

**Exploring the Role of Environmental Surfaces in Occupational Infection Prevention**  
Barbara DeBaun, Cynosure Health, and Dr. Amber Hogan Mitchell, International Safety Center  
A Webber Training Teleclass

# EXPLORING THE ROLE OF ENVIRONMENTAL SURFACES IN OCCUPATIONAL INFECTION PREVENTION

Barbara DeBaun, RN, MSN, CIC  
Amber Hogan Mitchell, DrPH, MPH, CPH

Hosted by Dr. Lynne Schulster  
Centers for Disease Control and Prevention, Atlanta

[www.webbertraining.com](http://www.webbertraining.com)

June 23, 2016



## Disclosures

Both speakers consult for  
Vestagen Protective Technologies, Inc.

2

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## Objectives

- ◆ Describe current landscape and occupational exposure incident data
- ◆ Discuss the role textiles, apparel, and other soft surfaces play in the transmission of pathogens
- ◆ Describe the science and evidence driving new guidelines that are changing the way we think about textiles in the healthcare environment
- ◆ Identify current gaps in occupational protection from blood and body fluid exposure that have led to development of innovative solution

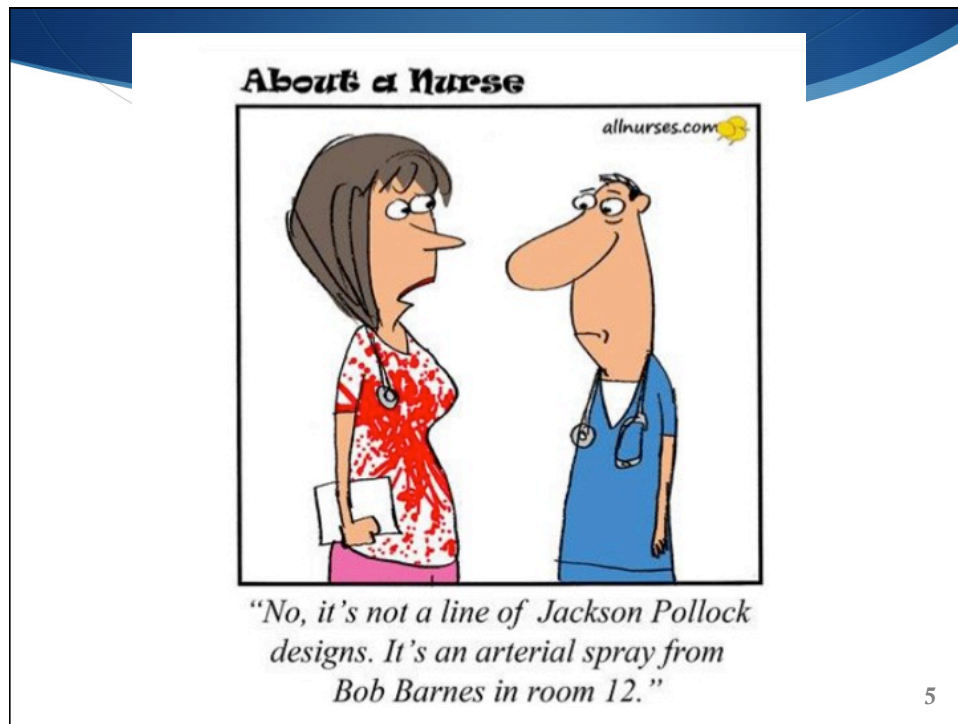
3

## Current Landscape



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**“Protecting Our Healthcare Workers Now”**

*“From the first moment a patient comes through a hospital's doors to the time that healthcare staff identify the need for exposure protection, a large window is left open—leaving a sizable gap in safety. As any healthcare worker can attest, body fluid splashes and splatters of blood, urine, vomit and so on can occur when least expected. These are not only unpleasant events; these body fluid splashes can carry pathogenic organisms.”*

Modern Healthcare, Nov 2014

6

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*“A catalytic event like the Ebola outbreak can draw our attention to a longtime problem. If nothing else, the Ebola crisis has shown us that healthcare workers have not hesitated to care for patients under the most dire of circumstances—they have given their all to meet the responsibility of their profession.”*

<http://www.modernhealthcare.com/article/20141121/NEWS/141129998>

7

## APHA Policy Statement

*“The cases of Ebola virus disease (EVD) in the United States remind us that infectious disease threats continue to challenge our public health’s, health system’s and communities’ capacities to adequately protect the population from exposure to microorganisms (bacteria, viruses, and spores) that may cause illness or infection and generate stigma and fear.”*

8

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## APHA Recommendation

*“...development of innovative new technologies...  
and to the certification of personal protective  
equipment (PPE) and other protective apparel used  
to eliminate or minimize exposures to  
microorganisms that cause illness and infection.”*

<https://www.apha.org/policies-and-advocacy/public-health-policy-statements/policy-database/2015/12/08/15/22/preventing-occupational-transmission-of-globally-emerging-infectious-disease-threats> 9

Infectious & Biological Threats are More  
Prevalent than Ever... and More People  
are Accessing Healthcare Systems  
Around the World

10

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**PATHOGENS TRANSMITTED THROUGH OCCUPATIONAL EXPOSURE**

- Blastomycosis dermatitidis
- Brucellosis abortus
- Corynebacterium diphtheriae
- Creutzfeldt-Jakob disease
- Cryptococcus neoformans
- Dengue virus
- Ebola
- Hepatitis B
- Hepatitis C
- Hepatitis G
- Herpes Simplex virus
- Herpes Zoster virus
- HIV
- Leptospira icterohaemorrhagiae
- Malaria
- Mycobacterium marinum
- Mycobacterium tuberculosis
- Mycoplasma caviae
- Necrotizing fasciitis
- Plasmodium falciparum
- Rickettsia rickettsii
- Sporotrichum schenckii
- Streptococcus pyogenes
- Staphylococcus aureus
- Syphilis
- Treponema pallidum
- Toxoplasma gondii
- Tuberculosis

11

**Hepatitis B**

*Globally:*

*2 BILLION People*

*3 MILLION Refugees*

Thanks for Slides from Elise Handelman & Elayne Phillips. BD & McKesson 12

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# Hepatitis C

*“CDC Warns on Rising Cases of Hepatitis C”*

*WSJ, May 8, 2015*

13

“Hepatitis C killed almost 20,000 Americans in 2013. More of us died from hepatitis C than from 60 other infectious diseases combined, including HIV and TB, with ‘baby boomers’ at greatest risk.”

Summary source: Preidt, R. Hepatitis C Now Leading Infectious Disease Killer in U.S. HealthDay; 2016 May 4  
Available from: [https://www.nlm.nih.gov/medlineplus/news/fullstory\\_158651.html](https://www.nlm.nih.gov/medlineplus/news/fullstory_158651.html)

14

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# HIV

- ◆ Today, 1.2 Million People in the US are living with HIV.
- ◆ 1 in 5 don't know they are infected and can pass the virus to others.

CDC 2011

15

## Healthcare Workers frontline engagement with human pathogens




16

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## Emerging and Re-emerging Pathogens



GLOBAL CONFLICT TRACKER  
 UPDATED FEBRUARY 9, 2016  
 Conflict Status: FILTER BY Region Types of Conflict

- ◆ Ebola
- ◆ Zika
- ◆ Diseases in Conflict Countries
- ◆ Measles
  - ◆ New occupational cases depending on level of immunity
- ◆ Co-Morbidities with Multidrug Resistant Organisms like MRSA
  - ◆ Patients with now chronic disease like HCV, HIV with increased prevalence of MRSA
  - ◆ Healthcare worker colonization

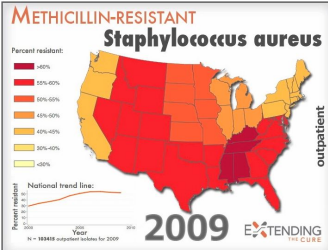
17

### MRSA Colonization

- *S. aureus* carriage has been known to be one of the most strongly associated risk factors for subsequent infection
- Presence of MRSA nasal colonization can provide an indication of higher risk for subsequent infection

Prevalence for Nasal Carriage		
<b>General Population:</b>	<b>First Responders:</b>	<b>Healthcare Workers:</b>
0.8%-<2%	EMS personnel <sup>1</sup> : 4.6% Firefighters <sup>2</sup> : 22.5%	Hospital: 4.6% Non-hospital: 3.4%


Source: Mainous et al., 2006; Gorwitz RJ et al., 2008  
 Sources: 1. Stevenson et al., 2010; 2. Roberts et al., 2011  
 Source: Albrich & Harabarth, 2008



**METHICILLIN-RESISTANT Staphylococcus aureus**

Percent resident:  
 75%-80%  
 65%-70%  
 50%-60%  
 40%-50%  
 30%-40%  
 20%-30%  
 0-20%

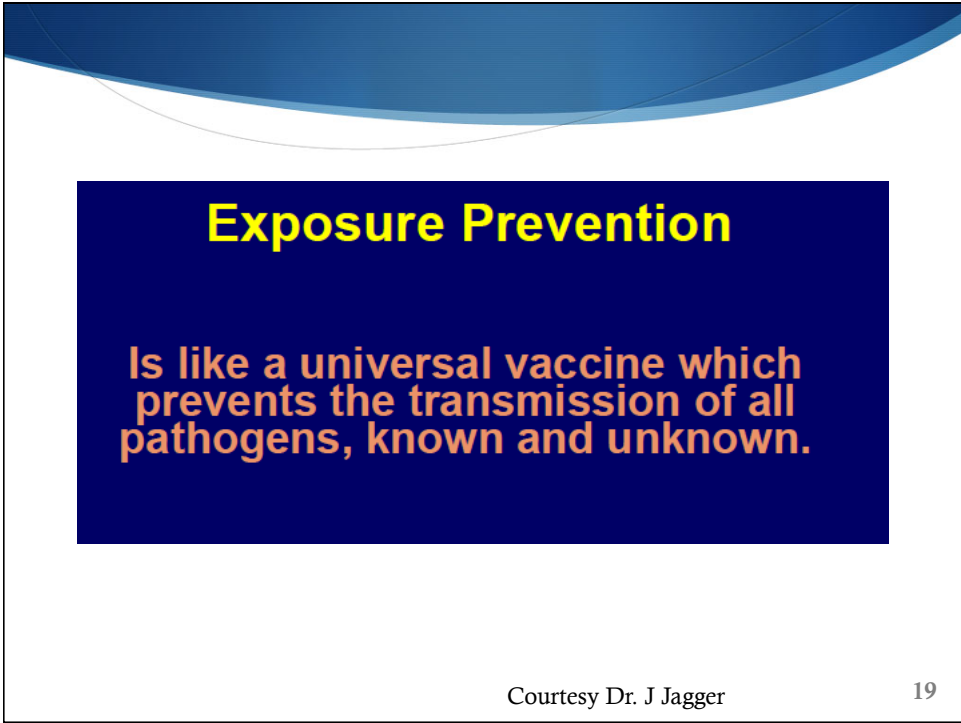
National trend line:  
 2009  
 EXTENDING THE CURE



Thank you, Dr. K Reynolds 18

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**Exposure Prevention**

Is like a universal vaccine which prevents the transmission of all pathogens, known and unknown.

Courtesy Dr. J Jagger 19



Occupational Incident Data  
2014



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### Needlestick & Sharp Object Injury Report

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  
 Email address: \_\_\_\_\_

Injury ID: (for office use only) S \_\_\_\_\_ Facility ID: (for office use only) \_\_\_\_\_

1) Date of injury: [ ] [ ] [ ] [ ] 2) Time of injury: [ ] [ ]

3) Department where incident occurred: \_\_\_\_\_

4) Home/Employing department: \_\_\_\_\_

5) What is the job category of the injured worker? (check one box only)

- 1 Doctor (attending/staff), specify specialty \_\_\_\_\_
- 2 Doctor (intern/resident/fellow) specify specialty \_\_\_\_\_
- 3 Medical student
- 4 Nurse: specify \_\_\_\_\_
  - 1 R.N.
  - 2 L.P.N.
  - 3 N.P.
  - 4 C.R.N.A.
- 5 Respiratory therapist
- 6 Surgery attendant
- 7 Midwife
- 8 Other attendant
- 9 Phlebotomist/Venipuncture/IV team

6) Where did the injury occur? (check one box only)

- 1 Patient room
- 2 Outside patient room (hallway, nurses station, etc.)
- 3 Emergency department
- 4 Intensive/Critical care unit: specify type: \_\_\_\_\_
- 5 Operating room/Recovery
- 6 Outpatient clinic/Office
- 7 Blood bank
- 8 Venipuncture center

7) Was the source patient identifiable? (check one box only)

- 1 Yes
- 2 No
- 3 Unknown

8) Was the injured worker the original user of the sharp item?

- 1 Yes
- 2 No
- 3 Unknown

9) The sharp item was: (check one box only)

- 1 Contaminated (known exposure to patient or contaminated)
- 2 Uncontaminated (no known exposure to patient or contaminated)
- 3 Unknown

10) For what purpose was the sharp item originally used? (check one box only)

- 1 Unknown/Not applicable
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

### Blood and Body Fluid Exposure Report

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  
 Email address: \_\_\_\_\_

Injury ID: (for office use only) S \_\_\_\_\_ Facility ID: (for office use only) \_\_\_\_\_ Completed by: \_\_\_\_\_

1) Date of exposure: [ ] [ ] [ ] [ ] 2) Time of exposure: [ ] [ ]

3) Department where incident occurred: \_\_\_\_\_

4) Home/Employing department: \_\_\_\_\_

5) What is the job category of the exposed worker? (check one box only)

- 1 Doctor (attending/staff), specify specialty \_\_\_\_\_
- 2 Doctor (intern/resident/fellow) specify specialty \_\_\_\_\_
- 3 Medical student
- 4 Nurse: specify \_\_\_\_\_
  - 1 R.N.
  - 2 L.P.N.
  - 3 N.P.
  - 4 C.R.N.A.
- 5 Respiratory therapist
- 6 Surgery attendant
- 7 Midwife
- 8 Other attendant
- 9 Phlebotomist/Venipuncture/IV team
- 10 Clinical laboratory worker
- 11 Technologist (non-lab)
- 12 Dentist
- 13 Dental hygienist
- 14 Housekeeper
- 15 Laundry worker
- 16 Security
- 17 Paramedic
- 18 Other student
- 19 Other, describe: \_\_\_\_\_

6) Where did the exposure occur? (check one box only)

- 1 Patient room
- 2 Outside patient room (hallway, nurses station, etc.)
- 3 Emergency department
- 4 Intensive/Critical care unit: specify type: \_\_\_\_\_
- 5 Operating room/Recovery
- 6 Outpatient clinic/Office
- 7 Blood bank
- 8 Venipuncture center
- 9 Dialysis facility (hemodialysis and peritoneal dialysis)
- 10 Procedure room (x-ray, EKG, etc)
- 11 Clinical laboratories
- 12 Autopsy/Pathology
- 13 Service/Utility (laundry, central supply, loading dock, etc)
- 14 Labor and delivery room
- 15 Home-care
- 16 Other, describe: \_\_\_\_\_

7) Was the source patient identifiable? (check one box only)

- 1 Yes
- 2 No
- 3 Unknown
- 4 Not applicable

8) Which body fluids were involved in the exposure? (check all that apply)

- Blood or blood products
- Vomit
- Sputum
- Saliva
- CSF
- Peritoneal fluid
- Pleural fluid
- Amniotic fluid
- Urine
- Other, describe: \_\_\_\_\_

8a) Was the body fluid visibly contaminated with blood?  Yes  No  Unknown

9) Was the exposed part? (check all that apply)

- Intact skin
- Non-intact skin
- Eyes (conjunctiva)
- Nose (mucosa)
- Mouth (mucosa)
- Other, describe: \_\_\_\_\_

10) Did the blood or body fluid? (check all that apply)

- Touch unprotected skin
- Touch skin between gap in protective garments
- Soak through barrier garment or protective garment
- Soak through clothing

Since 1992, acquired for 1,500 U.S. Hospitals and 96 countries!

# 2014 EPINet

## Summary Data:

Splashes and Splatters;  
Blood and Body Fluid Exposures

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## 2014 Exposure Rate / Ratios

- ◆ 8.9 incidents reported per 100 Average Daily Census
- ◆ 9.4 / 100 ADC Teaching Facilities
- ◆ 8.1 / 100 ADC Non-Teaching Facilities

23

## Job Category

**What is the job category of the exposed worker?**

1 Doctor (attending.staff) specialty	19	8.9%
2 Doctor (intern/resident/fellow) specialty	9	4.2%
3 Medical student	4	1.9%
4 Nurse	115	54.0%
6 Respiratory therapist	5	2.3%
7 Surgery attendant	4	1.9%
8 Other attendant	2	0.9%
9 Phlebotomist/ Venipuncture/ IV team	2	0.9%
10 Clinical laboratory worker	3	1.4%
11 Technologist (non lab)	9	4.2%
15 Other, describe	26	12.2%
16 Paramedic	3	1.4%
18 C.N.A./H.H.A.	10	4.7%
20 Security	2	0.9%

l records: 213



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24

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## Location of Incident

**6. Where did the exposure occur?**

1 Patient room/ward	86	40.4%
2 Outside patient room	4	1.9%
3 Emergency department	16	7.5%
4 Intensive/Critical care unit	19	8.9%
5 Operating room/Recovery	36	16.9%
6 Outpatient clinic/Office	11	5.2%
10 Procedure room	6	2.8%
11 Clinical laboratories	4	1.9%
14 Other, describe	20	9.4%
16 Labor and delivery room	10	4.7%
17 Home-care	1	0.5%
<b>Total records:</b> 213		

52.6% from Direct Patient Contact  
 22.4% "Other"  
 >wound irrigation, vent tube, trach tube,  
 syringe / blood collection splash

25

## Exposed Part

**9. Was the exposed part?**

Intact skin	50	23.1%
Non-intact skin	29	13.4%
Eyes (conjunctiva)	142	65.7%
Nose (mucosa)	8	3.7%
Mouth (mucosa)	17	7.9%
Other exposed parts	22	10.2%
<b>Total records:</b> 216		

**10. Did the blood or body fluid?**

Touch unprotected skin	176	81.5%
Touch skin between gap in protective garment	12	5.6%
Soaked through protective garment	4	1.9%
Soaked through clothing	3	1.4%
<b>Total records:</b> 216		

26


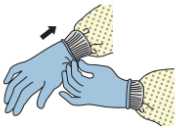
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## Total PPE & Barrier Garment Worn

**11. Which barrier garments were worn at the time of exposure?**

Single pair of gloves	145	67.1%
Double pair of gloves	20	9.3%
Goggles	3	1.4%
Eyeglasses, (not protective)	8	3.7%
Eyeglasses with sideshields	0	0.0%
Faceshield	3	1.4%
Surgical mask	24	11.1%
Surgical gown	32	14.8%
Plastic apron	1	0.5%
Labcoat, cloth, (not protective)	4	1.9%
Labcoat, other	2	0.9%
Other	36	16.7%

Total records: 216

47% indicated only wearing uniform / scrubs

27

## Splash/Splatter Year Comparison

	2012	2013	2014
Total Incidents	174	141	213
Doctor	13.8%	14.9%	13.1%
Nurse	47.7	49.6	54
Eyes (Conjunctiva)	60.0	64.5	65.7
Goggles/Faceshield	7.4	8.5	2.8
Touched Skin	93.1	90.8	87.1
Wore Gown	14.9	18.4	14.8
Patient Room	33.7	28.1	40.4
OR	20.0	20.9	16.9
ED	18.3	14.4	7.5

Increasing Risk for Nurses at Bedside?

28

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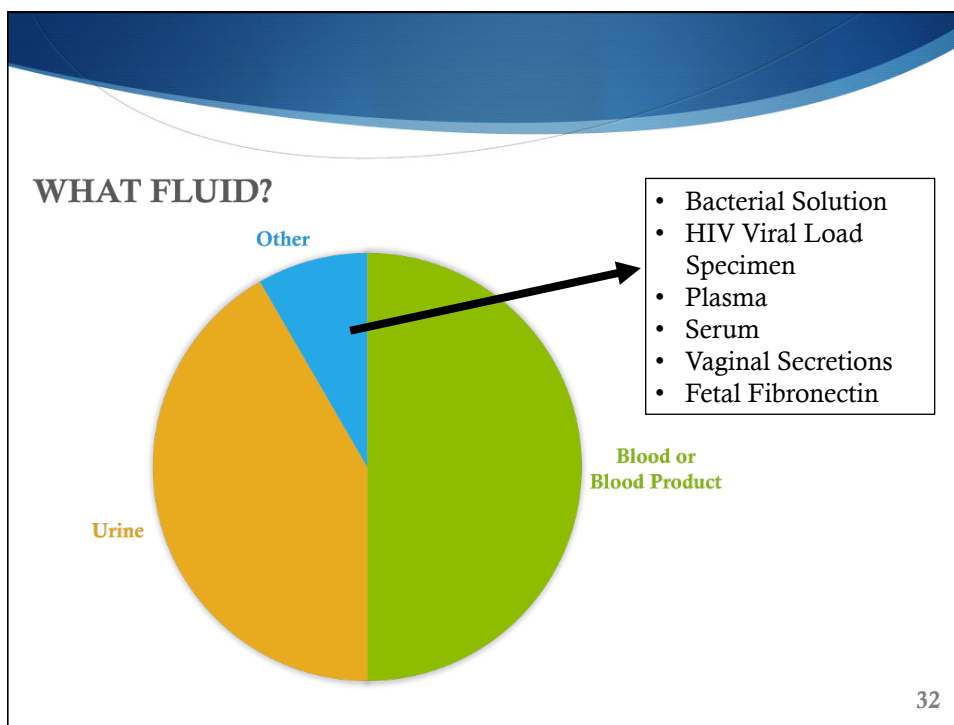
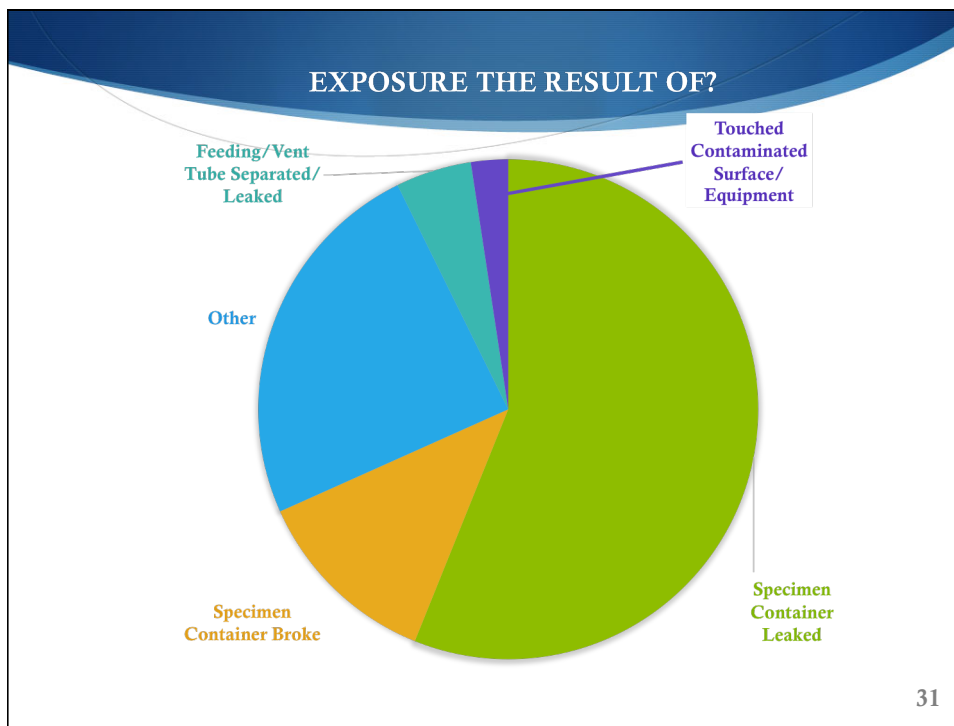
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This isn't just bedside care...

Clinical Lab  
Blood & Body Fluid  
Splash / Splatter  
Incident Data

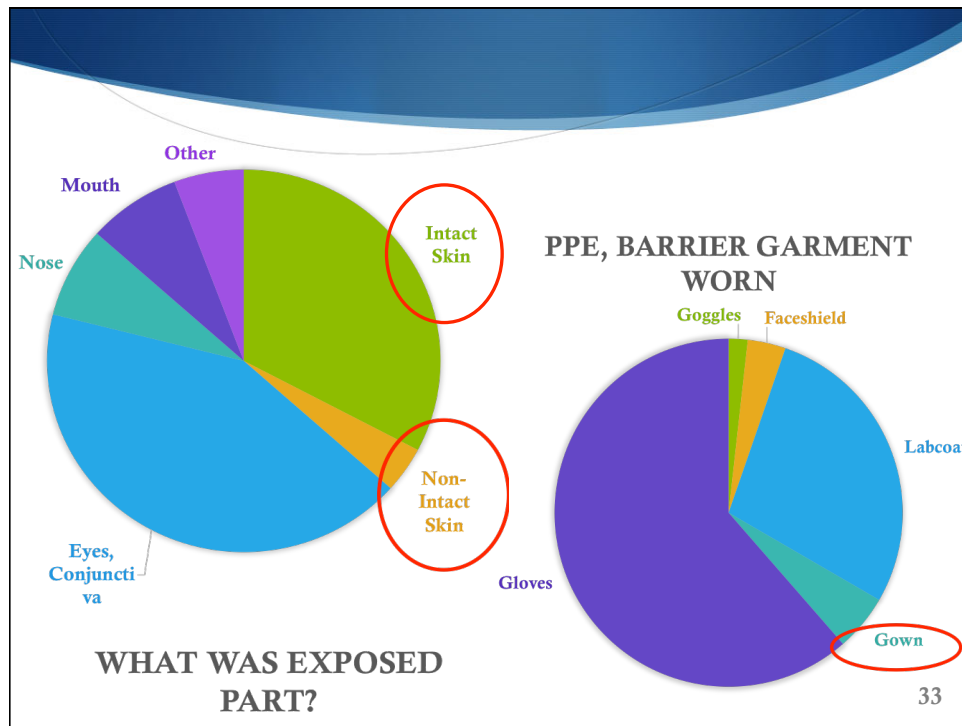
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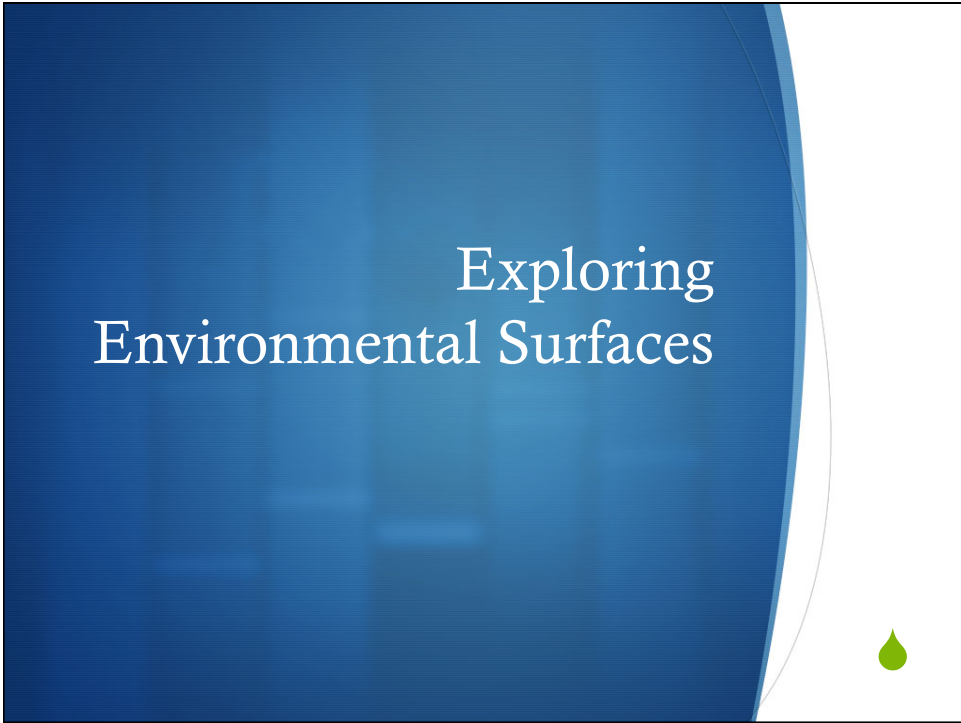
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What is contributing to this increased risk and risky behavior over time?

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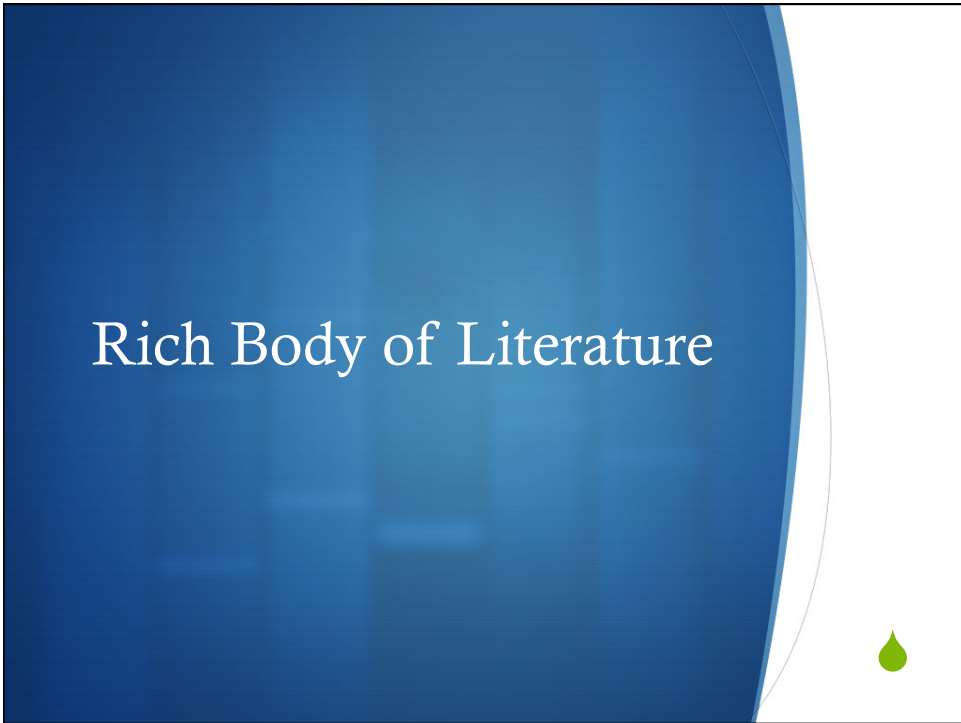
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## Types of Environmental Surfaces

	Non-Porous, Hard Surfaces	Porous, Soft Surfaces
FIXED	I. TYPICAL HIGH TOUCH: SINKS, COUNTERS, LIGHTSWITCHES, FLOORS	IV. FLOOR AND WALL COVERING UPHOLSTERY, COUCHES
PORTABLE	II. TABLES, CHARTS, CARTS, HARD CHAIRS/ FURNITURE	V. UPHOLSTERY, CHAIRS, CURTAINS, LINEN
MOBILE	III. STETHOSCOPE, IV, RESP, DIAG	VI. BP CUFF, PT GOWNS, APPAREL, SCRUBS, LAB COATS

37

## Rich Body of Literature



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Literature: Environmental Soft Surface Type		
I. Fixed	9	<ul style="list-style-type: none"> <li>◆ Creamer 2008, Gould 1993, Langford 2006, Malik 2006, Ndawula 1991, Noskin 2000</li> </ul>
i. Furniture		<ul style="list-style-type: none"> <li>◆ Das 2002, Klakus 2008, Ohl 2012, Palmer 1999, Schweizer 2012, Trillis 2008</li> </ul>
II. Portable	6	<ul style="list-style-type: none"> <li>◆ Barrie 1994, Boyce 1997, Hochmuth 2002, Fijan 2012, Kniehl 2005, Neely 2000, Neely 2001, Nicas 2006, Sasahara 2011, Shiomori 2002, Thomas 1987</li> </ul>
i. Privacy Curtains	11	
ii. Textiles	6	<ul style="list-style-type: none"> <li>◆ Blaser 1984, Jacob 2007, Lakdawala 2011, Patel 2006, Scott 2011, Wright 2012</li> </ul>
III. Laundering	6	
IV. Mobile	27	<ul style="list-style-type: none"> <li>◆ Babb 1983, Bearman 2012, Burden 2011, Burden 2013, Butler 2010, Callaghan 1998, Ditchburne 2006, Gaspard 2009, Hsieh 1986, Krueger 2012, Loh 2000, Lopez 2009, Loveday 2014, Morgan 2012, Munoz-Price 2012, Osawa 2003, Pandey 2010, Perry 2001, Pilonetto 2004, Sattar 2001, Snyder 2008, Speers 1969, Steinlechner 2002, Treakle 2009, Uneke 2010, Weiner-Wall 2011, Wong 1991</li> </ul>
i. HCW Attire		39

### Recent Published Studies: Uniforms Can Play a Role in Transmission

- ◆ Clothing can play a significant role in the spread of infectious materials.
  - Contamination of Clothing with MRSA and *C.difficile*
  - Survival of Bacteria on Clothing
  - Transfer of Bacteria to Hands
  - Clothing as Possible Cause of Cases / Outbreaks
- ◆ Transmission via clothing plays an important part in the spread of *S. aureus* (and MRSA) infections.

40

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## Healthcare Worker Uniforms

- ◆ At the end of a work shift, *C. difficile* and MRSA were recovered from the surface of nurses' uniforms at counts exceeding 500 CFU
- ◆ 23% of lab coats were contaminated with MSSA and 18% with MRSA
- ◆ 60% of hospital staff uniforms were culture positive for MDROs based on samples taken from the sleeves, waists, and pockets of over 100 physicians' and nurses' work apparel
- ◆ Healthcare-associated pathogens were isolated from 63% of the uniforms
- ◆ Laundered and unworn scrubs harbored normal skin flora on Residents' uniforms

41

INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY DECEMBER 2012, VOL. 33, NO. 12

### CONCISE COMMUNICATION

#### *Gordonia bronchialis* Sternal Wound Infection in 3 Patients following Open Heart Surgery: Intraoperative Transmission from a Healthcare Worker

Shaneka N. Wright, RN, BSN, MHSc, CIC;<sup>1</sup>  
Joanna S. Gerry, DNP, ARNP;<sup>2</sup> Mary T. Busowski, MD;<sup>3</sup>  
Alena Y. Klochko, MD;<sup>3</sup> Steven G. McNulty, BS;<sup>4</sup>  
Scott A. Brown, RN, MBA, CIC;<sup>1</sup> Barry E. Sieger, MD;<sup>3</sup>  
P. Ken Michaels, DO;<sup>5</sup> Mark R. Wallace, MD<sup>3</sup>

We describe an investigation of 3 postoperative *Gordonia bronchialis* sternal infections. A nurse anesthetist was identified as the source of the outbreak, her scrubs likely becoming contaminated by her home washing machine. The outbreak ended after disposal of the implicated washing machine. Domestic laundering of surgical scrubs may need reevaluation.

*Infect Control Hosp Epidemiol* 2012;33(12):000-000

obtained from the nurse anesthetist, her roommate, all case patients, and the nurse anesthetist's dogs were plated in 5% sheep blood agar and chocolate II agar and incubated at 35°C, 5% CO<sub>2</sub>, for 4–5 days. *Gordonia* isolates were submitted for DNA strain typing by pulsed-field gel electrophoresis (PFGE). The isolates were identified by polymerase chain reaction restriction enzyme analysis of the 441 base pairs (Telenti segment) of the *hsp65* gene as *Gordonia* species.<sup>4</sup> Species identification was achieved by 16S ribosomal RNA gene sequence analysis using the MicroSeq (Applied Biosystems) for 500 base-pair analysis.<sup>5</sup> Typing was performed by PFGE using the restriction endonucleases *Xba*I and *Ase*I.<sup>6</sup>

#### RESULTS

**Description of cases.** Three patients were readmitted 3 weeks to 8 months postoperatively with deep sternal infections caused by *G. bronchialis*. The patients (all male) ranged from 56 to 80 years old; 2 were diabetic. All had undergone CABG with multiple grafts. No early postoperative complications had occurred. The mean interval between surgery and the

42

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## Contaminated Textiles: Microbes and Outbreaks

**Table 3.** Reports on hospital textiles as possible source of infection of patients.

Microorganism	Hospital textile	Reference
<i>Streptococcus pyogenes</i>	Babies' vests (contamination of dryers)	Brunton, 1995 [8]
<i>Bacillus cereus</i>	Cleaned hospital linen	Barrie <i>et al.</i> 1994 [29]
	Cleaned hospital linen	Barrie <i>et al.</i> 1992 [30]
	Cleaned infants' nappies	Birch <i>et al.</i> 1981 [31]
	Reused towels	Dohmae <i>et al.</i> 2008 [32]
	Towels and bedsheets	Sasahara <i>et al.</i> 2011 [33]
MRSA	Bed linen	Creamer & Humphreys, 2008 [34]
	Linen	Shiomori <i>et al.</i> 2002 [35]
<i>Pseudomonas aeruginosa</i>	Patients' clothes, bed linen	Panagea <i>et al.</i> 2005 [36]
VRE	Drawsheet	Bonten <i>et al.</i> 1996 [37]
<i>Staphylococcus aureus</i>	Mattress	Ndawula & Brown, 1991 [38]
Antibiotic resistant coliform bacilli	Blankets, mattresses	Kirby <i>et al.</i> 1956 [39]
<i>Trichophyton interdigitale</i>	Contaminated socks	English <i>et al.</i> 1967 [40]

43

Int. J. Environ. Res. Public Health 2012, 9, 3330-3343; doi:10.3390/ijerph9093330

**Table 4.** Reports on hospital textiles as possible source of infection of hospital workers.

Microorganism	Source	Employee	Reference
<i>Sarcoptes scabiei</i>	Handling unclean hospital linen	Hospital laundry personnel	Thomas <i>et al.</i> 1987 [41]
<i>Microsporum canis</i>	Handling contaminated laundry	Hospital staff	Shah <i>et al.</i> 1988 [42]
<i>Salmonella typhimurium</i>	Handling unclean hospital sheets	Hospital laundry personnel	Datta & Pridie, 1960 [43]
<i>Salmonella hadar</i>	Handling unclean hospital linen	Hospital laundry personnel	Standaert <i>et al.</i> 1994 [44]
Hepatitis A virus	Handling unclean hospital linen	Hospital laundry personnel and nurses' aids	Borg & Portelli, 1999 [45] Keeffe, 2004 [46]

44

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Journal of Hospital Infection xxx (2015) 1–8

Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

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journal homepage: [www.elsevierhealth.com/journals/jhin](http://www.elsevierhealth.com/journals/jhin)

Review

**Role of healthcare apparel and other healthcare textiles in the transmission of pathogens: a review of the literature**

A. Mitchell <sup>a,\*</sup>, M. Spencer <sup>b</sup>, C. Edmiston Jr. <sup>c</sup>

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ARTICLE INFO      SUMMARY

**Article history:**  
Received 30 December 2014  
Accepted 25 February 2015  
Available online xxx

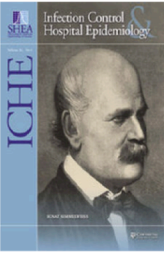
Healthcare workers (HCWs) wear uniforms, such as scrubs and lab coats, for several reasons: (1) to identify themselves as hospital personnel to their patients and employers; (2) to display professionalism; and (3) to provide barrier protection for street clothes from unexpected exposures during the work shift. A growing body of evidence suggests that HCWs' apparel is often contaminated with micro-organisms or pathogens that can cause

45

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**Making the Case for Textiles with a Dual Mechanism of Action**

Amber H. Mitchell

Infection Control & Hospital Epidemiology / Volume 36 / Issue 04 / April 2015, pp 486 - 487  
DOI: 10.1017/ice.2014.92, Published online: 20 January 2015

46

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## APIC 10 Ways to Protect your Patients from Infection

You are an important part of patient safety!

1. Wash or clean your hands before and after you provide care to a patient.
2. Use alcohol the **RIGHT WAY**.
3. Get your attire—including your apron if you wear one—clean and make sure you use it in your facility's clean lab.
4. Follow the rules of isolation for the patient's protection, your protection, and everyone else's protection.
5. Follow safe injection practices — remember One needle, One patient, Only one time.
6. Make patient identification a priority: right drug, right time, right dose.
7. Disinfect patient's room and equipment clean.
8. **Wear when antibiotics are appropriate — and when they are NOT.**
9. **Wash your attire! Make sure your attire does not become a source of infection.**
10. Know about the infection transmission.

### 9. What you wear matters

**Make sure your attire does not become a source of infection.**

Clothing can be a virtual conveyor belt for infections. Studies have shown that when doctors and nurses lean over a patient with MRSA, their coats and uniforms pick up bacteria 65 percent of the time. Additional studies have shown that ties worn by doctors and other medical staff had bacteria that could cause illness.

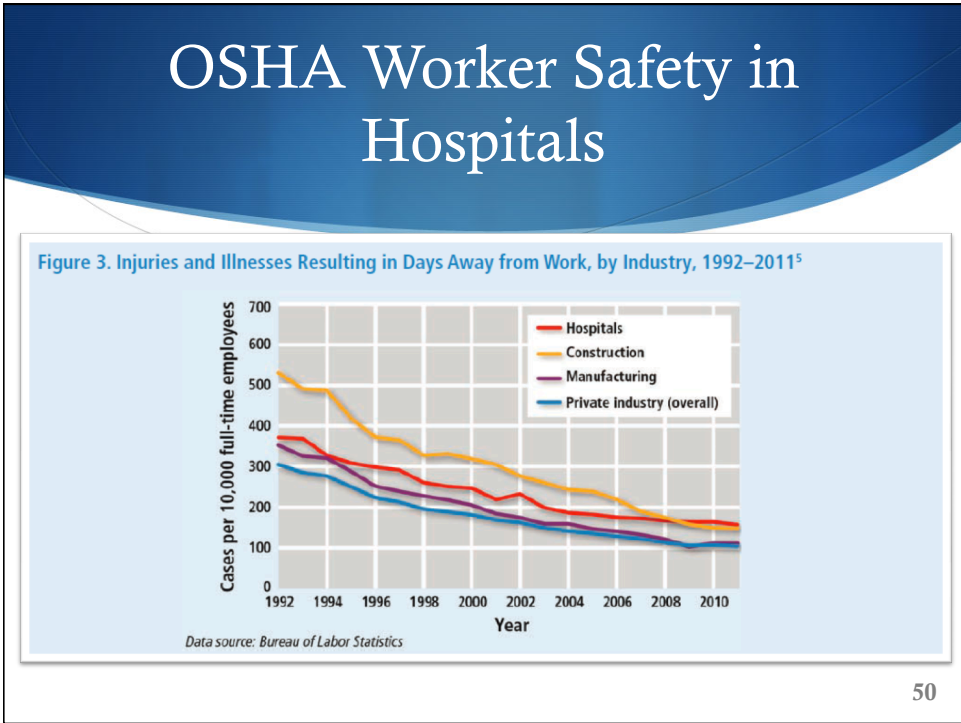
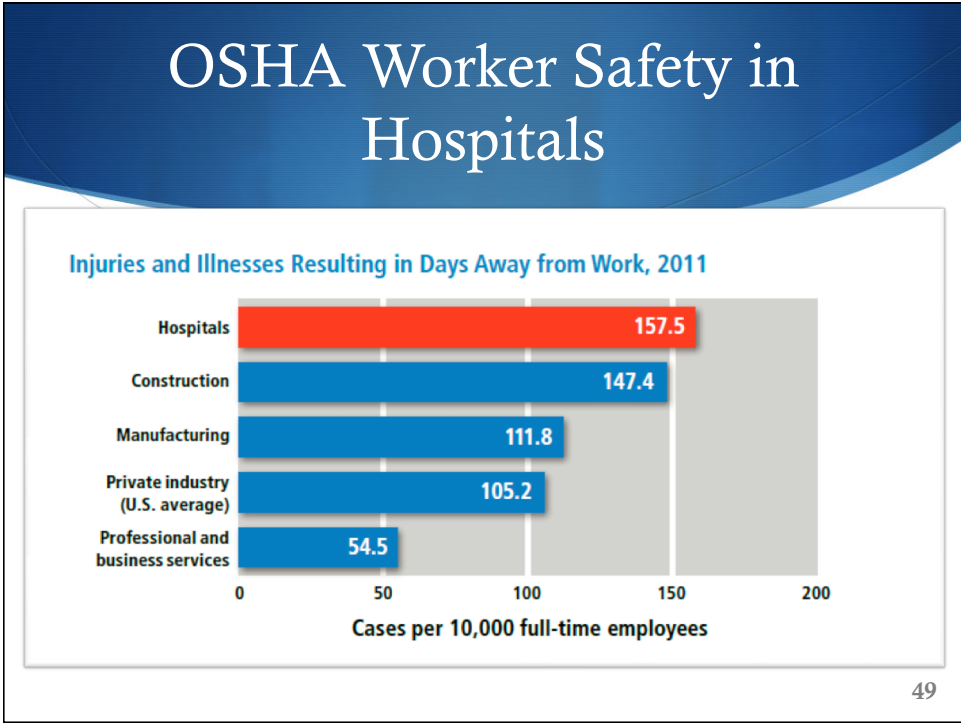
What's more, improper use and removal of personal protective equipment (for example—gowns, gloves, masks) can have negative health consequences to the healthcare worker.

48

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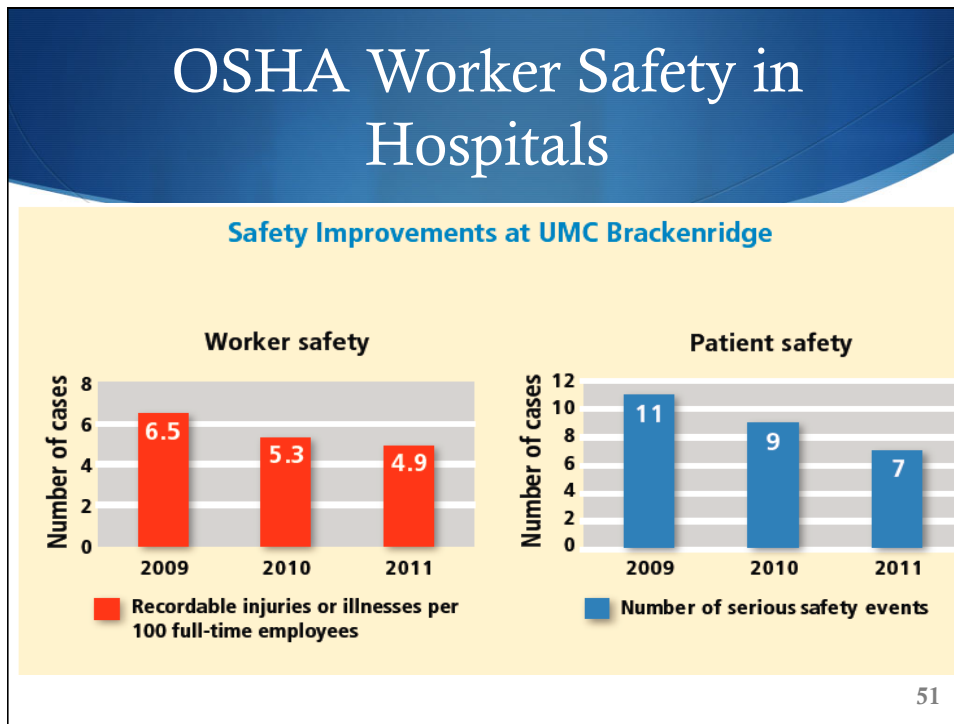
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## OSHA Infectious Disease Standard

- ◆ For non-Bloodborne Pathogens
- ◆ CalOSHA Aerosol Transmissible Disease Standard
- ◆ Occupational exposure during “direct patient care”
- ◆ Worker Infection Control Plan
  - ◆ Infectious Agent Hazard Analysis

**Introduction**

The healthcare and other high-risk environments face long-standing infectious disease hazards such as TB, influenza and MRSA, as well as new and emerging infectious disease threats. OSHA is considering the need to develop a standard to ensure that employers establish a comprehensive infection control program and control measures to protect employees from exposure to infectious agents that can cause respiratory disease, although the infectious diseases discussed here have not been effective in protecting workers, these are not address infectious diseases transmitted by other routes (e.g., contact, blood and airborne). In addition, OSHA believes that a standard is needed because transmission based infection control guidelines, though widely available, are not consistently followed.

**Small Organizations Interested in Participating in OSEHA**

Small organizations include small businesses as defined by OSHA, non-profit organizations that are not considered to have full, and local government organizations serving a jurisdiction of less than 50,000.

- If you have questions contact:
  - At OSHA, contact Lyneal Page at: 202-693-1424 or lpage@osha-slc.gov
  - At OSHA's Office of Advocacy, contact Bruce Langley at: 202-693-1424 or langley@osha-slc.gov

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## AORN Recommended Practices for Surgical Attire

Perioperative Standards and Recommended Practices  
For Inpatient and Ambulatory Settings



Leslie Bourdon  
Managing Editor

**T**he updated "Recommended practices for surgical attire," which will be electronically released Nov. 15, provide guidance for surgical attire, including scrub attire, shoes, jewelry, head coverings, and masks worn in semi-restricted and restricted areas of the perioperative setting. In addition, the recommended practices (RP) document provides guidance for personal items (e.g., stethoscopes, backpacks, briefcases, cell phones) brought into the perioperative setting. Although research related to surgical attire is limited and no randomized controlled trials or systematic reviews show a direct causal relationship between surgical attire and surgical site infections (SSIs), increased numbers of microorganisms in the perioperative setting increase the patient's risk of SSI. Thus, health care workers should make efforts to reduce the patient's exposure to microorganisms by following the RP for surgical attire.

**Wearing surgical attire**  
The RP states that clean surgical attire should be worn in semi-restricted and restricted areas of the perioperative setting.<sup>1</sup> Wearing clean surgical attire may reduce microorganisms present in the perioperative environment, and as a result, may reduce the patient's risk of developing an SSI and the potential for health care workers to transport microorganisms between the health care facility and the home or community. The RP states that fabrics used for scrub attire should be "tightly woven, low linting, stain resistant, and durable"<sup>1</sup> and that scrub attire may be made of antimicrobial fabric. The RP cites emerging evidence on the use

**SURGICAL MASKS** should cover the mouth and nose and be secured in a way that prevents venting at the sides of the mask. Reprinted from *Perioperative Standards and Recommended Practices*. Copyright © 2014, AORN, Inc.

of fabrics with antimicrobials incorporated into yarns during processing or finishing to prevent bacteria and fungi from adhering to the fabric and states that incorporating this technology into scrub attire may help protect patients from SSIs.<sup>1</sup>

According to evidence cited in the RP, health care providers' skin provides the primary source of bacteria dispersed into the air in the OR or procedure room.<sup>2</sup> Thus, the RP recommends health care providers don clean scrub attire daily in a designated dressing area before entering semi-restricted or restricted areas from outside. The RP also states that all nonscrubbed personnel should completely cover their arms with a long-sleeved scrub top or jacket when in restricted areas to help contain the shedding of skin.

54

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**Recommendation I: Clean surgical attire should be worn in the semi-restricted and restricted areas of the perioperative setting**

- ◆ Attire has been laundered in a healthcare accredited laundry facility
- ◆ Has not been previously worn



55

**Fabrics used for scrub attire (Moderate Evidence)**

- ◆ Tightly woven
- ◆ Low linting
- ◆ Stain resistant
- ◆ Durable



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## Tightly woven material

- ◆ Superior to other types of scrub attire in decreasing bacterial contamination of the air (AORN ref 6-9)
- ◆ Significant reduction of >50% of bacterial load in the air (AORN)
- ◆ Median CFUs dropped significantly when peri-op team wore tightly woven scrub attire (AOR ref 5, 8-10)

57

## Lint-free, stain-resistant and durable

- ◆ Prevent lint particles from disseminating into environment where bacteria may attach to them and settle into surgical sites
- ◆ Promoting professional appearance
- ◆ Able to withstand rigorous laundering necessary to maintain a high level of cleanliness

58

## Pathogens can live from hours to months

- ◆ Gram-positive
  - ◆ MRSA survived 20 days on cotton; 40 days on polyester (1)
  - ◆ VRE survived more than 80 days on both cotton and polyester (1)
- ◆ Viruses
  - ◆ Influenza A and B survived 12 hours on cloth, paper and tissue (2)



(1) Deeley et al 2001  
(2) Baker et al 2001

59

## Changing to street clothes (Moderate Evidence)



60

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## Cover apparel (Moderate Evidence)

- ◆ Should be clean/single use
- ◆ Evidence does not support wearing of cover apparel to protect scrub attire from contamination
- ◆ Evidence that cover apparel can be contaminated with large numbers of pathogens (AORN ref 30-34)
- ◆ Current laundering practices are questionable



61

## Cover apparel (Moderate Evidence)

- ◆ Lab coats worn by 100 physicians
- ◆ *S. aureus* isolated from 25
- ◆ Cuffs and pockets of coats most contaminated (AORN ref 36)
- ◆ Other study (AORN ref 32) showed Staph and Acinetobacter
- ◆ Laundering practices poor (AORN ref 31)



62



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## Scrub attire may be made of antimicrobial fabric (Moderate Evidence)

- Emerging evidence that fabric with antimicrobials incorporated into yarns during processing or during finishing to prevent pathogens from adhering to the fabric
- Incorporating this technology into the material used for scrub attire may help to protect the patient from the risk of SSIs

AORN ref 13-19

AORN ref 13-19

63



YOUR SOURCE FOR PERIOPERATIVE NEWS

### RP First Look: New recommended practices for surgical attire

Leah Turner

**T**he updated "Recommended practices for surgical attire," which will be electronically released Nov. 15, provide guidance for surgical attire, including scrub attire, shoes, jewelry, head coverings, and masks worn in semi-restricted and restricted areas of the perioperative setting. In addition, the recommended practices (RP) document provide guidance for personal items (e.g., cellphones, bag packs, bottles, oil phones) brought into the perioperative setting. Although research related to surgical attire is limited and no randomized controlled trials or systematic reviews show a direct causal relationship between surgical attire and surgical site infections (SSIs), increased numbers of microorganisms in the perioperative setting increase the patient's risk of SSI. Thus, health care workers should make efforts to reduce the patient's exposure to microorganisms by following the RP for surgical attire.

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 The RP states that clean surgical attire should be worn in semi-restricted and restricted areas of the perioperative setting. "Wearing clean surgical attire may reduce microorganisms present in the perioperative environment, and as a result, may reduce the patient's risk of developing an SSI and the potential for health care workers to transport microorganisms between the health care facility and the home or community. The RP states that fabrics used for scrub attire should be "lightly woven, low linting, stain resistant, and durable" and that scrub attire may be made of antimicrobial fabric. The RP cites emerging evidence on the use of antimicrobial fabric in scrub attire.

**Surgical masks** should cover the mouth and nose and be secured if worn for greater than 15 minutes at the side of the mask. Registered for Antimicrobial Standards and Recommended Practices (Copyright © 2014, AORN, Inc.)

of fabrics with antimicrobials incorporated into yarns during processing or finishing to prevent bacteria and fungi from adhering to the fabric, and states that incorporating this technology into scrub attire may help protect patients from SSIs.<sup>1</sup>

According to evidence cited in the RP, health care providers' skin provides the primary source of bacteria dispersed into the air in the OR or procedure room. Thus, the RP recommends health care providers don clean scrub attire daily in a designated changing area before entering semi-restricted or restricted areas from outside. The RP also states that all nonscrubbed personnel should completely cover their arms with a long-sleeved scrub top or jacket when in restricted areas to help contain the shedding of skin.

SURGICAL ATTIRE RP Content © 2014  
 November 2014 | Vol 100 No 5 • AORN Connections | C1

“...scrub attire may be made of antimicrobial fabric... incorporating this technology into scrub attire may help protect patients from SSIs.”

Standards including textile technologies being considered by **OSHA** and **ASTM**

64



## Textile Technologies

- ◆ Fluid Barrier: Repellent / Resistant
- ◆ Particle Barrier: Weave, Fabric Type
- ◆ Microbial Barrier: Antimicrobial / Antibacterial
  - ◆ Metal Ions; e.g. silver, copper
  - ◆ Quats
- ◆ Post Market: Sprays, Treatments

65

Can we make policies for whole  
healthcare facility based on what  
we know from the OR?

66

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When collaborating on  
best path forward,  
remember to consider...



### Industrial Hygiene: Hierarchy of Controls



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## Critical Reflections



## Healthcare is Unprepared

- ◆ No nationalized surveillance system in place, therefore EPINet may serve as only benchmark
- ◆ When skin exposures occur, PPE is being worn in small % of incidents
- ◆ Rich body of literature related to environmental contamination of surfaces
- ◆ Small, yet growing literature on impact of patient outbreaks and occupational illness
- ◆ Standards specific to uniform type already exist in OR
- ◆ Textile technologies may offer additional degree of protection for unexpected exposures

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**Recommendations**

- Since environmental surfaces play a role in transmission of microbes, include it as a focus area along with hand hygiene and other infection prevention initiatives
- Do not ignore soft surfaces, uniforms, bedding
- Improve State-Wide Surveillance of Worker Incidence & Patient Outbreaks Related to Contaminated Textiles
- Improve PPE and Barrier Garment Access, Use, and Compliance
- Consider Textile Technologies to Bridge the Gap
- Take Models from other Departments or Countries
- Stay informed, Read the Literature

**Decreasing Incidence = Worker + Patient Safety**

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THANK YOU!



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