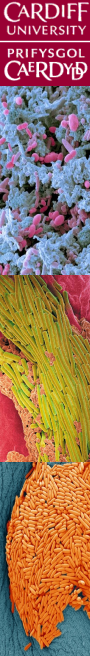
- surface
- organic load (soiling)
- temperature
- contact time
- humidity

**Factors inherent to the use of the product**

- **Actual exposition time** ←
- Residual concentration
- Frequency of applications
- **Dilution during application** ←
- Formulation delivery

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# Chlorhexidine Use and Bacterial Resistance

## Prof. Jean-Yves Maillard, Cardiff University, Wales

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## REALITY CHECK

### Predicting resistance and cross-resistance

American Journal of Infection Control 44 (2019) 458-64

Contents lists available at ScienceDirect

American Journal of Infection Control

Journal homepage: [www.ajicjournal.org](http://www.ajicjournal.org)

**Major article**

**Use of a predictive protocol to measure the antimicrobial resistance risks associated with biocidal product usage**

Rebecca Wesgate BSc<sup>a</sup>, Pierre Grasha PhD<sup>b</sup>, Jean-Yves Maillard BSc, PhD<sup>a,\*</sup>

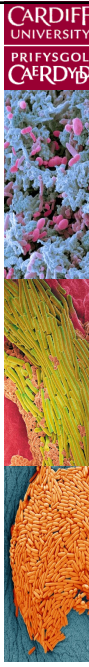
<sup>a</sup> Cardiff School of Pharmacy and Pharmaceutical Sciences, Cardiff University, Cardiff, UK  
<sup>b</sup> Unilever Group, Derby, UK

MICROBIAL DRUG RESISTANCE  
Volume 10, Number 3, 2013  
© Mary Ann Liebert, Inc.  
DOI: 10.1089/mdr.2013.0038

MECHANISMS

**Does Microbicide Use in Consumer Products Promote Antimicrobial Resistance? A Critical Review and Recommendations for a Cohesive Approach to Risk Assessment**

Jean-Yves Maillard<sup>1</sup>, Sally Bloomfield<sup>2</sup>, Joana Rosado Coelho<sup>3</sup>, Philip Collier<sup>4</sup>, Barry Cookson<sup>5</sup>, Séamus Fanning<sup>6</sup>, Andrew Hill<sup>7</sup>, Philippe Hartemann<sup>8</sup>, Andrew J. McBean<sup>9</sup>, Marco Oggioni<sup>10</sup>, Syed Sattar<sup>11</sup>, Herbert P. Schweizer<sup>12</sup> and John Threlfall<sup>13</sup>



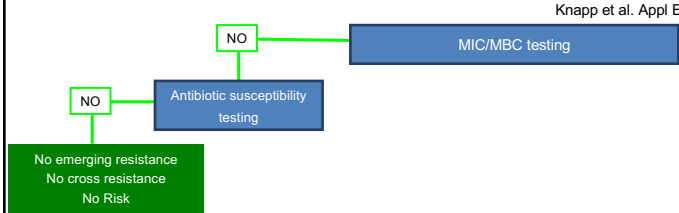
51

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## REALITY CHECK


### Predicting resistance and cross-resistance

Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.



```

graph TD
    A[Antibiotic susceptibility testing] -- NO --> B[MIC/MBC testing]
    B -- NO --> C[No emerging resistance  
No cross-resistance  
No Risk]
            
```



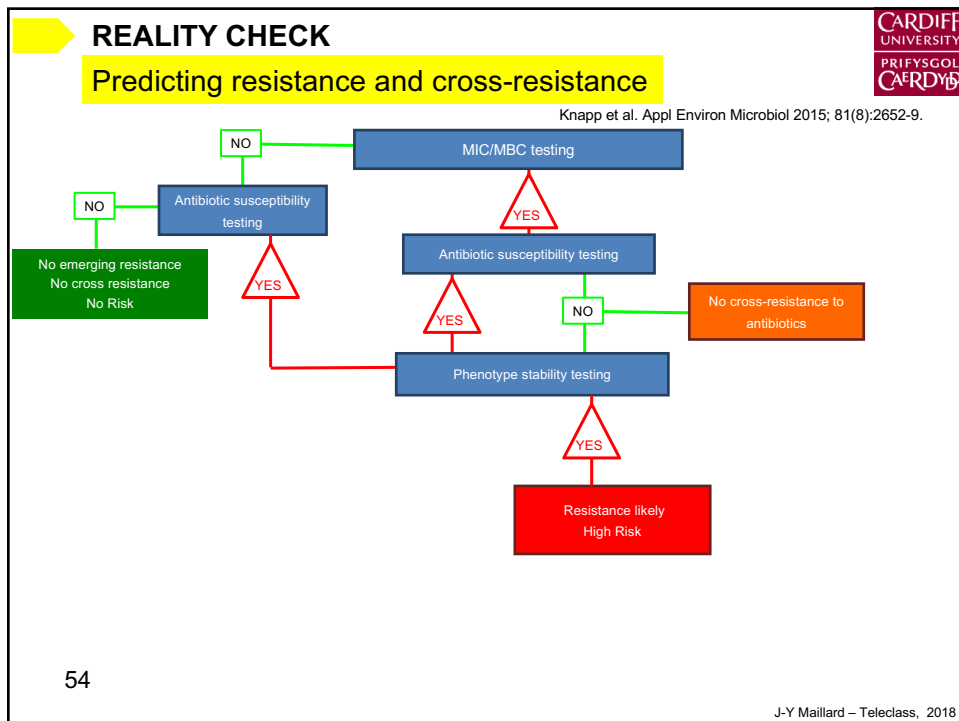
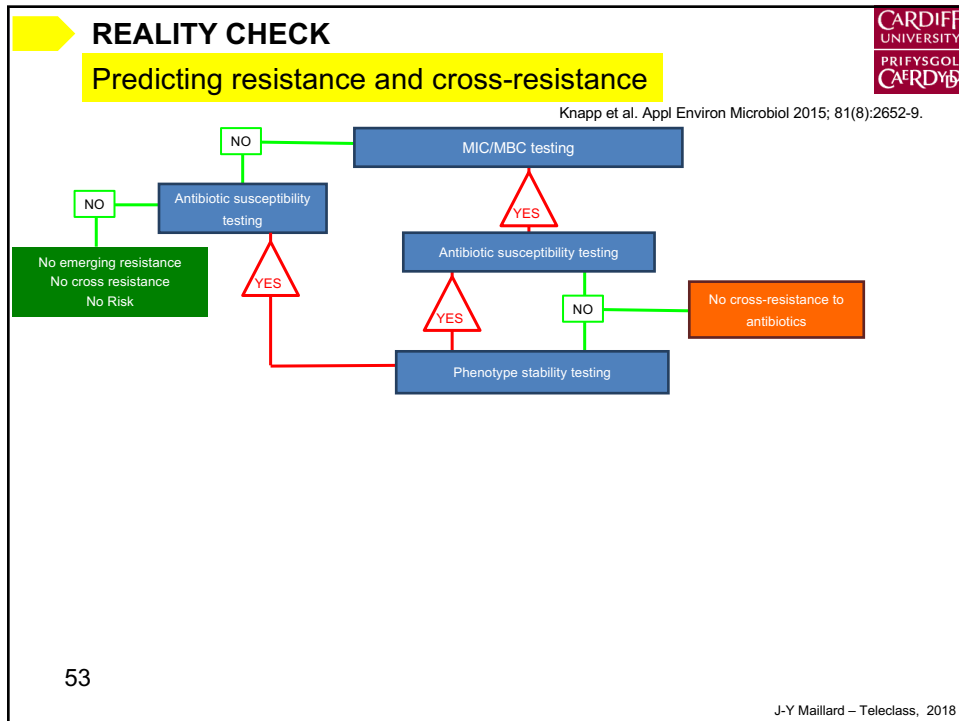
52

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# Chlorhexidine Use and Bacterial Resistance

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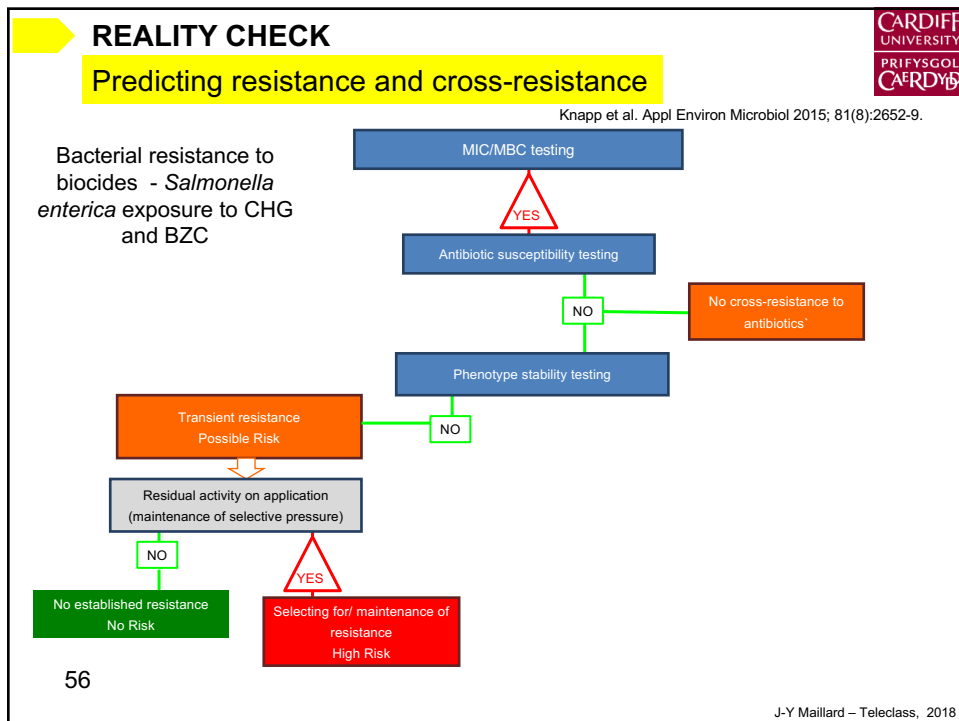
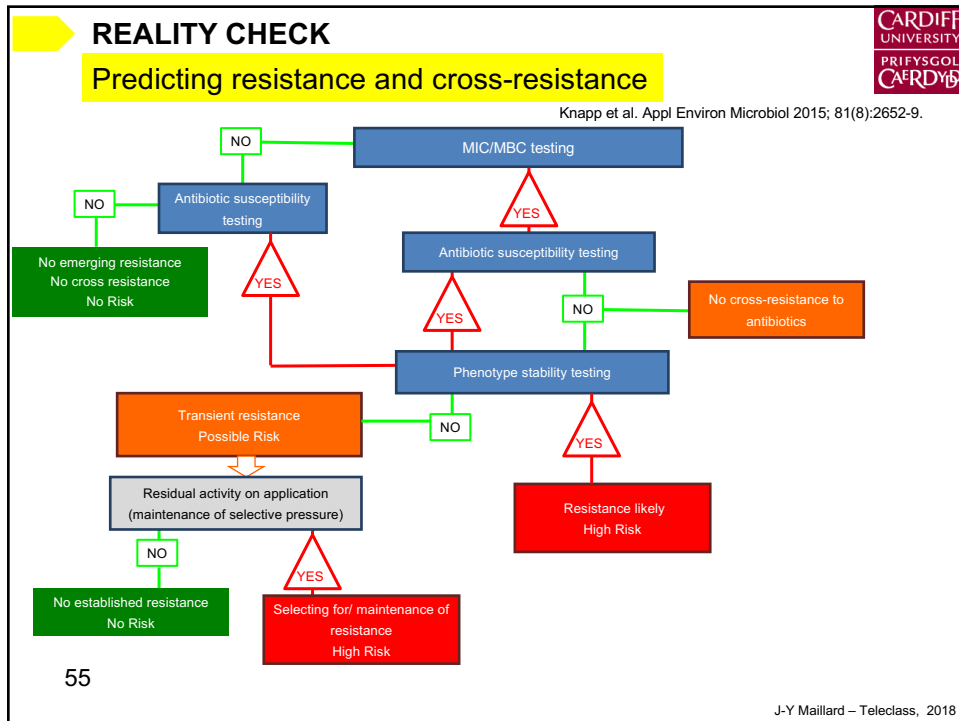
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# Chlorhexidine Use and Bacterial Resistance

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Prof. Jean-Yves Maillard, Cardiff University, Wales  
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**REALITY CHECK**

**Predicting resistance and cross-resistance**

Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.

MIC/MBC testing

NO

Antibiotic susceptibility testing

NO

No emerging resistance  
No cross resistance  
No Risk

Imipenem (10 µg)  
Ceftazidime (30 µg)  
Meropenem (15 µg)  
Tobramycin (10 µg)  
Aztreonam (30 µg)

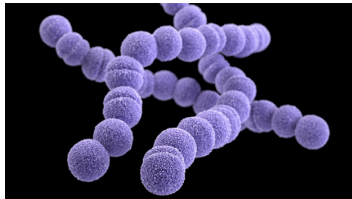
Bacterial resistance to biocides  
*Ps. aeruginosa* exposure to a mouthwash  
0.0000125% chlorhexidine (1/40 in use dilution)

*Ps. aeruginosa* exposure to a shampoo  
0.000015% benzalkonium chloride (1/100 in use dilution)

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**CONCLUSIONS**



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**CONCLUSIONS**  
The obvious?

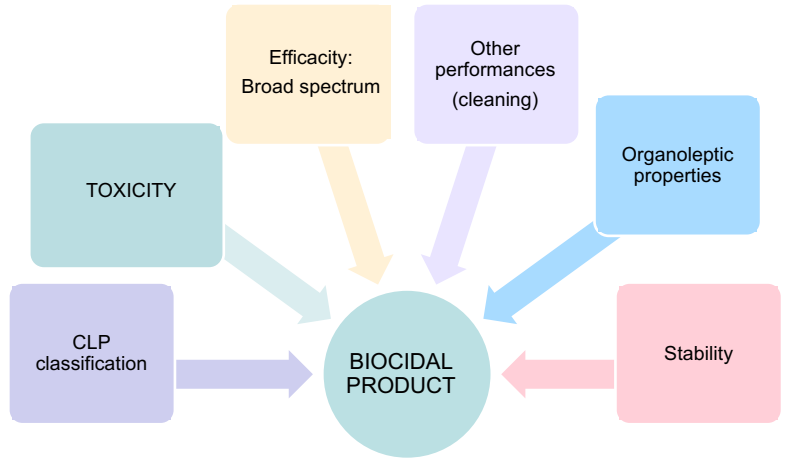
**A DEAD BUG CANNOT BECOME RESISTANT**

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**CONCLUSIONS**  
The obvious? Complex formulations



```
graph TD; TOXICITY --> BIOPRODUCT((BIOCIDAL PRODUCT)); Efficacy[Efficacy: Broad spectrum] --> BIOPRODUCT; Other[Other performances (cleaning)] --> BIOPRODUCT; Organoleptic[Organoleptic properties] --> BIOPRODUCT; Stability[Stability] --> BIOPRODUCT; CLP[CLP classification] --> BIOPRODUCT;
```

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# Chlorhexidine Use and Bacterial Resistance

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**CONCLUSIONS**  
The obvious?

vs. **OVERUSE**

40%

Median hand hygiene compliance from 95 studies.

Erasmus et al. Infect Control Hosp Epidemiol 2010;31:283-94.

61

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**CONCLUSIONS**  
The obvious – product usage

Improving practices (product usage) and product efficacy are essential for a better control

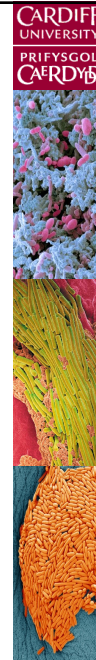
Otter et al. ICHE 2011;32:687-99  
Rutala & Weber. J Hosp Infect 2001;48:S64-8.  
Boyce. J Hops Infect 2007;65:50-4.

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**THANK YOU**



Email: [maillardJ@cardiff.ac.uk](mailto:maillardJ@cardiff.ac.uk)

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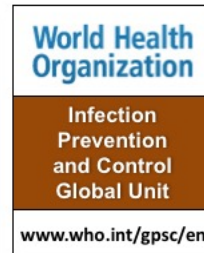
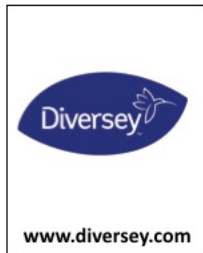
<a href="http://www.webbertraining.com/schedulep1.php">www.webbertraining.com/schedulep1.php</a>	
September 30, 2018	<p><i>(FREE European Teleclass - Broadcast live from the 2018 IPS conference)</i>  <b><u><a href="#">Cottrell Lecture ... SURVEILLANCE BY OBJECTIVES: USING MEASUREMENT IN THE PREVENTION OF HEALTHCARE ASSOCIATED INFECTIONS</a></u></b>            Speaker: <b>Prof. Jennie Wilson</b>, University of West London</p>
October 2, 2018	<p><i>(FREE European Teleclass - Broadcast live from the 2018 IPS conference)</i>  <b><u><a href="#">Ayliffe Lecture ...THE IMPACT OF DISINFECTANTS ON ANTIMICROBIAL RESISTANCE - AN AYLIFFE PREDICTION</a></u></b>            Speaker: <b>Prof. Shaheen Mehtar</b>, Stellenbosch University, Cape Town, South Africa</p>
October 11, 2018	<p><i>(FREE CBIC Teleclass)</i>  <b><u><a href="#">INFECTION CONTROL CHAMPIONS ARE MADE, NOT BORN</a></u></b>            Speaker: <b>To be announced</b></p>
October 17, 2018	<p><i>(South Pacific Teleclass)</i>  <b><u><a href="#">BIOFILMS IN THE HOSPITAL ENVIRONMENT - INFECTION CONTROL IMPLICATIONS</a></u></b>            Speaker: <b>Prof. Karen Vickery</b>, Macquarie University, Australia</p>
October 18, 2018	<p><b><u><a href="#">INFECTION PREVENTION CORE PRACTICES: RESETTING THE BAR FOR SAFE PATIENT CARE</a></u></b>            Speaker: <b>Prof. Ruth Carrico</b>, University of Louisville</p>
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