



Why Leadership Matters for Effective IPC
Julie Storr, World Health Organization
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Why leadership matters for effective IPC

Julie Storr WHO infection Prevention and Control Global Unit @julesstorr
@WHO

Hosted by Dr. Benjamin Park, US Centers for Disease Control and Prevention

www.webbertraining.com February 28, 2018



Focus of todays class

- The relevance of leadership to IPC
- What makes an effective IPC leader
- Leadership challenges and opportunities in IPC
- Leadership implementation

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Keep the world safe

Active and effective IPC programmes

WHAT'S THE PROBLEM?

- 1 IN 10 PATIENTS get an infection while receiving care
- UP TO 35% OF SURGICAL PATIENTS get a post-op infection, up to 8% antibiotic resistant
- UP TO 90% OF HEALTH CARE WORKERS do not clean their hands in some facilities
- INFECTIONS CAUSE UP TO 8% OF DEATHS among hospital-born babies
- UP TO 30% OF AFRICAN WOMEN get a wound infection after a caesarean section
- 80-70% OF INJECTIONS given in some developing countries are unsafe
- INFECTIONS can lead to disability, **ANTIBIOTIC RESISTANCE**, increased hospital time and death

PREVENT INFECTIONS SAVE LIVES IN HEALTH CARE

HEALTH CARE WITHOUT AVOIDABLE INFECTIONS

INFECTION PREVENTION AND CONTROL CONTRIBUTES TO ACHIEVING SUSTAINABLE DEVELOPMENT GOALS and could save millions of lives.

WHAT'S THE SOLUTION?

HAVE ACTIVE INFECTION PREVENTION AND CONTROL PROGRAMMES and target antibiotic resistance

- PRACTICE HAND HYGIENE** to prevent infections, and reduce the spread of antibiotic resistance
- HAVE ENOUGH STAFF**, a clean and hygienic environment and don't overcrowd health care facilities
- MONITOR INFECTIONS** and make action plans to reduce their frequency
- NEVER RE-USE** needles and syringes
- Only dispense antibiotics when **TRULY NEEDED** to **REDUCE THE RISK OF RESISTANCE**

<http://www.who.int/infection-prevention/tools/core-components/HAI-Infographic.pdf?ua=1>

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What role does leadership play?

Peoples lives depend on it

A negative or positive health outcome is influenced by the effectiveness of an IPC programme – but how do we get our messages across the multiple levels of health care?

Watch WHO IPC animation video here: <https://www.youtube.com/watch?v=K-2XWEif8&app=desktop>

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Convince decision makers and stakeholders that effective IPC strengthens health systems

The IPC – population health continuum

Quality & safety
Population health

IPC
Quality & safety
Health service delivery & systems
Population health

Based on an idea by Shams Syed, WHO
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@julesstorr

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Building a strong message

IPC is relevant to population health – how do we influence, motivate and enable the right people at the right time to do the right thing?

IPC programmes based on evidence-based norms and standards, embedded at the national and local level as a central component of person-centred, safe, high quality care

Promotes and Prevents

- Promotes and prevents: avoidable harm (patients and health workers);
- Contributes to a reduction in health care costs (health facilities and nations, and out of pocket patient expenditure)

Leads to reduction:



- in the need for treatment of avoidable infections (including unnecessary antibiotics use);
- of complications of e.g. surgery - therefore enhancing rehabilitation;
- in unnecessary complicated palliative care (e.g. impact of avoidable infections on highly vulnerable patients)

Storr et al, Redefining infection prevention and control in the new era of quality universal health coverage Journal of Research in Nursing 2016, Vol. 21(1) 39-52
<http://journals.sagepub.com/doi/abs/10.1177/1744987116626326>

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What the textbooks say


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What is leadership

Leadership describes the ability to:

- **influence,**
- **motivate and**
- **enable**



members of an organization to contribute to the effectiveness and success of the organization

House, R.J., Javidan, M., Hanges, P. et al. (2002). Understanding cultures and implicit leadership theories across the globe: an introduction to project GLOBE. *Journal of World Business*, 37 (1), 3-10.

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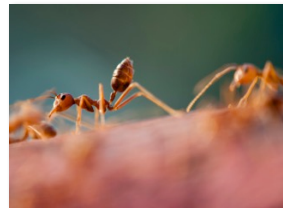
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Characteristics of a leader



Opinions are personal on what makes a good leader



- What are the **traits/features** of a leader that you know **(in real life or a celebrity, politician, sports person)**?
- Which of these do you have as well?

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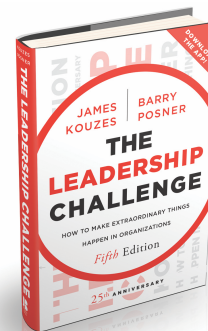
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Five fundamental principles for leadership



1. Set an example
2. Inspire a shared vision
3. Challenge the process
4. Enable others to act
5. Encourage the heart



Kouzes J, Posner B (2009) The leadership challenge. Weinheim: Wiley-VCH Verlag, GmbH & Co

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Situational Leadership



Adaptable leaders

- Situational leaders **adapt** their **leadership style** to situations
- Leadership 'based on a **relationship between the leader's** supportive and directive behaviour, **and between the follower's** level of development' (Grimm, 2010)
- Leader's support requires personal involvement, sustained communication and emotional support
- Leader's direction refers to the steering provided by the leader as well as the allocation of follower roles

Grimm JW (2010) Effective leadership: making the difference. Journal of Emergency Nursing. 36, 1, 74-77

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Transformational leadership



Visionary leaders

- They have and **share a vision** for what organisation should be (Sims, 2009)
- They develop others to **exceed their own self-interests** for a higher purpose (Vinkenbug et al, 2011)
- Leader-follower relationships are based on interactions or exchanges (Rolfe, 2011)

Vinkenbug CJ, van Engen ML, Eagly AH, Johannesen-Schmidt MC (2011). An exploration of stereotypical beliefs about leadership styles: is transformational leadership a route to women's promotion? The Leadership Quarterly. 22, 1, 10-21.
Rolfe P (2011) Transformational leadership theory: what every leader needs to know. Nurse Leader. 3, 2, 54-57.

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Transactional leadership



Performance-oriented leaders

- Empowered to **evaluate, correct**, and train **subordinates**
- Performance shaped by punishment or **rewards**
- Highly visible leader, top of '**chain of command**'
- Motivation to be effective and **efficient**



What the IPC papers say

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What is the relation between leadership and effective IPC?



- **Leaders** in close and regular contact with clinical teams in wards and units **positively influence quality** of care
- Leaders support others to develop, implement and evaluate their own solutions to problems
- Leadership associated with **hand hygiene**, gowning and gloving
- **Staff engagement** and Hospital Leadership significantly associated with knowledge related to IPC (Sinkowitz-Cochran et al, 2011)
- Positive leadership behaviours associated with **reduced** incidence of pneumonia and urinary tract **infections** (Houser, 2003)

Sinkowitz-Cochran, Ronda L. et al. The associations between organizational culture and knowledge, attitudes, and practices in a multicenter Veterans Affairs quality improvement initiative to prevent methicillin-resistant Staphylococcus aureus. Am J Infect Control;40(2):138 – 143
Houser J. A model for evaluating the context of nursing care delivery. J Nurs Adm 2003;33(1):39e47

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Characteristics of an IPC leader



- Leaders **foster** a culture of **excellence**
- Leaders **develop** an organisational **vision**
- Leaders focus on **previewing** and **resolving** challenges which could be opportunities to improve
- Leaders **inspire**, **encourage**, and **motivate** others to lead

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The behaviours of successful IPC leaders



INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY SEPTEMBER 2010, VOL. 35, NO. 9

ORIGINAL ARTICLE

The Importance of Leadership in Preventing Healthcare-Associated Infection: Results of a Multisite Qualitative Study

Sanjay Saint, MD, MPH; Christine P. Kowalski, MPH; Jane Banaszak-Holl, PhD; Jane Forman, ScD, MHS; Laura Damschroder, MS, MPH; Sarah L. Krein, PhD, RN

OBJECTIVE. Healthcare-associated infection (HAI) is costly and causes substantial morbidity. We sought to understand why some hospitals were engaged in HAI prevention activities while others were not. Because preliminary data indicated that hospital leadership played an important role, we sought better to understand which behaviors are exhibited by leaders who are successful at implementing HAI prevention practices in US hospitals.

METHODS. We report phases 2 and 3 of a 3-phase study. In phase 2, 14 purposefully sampled US hospitals were selected from among the 72% of 700 invited hospitals whose lead infection preventionist had completed a quantitative survey on HAI prevention during phase 1. Qualitative data were collected during 38 semistructured phone interviews with key personnel at the 14 hospitals. During phase 3, we conducted 48 interviews during 6 in-person site visits to identify recurrent and unifying themes that characterize behaviors of successful leaders.

RESULTS. We found that successful leaders (1) cultivated a culture of clinical excellence and effectively communicated it to staff; (2) focused on overcoming barriers and dealt directly with resistant staff or process issues that impeded prevention of HAI; (3) inspired their employees; and (4) thought strategically while acting locally, which involved politicking before crucial committee votes, leveraging personal prestige to move initiatives forward, and forming partnerships across disciplines. Hospital epidemiologists and infection preventionists often played more important leadership roles in their hospital's patient safety activities than did senior executives.

CONCLUSIONS. Leadership plays an important role in infection prevention activities. The behaviors of successful leaders could be adopted by others who seek to prevent HAI.

Infect Control Hosp Epidemiol 2010; 35(9):901-907

Saint S, Kowalski CP, Banaszak-Holl J, Forman J, Damschroder L, Krein SL (2010) The importance of leadership in preventing healthcare-associated infection: results of a multisite qualitative study. *Infect Control Hosp Epidemiol*. 2010 Sep;35(9):901-7 <https://www.ncbi.nlm.nih.gov/pubmed/20658939>

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Leadership and IPC implementation



REVIEW

Overcoming the obstacles of implementing infection prevention and control guidelines

G. Birgand^{1,2,3}, A. Johansson⁴, E. Szilagyi⁵ and J.-C. Lucet^{2,3}

1) Health Protection Research Unit in Healthcare Associated Infections and Antimicrobial Resistance, Imperial College London, London, UK, 2) INSERM, IAME, UMR 1137, F-75018, 3) AP-HP, Hôpital Bichat – Claude Bernard, Infection Control Unit, Paris, France, 4) The Laboratory for Molecular Infection Medicine Sweden, Department of Clinical Microbiology, Umeå University, Umeå, Sweden and 5) National Centre for Epidemiology, Budapest, Hungary

Abstract

Reasons for a successful or unsuccessful implementation of infection prevention and control (IPC) guidelines are often multiple and interconnected. This article reviews key elements from the national to the individual level that contribute to the success of the implementation of IPC measures and gives perspectives for improvement. Governance approaches, modes of communication and formats of guidelines are discussed with a view to improve collaboration and transparency among actors. The culture of IPC influences practices and varies according to countries, specialties and healthcare providers. We describe important contextual aspects, such as relationships between actors and resources and behavioural features including professional background or experience. Behaviour change techniques providing goal-setting, feedback and action planning have proved effective in mobilizing participants and may be key to trigger social movements of implementation. The leadership of international societies in coordinating actions at international, national and institutional levels using multidisciplinary approaches and fostering collaboration among clinical microbiology, infectious diseases and IPC will be essential for success.

Clinical Microbiology and Infection © 2015 European Society of Clinical Microbiology and Infectious Diseases. Published by Elsevier Ltd. All rights reserved.

Keywords: Carbapenem-resistant *Acinetobacter baumannii*, carbapenemase-producing Enterobacteriaceae, glycopeptide-resistant enterococci, guidelines, implementation, infection control, methicillin-resistant *Staphylococcus aureus*, strict contact precautions
Article published online: 11 September 2015

Birgand G, Johansson A, Szilagyi E, Lucet JC. (2015) Overcoming the obstacles of implementing infection prevention and control guidelines. *Clin Microbiol Infect*. 2015 Dec;21(12):1067-71. <https://www.ncbi.nlm.nih.gov/pubmed/26080954>

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Context, innovation & recipients


Social cultural and organizational factors matter

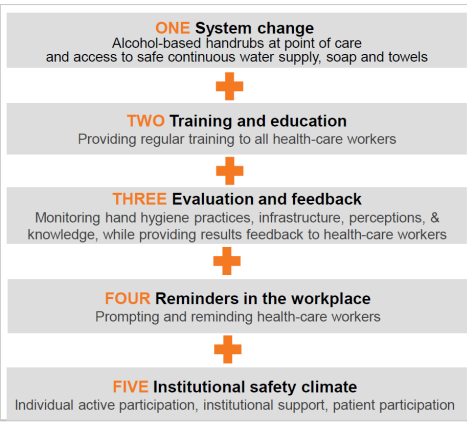


| Context | Innovation | Recipients |
|--|--|---|
| <ul style="list-style-type: none"> Inner context Local and organizational <ul style="list-style-type: none"> leadership support culture organizational priorities Outer context <ul style="list-style-type: none"> policy drivers and priorities incentives and mandates networks | <ul style="list-style-type: none"> Added benefit of the intervention Ease of use Evidence <ul style="list-style-type: none"> research clinical experiential | <ul style="list-style-type: none"> Motivation Values/beliefs Goals Skills Knowledge Time Resources Support Opinion leaders Power Authority |

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Multimodal improvement strategy





In other words, the WHO multimodal improvement strategy addresses these five areas:

- 1. Build it** (system change)
- 2. Teach it** (training & education)
- 3. Check it** (monitoring & feedback)
- 4. Sell it** (reminders & communications)
- 5. Live it** (culture change)


WHO multimodal strategy <http://www.who.int/infection-prevention/publications/ipc-cc-mis.pdf?ua=1>
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Leadership and the multimodal approach



Articles

Global implementation of WHO's multimodal strategy for improvement of hand hygiene: a quasi-experimental study

Benvenuto Agostini, Angeli-Caputi Agostini, Mann-Schneckenbach-Bergly, Maly-Lawes-McLaws, Moro ML, Urmaz O, Richez H, Storr J, Donaldson L, Pittet D (2013) Global implementation of WHO's multimodal strategy for improvement of hand hygiene: a quasi-experimental study. Lancet Infect Dis. 2013 Oct;13(10):843-51.

Summary

Background: Health-care-associated infections are a major threat to patient safety worldwide. Transmission is mainly via the hands of health-care workers, but compliance with recommendations is usually low and effective improvement strategies are needed. We assessed the effect of WHO's strategy for improvement of hand hygiene in five continents.

Methods: We did a quasi-experimental study between December, 2006, and December, 2008, at six pilot sites (55 departments in 43 hospitals in Costa Rica, Mali, Mali, Pakistan, and Saudi Arabia). A stepwise approach in three 3-6 month phases was used to implement WHO's strategy and we assessed the hand hygiene compliance of health-care workers and their knowledge of opportunities of successful transmission and hand hygiene principles. We reported compliance on the proportion of fundamental opportunities seen by hand hygiene actions (ie, handwashing or hand rubbing). We assessed long-term sustainability of core strategy activities in 2009, 2010.

Findings: We noted 23384 hand hygiene opportunities during 1423 services before the intervention and 37464 opportunities during 174 services after. Overall compliance increased from 15.0% before the intervention (95% CI 13.1-16.9) to 47.7% after (40.4-55.2). Compliance was independently associated with gross national income per head, with a greater effect of the intervention in low-income and middle-income countries (odds ratio [OR] 1.07, 95% CI 1.04-1.10) and 0.99 (95% CI 0.97-1.01) in high-income countries (p < 0.001, p < 0.001). Implementation had a positive effect on compliance of health-care workers across all sites with an increase in the average score from 2.15 (1.99-2.32) health-care workers' knowledge improved at all sites with an increase in the average score from 18.7 (19.0-12.0) to 26.7 (27.0-26.4) after educational sessions. 3 years after the intervention, all sites reported ongoing hand hygiene activities with sustained or further improvement, including national scale-up.

Interpretation: Implementation of WHO's hand hygiene strategy is feasible and sustainable across a range of settings in different countries and leads to significant compliance and knowledge improvements in health-care workers, supporting recommendations for use worldwide.

Funding: WHO, University of Geneva Hospitals, the Swiss National Science Foundation, Swiss Society of Public Health Administration and Hospital Pharmacists.

Introduction

Health-care-associated infection is one of the most frequent causes of patient safety worldwide. According to WHO estimates, hospital-acquired infections affect each year, leading to substantial morbidity, mortality, and financial losses for health systems.¹⁻³ In settings, health-care-associated infections affect at least 7% of patients admitted to hospital in high-income countries, and about 15% of those in low-income and middle-income countries.⁴ More than 1 million patients are affected each year in Europe, and 1700 deaths occur because of this infection. According to the US Centers for Disease Control and Prevention, in 2002, at least 1.7 million episodes of health-care-associated infections were reported worldwide.⁵ In the USA, hand hygiene in the ICU is 40-60% and in Europe and Africa 40-60% and in the USA 40-60%.

Hand hygiene is the most effective measure to prevent pathogen transmission, during health-care delivery. Compliance of health-care workers with best practices varies between settings and countries, but usually low

and insufficient to ensure patient safety.⁶⁻¹⁰ WHO issued their guideline in 2008 to provide evidence and recommendations for improvement of hand hygiene. These guidelines were based on successful evidence showing a consequent reduction in health-care-associated infections in hospital and critical care.¹¹ Because dissemination of guidelines alone is not enough to change practices, WHO developed a multimodal implementation strategy and accompanying methods for hand hygiene, which were given tested in hospitals worldwide. We assessed the effect of implementation of WHO's hand hygiene strategy on a range of indicators including strategy feasibility and suitability to the local context and suitable resources.

Methods

Study design

We did a quasi-experimental study between December, 2006, and December 2008, at six pilot sites (55 departments in 43 hospitals in Costa Rica, Mali, Mali, Pakistan, and Saudi Arabia) public to the implemented WHO strategy.

Context

- Dec 2006-08, 55 departments in 43 hospitals, Costa Rica, Italy, Mali, Pakistan, Saudi Arabia
- Strong leaders in each setting

Innovation

- WHO hand hygiene multimodal strategy


Recipients

- Intervention launch endorsed by Minister of Health
- Increased dispensers at point of care

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Distributed leadership in IPC




Learning report

November 2015

Infection prevention and control: lessons from acute care in England

Towards a whole health economy approach



The Health Foundation

http://www.health.org.uk/sites/health/files/InfectionPreventionAndControl_lessonsFromAcuteCareInEngland.pdf

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Leadership at the front line



Journal of Hospital Infection 94 (2016) 165–168

Available online at www.sciencedirect.com

Journal of Hospital Infection

Journal homepage: www.elsevier.com/locate/jhin

ELSEVIER

Opinion

Leadership and management for infection prevention and control: what do we have and what do we need?

Introduction

Leadership is widely considered to be vital for infection prevention and control (IPC). Its purpose is to maintain progress in the reduction of risks of healthcare-associated infections, especially those caused by antimicrobial-resistant organisms, and to achieve continuous quality improvement. However, given its importance, there is little rigorous research on effective leadership for IPC. While there is indirect evidence that IPC experts and clinicians working at the frontline of patient care can assume leadership, almost nothing has been written about IPC leadership at senior level. This situation is all the more surprising given international interest in the senior managerial model of IPC adopted throughout the National Health Service (NHS) in England, and claims that “top down” intervention for IPC is effective.¹ The terms “management” and “leadership” are often used interchangeably in relation to the organization and delivery of health care. Greater conceptual clarity could prompt consideration of what is needed for IPC.

Leadership and management

The literature is replete with definitions of leadership.¹ Some are highly inspirational, reflecting the charismatic qualities of great leaders from the past:

leadership roles can or should be assumed solely by those at the organizational helm. Rather, leadership and the “followership” that it implies can be found at all layers throughout organizations, and can be delivered by different people within the same establishment.

Just as there are many definitions of leadership, theories of successful leadership also abound. Early writers believed that leadership depended on individual qualities, and that leaders were born, not created.² Different types of leadership were later recognized,³ and judging by the number of self-help manuals and courses now available to those in the health professions and commercial sector, there is a widely held view that leadership qualities can be acquired or at least enhanced. While the literature on leadership is complex and contested, it is clear that leadership is not synonymous with management, for which quite a different definition is offered:

“Management is the process of dealing with or controlling things or people.”⁴

Management, it seems, is about one individual being formally in charge of others and directing their work through organizational structures that are hierarchical. This is in contrast to leadership, which can be achieved through other strategies of influence that can be either formal or informal, and depend on the ability of the individual to inspire, demonstrate charisma and provide a strong role model.

Recently, opinion leaders have suggested that over-reliance on hierarchical management stifles innovation by failing to capitalize on the expertise of health workers at the forefront of patient care by ignoring the important contribution that arises through application of their local knowledge, and impeding the ability of organizations and employees to work flexibly in response to change.⁵ These observations are especially

Gould DJ, Gallagher R, Allen D. (2016) Leadership and management for infection prevention and control: what do we have and what do we need? J Hosp Infect. Oct;94(2):165-8.

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Leadership and a vision



Lessons from the field

Improving water, sanitation and hygiene in health-care facilities, Liberia

Nana Mensah Abrampah,^a Maggie Montgomery,^a April Baller,^a Francis Ndivo,^a Alex Gasasira,^a Catherine Cooper,^a Ruben Frescas,^a Bruce Gordon^b & Shamsuzzoha Babar Syed^a

Problem The lack of proper water and sanitation infrastructures and poor hygiene practices in health-care facilities reduces facilities' preparedness and response to disease outbreaks and decreases the communities' trust in the health services provided.

Approach To improve water and sanitation infrastructures and hygiene practices, the Liberian health ministry held multistakeholder meetings to develop a national water, sanitation and hygiene and environmental health package. A national train-the-trainer course was held for county environmental health technicians, which included infection prevention and control focal persons; the focal persons acted as change agents.

Local setting In Liberia, only 45% of 701 surveyed health-care facilities had an improved water source in 2015, and only 27% of these health-care facilities had proper disposal for infectious waste.

Relevant changes Local ownership, through engagement of local health workers, was introduced to ensure development and refinement of the package. In-country collaborations between health-care facilities, along with multisectoral collaboration, informed national level direction, which led to increased focus on water and sanitation infrastructures and uptake of hygiene practices to improve the overall quality of service delivery.

Lessons learnt National level leadership was important to identify a vision and create an enabling environment for changing the perception of water, sanitation and hygiene in health-care provision. The involvement of health workers was central to address basic infrastructure and hygiene practices in health-care facilities and they also worked as stimulators for sustainable change. Further, developing a long-term implementation plan for national level initiatives is important to ensure sustainability.

Abstracts in [Arabic](#), [Chinese](#), [French](#), [Russian](#) and [Spanish](#) at the end of each article.

Abrampah NM, Montgomery M, Baller A, Ndivo F, Gasasira A, Cooper C, Frescas R, Gordon B, Syed SB (2017) Improving water, sanitation and hygiene in health-care facilities, Liberia. Bull World Health Organ. 2017 Jul 1;95(7):526-530. <https://www.ncbi.nlm.nih.gov/pubmed/28970017>

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Key summary points



- **Robust leadership** in infection prevention and control is **essential** for effective decision-making, efficient use of resources and the provision of **high quality, safe, effective, person-centered care**
- Strong leadership supports activities to prevent and control infection within the organization, in particular by **catalyzing participation** and **motivation** among local teams, and is essential to achieve reduction of patient harm due to HAIs and AMR
- **Leadership** must be aligned, **from the hospital management team, to the executive and specialist infection control team, to clinical and non-clinical staff**

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What the guidelines say


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WHO Core Component Guidelines 2016

The ultimate accountability for IPC programmes lies with facility leadership



The Guidelines: <http://www.who.int/lpsc/ipc-components/en/index.html>
 ARIC paper: <https://aricjournal.biomedcentral.com/articles/10.1186/s13756-016-0149-9>
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Storr et al. Antimicrobial Resistance and Infection Control (2018) 7:1186 | DOI:10.1186/s13756-018-0189-9

Antimicrobial Resistance and Infection Control

GUIDELINES ARTICLE Open Access

Core components for effective infection prevention and control programmes: new WHO evidence-based recommendations

Julie Storr¹, Anthony Twyman¹, Walter Zingg², Niamh Damani¹, Clare Kilpatrick¹, Jacqui Reilly³, Lesley Prior⁴, Matthias Egger⁵, M. Lindsay Grayson⁶, Edward Kelley⁷, Benedetta Allegrani⁸ and the WHO Guidelines Development Group

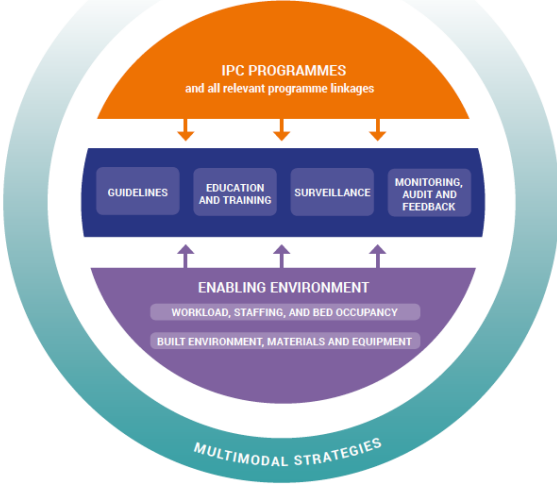
Abstract
 Health care-associated infections (HAI) are a major public health problem with a significant impact on morbidity, mortality and quality of life. They represent also an important economic burden to health systems worldwide. However, a large proportion of HAI are preventable through effective infection prevention and control (IPC) measures. Improvements in IPC at the national and facility level are critical for the successful containment of antimicrobial resistance and the prevention of HAI, including outbreaks of highly transmissible disease through high quality care within the context of universal health coverage. Given the limited availability of IPC evidence-based guidance and standards, the World Health Organization (WHO) decided to prioritize the development of global recommendations on the core components of effective IPC programmes both at the national and acute health care facility level, based on systematic literature reviews and expert consensus. The aim of the guideline development process was to identify the evidence and evaluate its quality, consider patient values and preferences, resource implications, and the feasibility and acceptability of the recommendations. As a result, 11 recommendations and three good practice statements are presented here, including a summary of the supporting evidence, and form the substance of a new WHO IPC guideline.

Keywords: Infection prevention and control, HAI, IPC, programmes, Hand hygiene, Antimicrobial resistance, IPC guideline, Surveillance, Multimodal strategy, IPC education, Workload, Staffing, Workforce, Bed occupancy, IPC practices, Universal health coverage

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Summary of the Core Components of IPC Programmes

Interconnected pieces of the IPC jigsaw – the sum is greater than its parts



WHO (2016) Core components of IPC programmes at the national and acute health care facility level


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Summary of the Core Components of IPC Programmes



Technical expertise is important




WHO (2016) Core components of IPC programmes at the national and acute health care facility level


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Summary of the Core Components of IPC Programmes



But so are the “softer” skills – the “adaptive” i.e. effective leadership



WHO (2016) Core components of IPC programmes at the national and acute health care facility level

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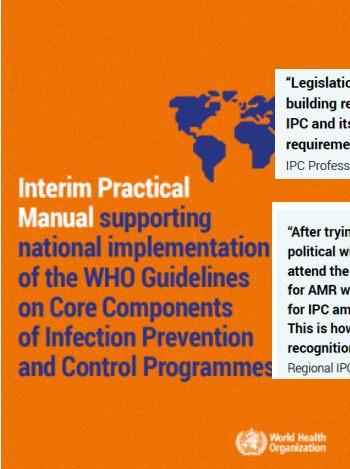

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Core component 1 (IPC programmes)

Extracted from the Interim Practical Manual supporting national implementation of the WHO Guidelines on Core Components of Infection Prevention and Control Program



Interim Practical Manual supporting national implementation of the WHO Guidelines on Core Components of Infection Prevention and Control Programmes

"Legislation has been a critical part to building recognition as many won't consider IPC and its value until there is a norm or requirement for an IPC programme."
IPC Professional from Africa

"After trying other approaches to build political will for IPC, we started to regularly attend the ministerial advisory committee for AMR where we continuously advocated for IPC among programme managers. This is how we were able to get official recognition of IPC and a national mandate."
Regional IPC Focal Person from the Americas

"We had success in our IPC programme using a multimodal strategy and strong leadership from the highest levels of the health authority. Acting upon local data with evidence-based interventions and documenting results has been key to obtain local acceptance and integration to routine hospital health care."
IPC National Lead from Chile

"We had success integrating IPC into the quality management programme, but it was important to be clear and advocate for dedicated staff and time to IPC within this programme."
Assistant Minister of Health, Liberia



<http://www.who.int/infection-prevention/tools/core-components/cc-implementation-guideline.pdf?ua=1>

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Key points

Leadership and the WHO Core Component Guidelines



- The WHO Core Components are a **road map** for how IPC can prevent harm due to health care-associated infection (HAI) and antimicrobial resistance (AMR)
- The **IPC focal person** should oversee **development, implementation, coordination** and **evaluation** of the IPC programme and all its activities
- The development of leadership and programme management skills supports success
- **IPC focal persons** must be aware of their important role in advocating for a multimodal approach to improvement as one part of their leadership role

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WHO Leadership advocacy video

In less time than it takes to listen to Purple Rain



World Health Organization

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IPC Leaders describe the Core Components

WHO advocacy video – building a compelling case...



WHO: What are the core components for effective infection prevention and control?

“Infections cause up to two thirds of deaths among hospital born babies.”

Dr Edward Kelley
WHO Headquarters

https://www.youtube.com/watch?v=L_Zapz2L6J1Q&feature=youtu.be

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IPC Leaders describe the Core Components

WHO advocacy video



Dr Benedetta Allegranzi
WHO Headquarters



<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

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IPC Leaders describe the Core Components

WHO advocacy video



Professor Shaheen Mehtar
South Africa

<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

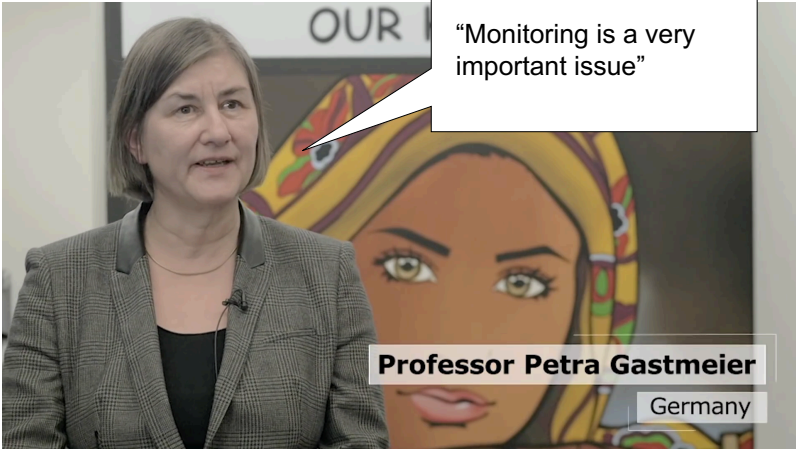

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IPC Leaders describe the Core Components

WHO advocacy video



“Monitoring is a very important issue”

Professor Petra Gastmeier
Germany

<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

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IPC Leaders describe the Core Components

WHO advocacy video



“Establishing a team at the national level provides guidance and leadership that could accelerate the momentum that is needed to ensure that IPC is implemented throughout the country ”

Dr Catherine Cooper
Liberia

<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

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IPC Leaders describe the Core Components

World Health Organization

WHO advocacy video

“One of the great lessons learned from outbreaks like Ebola and MERS and SARS is the importance of strong IPC from a global health perspective to prevent the next epidemic”

Dr Benjamin Park
Centers for Disease Control and Prevention, United States of America

<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

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Personal perspectives from the field


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What would a great IPC leader look like?

What do you think are the top three things that a **great** IPC leader does to demonstrate their leadership?





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Helen Bevan







 @helenbevan

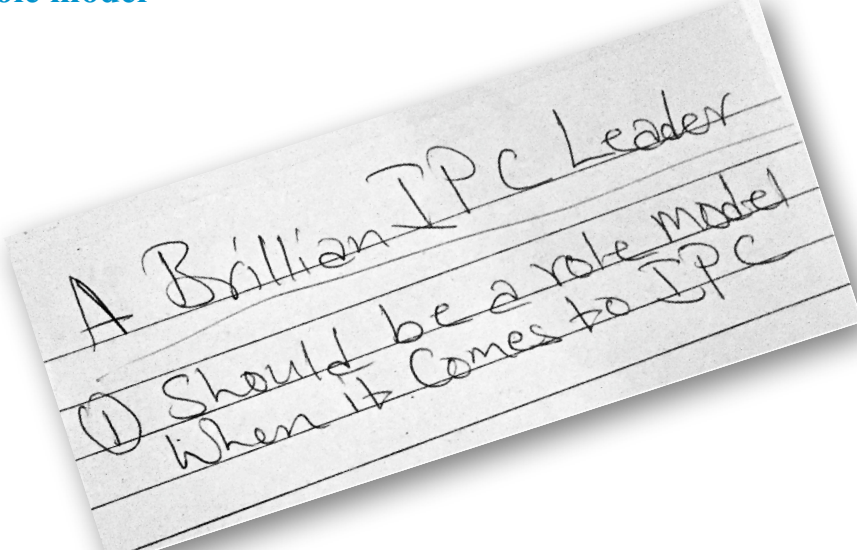

Helen Bevan (2017) New and revised: 10 things fab leaders do <https://twitter.com/helenbevan/status/8500389361738244?lang=en>

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Role model



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Good communicator



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Inspirational and motivational



3. Inspire, encourage and motivate others to lead.

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Change agent



3 Things

What brilliant IPC leader would look like?

1. Change agent
2. Good communicator
3. Advocate

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Innovator and solution focused



A Brilliant IPC leader
is one who:
- Provides on site mentorship
- Lead by example (practice what he/she is teaching)
- Advocate for necessary IPC materials
- effective communication
- Identify gaps & find solution
- is innovative

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How would you describe yourself?



A Brilliant IPC leader
is one who:
- Provides on site mentorship
- Lead by example (practice what he/she is teaching)
- Advocate for necessary IPC materials
- effective communication
- Identify gaps & find solution
- is innovative


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How WHO is supporting countries

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Leadership matters in IPC

For implementation. For behaviour change.



The implementation of guidelines into practice



Behaviour change through multimodal strategies


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Multimodal thinking

Build it. Teach it. Check it. Sell it. Live it.

The Five Components of the WHO multimodal hand hygiene improvement strategy

1a. System change – alcohol-based handrub at point of care

+

1b. System change – access to safe, continuous water supply, soap and towels

+

2. Training and education

+

3. Evaluation and feedback

+

4. Reminders in the workplace

+

5. Institutional safety climate

In other words, the WHO multimodal improvement strategy addresses these five areas:

- 1
1. Build it
(system change)

What infrastructures, equipment, supplies and other resources (including human) are required to implement the intervention?
Does the physical environment influence health worker behaviour? How can ergonomics and human factors approaches facilitate adoption of the intervention?
Are certain types of health workers needed to implement the intervention?

Practical example: when implementing hand hygiene interventions, ease of access to handrubs at the point of care and the availability of alcohol rubs (including those that are ready-to-use) are important considerations. Are these available, affordable and easily accessible in the workplace? If not, action is needed.
- 2
2. Teach it
(training & education)

Who needs to be trained? What type of training should be used to ensure that the intervention will be implemented in the with evidence-based practice and best practices?
Does the facility have trainers, training aids, and the necessary equipment?
Practical example: when implementing injection safety interventions, having training of those responsible for administering safe injections, including nurses and community workers, are important considerations, as well as adequate methods.
- 3
3. Check it
(monitoring & feedback)

How can you identify the gaps in IPC practices or other indicators in your setting to allow you to prioritize your intervention?
How can you be sure that the intervention is being implemented correctly and safely, including at the bedside? For example, are there methods in place to observe or track practices?
How and when will feedback be given to the target audience and managers? How can patients also be informed?
Practical example: when implementing surgical site infection interventions, the use of key tools are important considerations, such as surveillance data collection forms and the WHO checklist (adapted to local conditions).
- 4
4. Sell it
(reminders & communications)


How are you promoting an intervention to ensure that there are good buy-in at the point of care and messages are reinforced to health workers and patients?
Do you have capacity/funding to develop promotional messages and materials?
Practical example: when implementing interventions to reduce catheter-associated bloodstream infection, the use of visual cues to alert, promote/instructing strategies, and planning for periodic campaigns are important considerations.
- 5
5. Live it
(culture change)

Is there demonstrable support for the intervention at every level of the health system? For example, do senior managers provide funding for equipment and other resources? Are they willing to be champions and role models for IPC implementation?
Are teams involved in co-developing or adapting the intervention? Are they empowered and do they feel ownership and the need for accountability?
Practical example: when implementing hand hygiene interventions, the way that a health team approaches this as part of safety and quality improvement and the value placed on leadership involvement as part of the clinical workflow are important considerations.

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WHO Leadership modules

Session 1




Introduction to leadership in the context of:
The Core Components;
The multimodal strategy;
Implementation resources;
Project management;
IPC interlinkages;
Principles of adult learning.

Session 2




Drill-down on IPC leadership:
What makes a good leader?;
The relevance of leadership to IPC;
Leadership characteristics;
Types of leaders;
Leadership challenges and opportunities.

Session 3



Exploration of implementation and behaviour change:
Implementation success factors;
Behaviour change and implementation;
Quality improvement cycles and implementation;
Leadership challenges and solutions.

Session 4



Focus on communication and advocacy:
Communication skills in IPC;
Choosing the right communication channels;
Leadership and conflict resolution.

Leadership modules will be available at: <http://www.who.int/infection-prevention/tools/core-components/en/>

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WHO e-Learning modules



Stand-alone module on Leadership

Leadership Skills

Leadership is a large part of a successful IPC programme. In this module we will explore how the characteristics of a leader and different types of leadership can affect positive change in an IPC team, among other leaders, and staff they work with. In order to develop a sustainable programme, IPC leaders must have strong communication skills to deal with various situations. These skills will also be important when managing conflict. Conflict sometimes arises when changes occur. This module also suggests modes in which to handle conflict. Implementing systemic changes is a challenge. With these leadership skills in place, you will gain a foundation that will allow you to build an effective IPC team and secure credibility and influence within your facility.

Learning Objectives

By the end of this module, you will be able to:

- Define leadership as it applies to the roles and responsibilities of the IPC focal person.
- Identify how characteristics and types of leadership relate to your own leadership approaches.
- Define the components of communication and describe how they are used to communicate effectively in IPC.
- Select the most effective channels of communication to use in various IPC situations.
- Explain which leadership skills and behaviours are needed for optimal conflict resolution.

Learning Activities

- Self Assessment: What Makes an Effective Leader? (5 min)
- Reading: Defining Leadership in IPC (5 min)
- Reading: IPC Focal Person Key Roles and Tasks (10 min)
- Activity: Roles and Tasks (5 min)
- Reading: Characteristics of a Leader (5 min)
- Reading: Types of Leadership (10 min)
- Activity: Leaders You May Know (10 min)
- Knowledge Check: Leadership (5 min)
- Reading: Components of Communication (15 min)
- Activity: Channels of Communication (10 min)
- Reading: Managing Conflict (5 min)
- Reading: Handling Conflict (15 min)
- Reading: Types of Conflict (10 min)
- Video: Confronting Conflict (5 min)
- Knowledge Check: Communication and Conflict (5 min)

Launch date anticipated March 2018

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Easy to navigate web pages to access all WHO IPC materials



Infection prevention and control

SAVE LIVES: Clean Your Hands

Post hand hygiene leads to germ transmission, including of those germs resistant to antibiotics. This can put patients at risk of potentially fatal health care-associated infections (HAI). Yet, in some facilities, a staggering 90% of health care workers do not clean their hands effectively.

IT'S IN YOUR HANDS

PREVENT SEPSIS IN HEALTH CARE

Health care-associated infections
10%
1 in 10 patients get an infection while receiving care.

Surgical site infections
50%
More than 50% of surgical site infections can be antibiotic-resistant.

Impact of infection prevention and control
30%
Effective infection prevention and control reduces health care-associated infections by at least 30%.

About us
Our work
WHO Collaborators

Campaigns
SAVE LIVES: Clean Your Hands
HOSPITAL SAFETY

News and events
Current news
Newsletters
Conferences
Meetings and events

Contact us
Infection prevention and control global unit
World Health Organization
25 Avenue Appia
1211 Geneva 27
Switzerland
Email: isaweb@who.int

Work in countries
Hand hygiene

Evidence, guidelines and publications

Implementation tools and resources

<http://www.who.int/infection-prevention/en/>

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Worth a look



About us

Our work
Infection prevention and control global unit overview

WHO Collaborations
Water sanitation and health
Antimicrobial resistance
Patient safety
Quality in universal health coverage
Private organizations for patient safety
Global Infection Prevention and Control Network

Campaigns

SAVE LIVES: Clean Your Hands
Injection safety
— More information here



WHO: Health care with...

Health care without avoidable infections - peoples' lives depend on it

News and events

Current news
Newsletter
Conferences
Meetings and events
— More information here

Contact us

Infection prevention and control global unit
Service Delivery and Safety
World Health Organization
20 Avenue Appia
1211 Geneva 27
Switzerland
Email: savelives@who.int

Work in countries

Hand hygiene
Surgical site infections
Core components for IPC
Injection safety
Focus on AMR
Other interventions
— More information here

Evidence, guidelines and publications

Hand hygiene
Surgical site infections
Core components for IPC
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Implementation tools and resources

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— More information here


<http://www.who.int/infection-prevention/en/>

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Also worth a look for IPC leadership and solidarity



IPC and WASH Learning Pod



[Home](#) [Health topics](#) [Data](#) [Media centre](#) [Publications](#) [Countries](#) [Programmes](#) [Governance](#) [About WHO](#)



Service delivery and safety

Service delivery and safety

About us

Areas of work

WHO Global Learning Laboratory for Quality UHC

Learning Pods

What is a Learning Pod?

Learning Pods (also known as sub-communities) are groups that actively work to define and complete a task, project, initiative or specific products. Learning Pods operate within a safe environment to protect integrity and trust among members in order to accomplish the shared objectives or agenda. The WHO GLL team support the needs of the Learning Pods to organize meetings, provide knowledge harvesting templates, as well as any connection or information within WHO that may aid the work of the Learning Pod. The Learning Pod is a closed groups; a request needs to be approved before joining.

1. GLL overview

2. Why join the GLL?

3. Who can join?

4. Register and connect


5. Webinar series

6. Publications

7. Learning Pods

8. Emerging GLL Knowledge Products

<http://www.who.int/service-delivery-safety/areas/qbc/gll/en/>

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Leadership saves lives!



Effective leadership and influence in IPC saves lives

You play a critical role in supporting and stimulating the **right action** at the **right time** to:

- Support the development of an effective IPC programme;
- Support the implementation of the core components of IPC programmes in your facility;
- Contribute to a reduction in HAI & AMR
- Run effective projects
- Link with other relevant programmes
- Train the health workforce effectively

We need to influence doctors, nurses, managers and leaders and all disciplines in health care!

WHO training modules (due for launch March 2018)

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**And finally, a call to
action...**


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Global Infection Prevention and Control Priorities 2018-2022


Published December 2017: Lancet Global Health



Comment

Global infection prevention and control priorities 2018–22: a call for action

The Ebola virus disease outbreak in west Africa and the rapid spread of other emerging viruses, such as the severe acute respiratory syndrome or the Middle East respiratory syndrome coronaviruses, showed how limited or non-existent infection prevention and control (IPC) programmes, combined with an inadequate water supply, poor sanitation, and a weak hygiene infrastructure in health facilities, can threaten global health security. In such outbreaks, instead of serving as points where disease was controlled,




and programmes, outbreak preparedness and response, and capacity building for surveillance. In early 2017, GIPC Network participants and WHO identified priorities for the next 5 years at both the country and global (panel) level. Together with the recent WHO guidelines on core components of IPC programmes,* the new priorities will be a source of direction and focus for decision-makers and influencers at national and international health-care levels.

[http://www.thelancet.com/pdfs/journals/langlo/PIIS2214-109X\(17\)30427-8.pdf](http://www.thelancet.com/pdfs/journals/langlo/PIIS2214-109X(17)30427-8.pdf)

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Leadership matters if the call to action is to be fulfilled in all countries



Countries with immature IPC programmes

- Visible political commitment
- Policy development and enforcement
- Availability of human and financial resources
- Establishment and execution of IPC programmes at the national and facility level
- Action to ensure in country knowledge and expertise

Countries with advanced IPC programmes

- Increased accountability with IPC as a quality indicator
- Development of advanced information technology tools to support IPC monitoring and implementation
- Enhanced communication to sustain awareness and engagement
- Credible, context specific incentives to increase compliance
- Enhanced education and training to embed IPC knowledge in all disciplines

[http://www.thelancet.com/pdfs/journals/langlo/PIIS2214-109X\(17\)30427-8.pdf](http://www.thelancet.com/pdfs/journals/langlo/PIIS2214-109X(17)30427-8.pdf)

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Expanding the narrative on AMR and IPC

World Health Organization

Visualising how IPC programmes support AMR risk reduction

“The spread of AMR is just like a bushfire - yes we need new firetraps & new helicopters i.e. new ABX, but they’re 5 or 10 years away. In the meantime we need a **firebreak** & that firebreak is **good infection prevention and control**”



Professor Lindsay Grayson
Australia

<https://www.youtube.com/watch?v=LZapp2L6J1Q&feature=youtu.be>

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Thank you
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World Health Organization



Learn more at:
<http://www.who.int/infection-prevention/en/>

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| www.webbertraining.com/schedulep1.php | |
|--|---|
| March 8, 2018 | <p>INFECTION PREVENTION IN NURSING HOMES AND PALLIATIVE CARE Speaker: Prof. Patricia Stone, Columbia University, New York</p> <p><i>(South Pacific Teleclass)</i></p> |
| March 14, 2018 | <p>CLIMATE CHANGE AND THE IMPACT ON INFECTIOUS DISEASES Speaker: Prof. Mark Birch, University of Otago, New Zealand</p> |
| March 15, 2018 | <p>CLOSTRIDIUM DIFFICILE ASYMPTOMATIC CARRIERS – THE HIDDEN PART OF THE ICEBERG Speaker: Dr. Yves Longtin, McGill University, Montreal</p> |
| March 22, 2018 | <p>CHALLENGES AND FACILITATORS TO NURSE-DRIVEN ANTIBIOTIC STEWARDSHIP: RESULTS FROM A MULTISITE QUALITATIVE STUDY Speaker: Prof. Eileen J. Carter, Columbia University School of Nursing</p> <p><i>(FREE European Teleclass ... Denver Russell Memorial Teleclass Lecture)</i></p> |
| April 10, 2018 | <p>HOPES, HYPES, AND MULTIVALLATE DEFENCES AGAINST ANTIMICROBIAL RESISTANCE Speaker: Prof. Neil Woodford, Imperial College London and Public Health England</p> <p><i>Broadcast annually in memory of our very good friend and tireless Teleclass Education supporter, Prof. A. Denver Russell.</i></p> |
| | <p>UNDERSTANDING RISK PERCEPTIONS AND RESPONSES OF THE PUBLIC.</p> |

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