

Emerging Infectious Disease in Southeast Asia

Prof. Paul Ananth Tambyah, National University of Singapore

Broadcast from the 2010 conference of the Australian Infection Control Association (www.aica.org.au)

MRI reviewed




Figure 1 Axial T₂-weighted fluid-attenuated inversion-recovery magnetic resonance imaging brain scan showing multiple cortical and subcortical hyperintense lesions typical of Nipah encephalitis.

Neuroradiology

Nipah Virus Encephalitis: Serial MR Study of an Emerging Disease¹

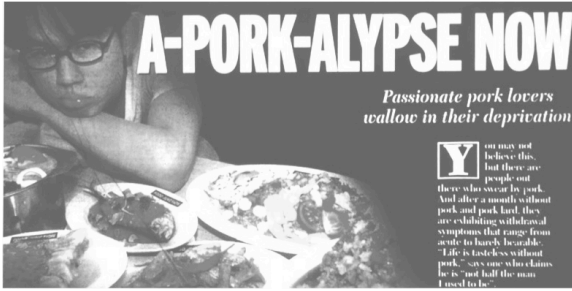
C. C. Tchoyoson Lim, MBBS
Kim Lee, MBBS
Wei Ling Lee, MBBS
Paul A. Tambyah, MBBS
Cheng Chuan Lee, MBBS
Yih Yan Sioh, MBBS
Alexander P. Huchon, MD

PURPOSE: To report the serial magnetic resonance (MR) imaging findings of the Nipah virus.

MATERIALS AND METHODS: Twelve patients underwent serial MR imaging. Eight patients were examined at the outbreak (T1), at 1 month, and seven, at 6 months. Contrast material-enhanced MR images, diffusion-weighted images, and single-voxel proton MR spectroscopic images were reviewed. Clinical and neurologic assessment, as well as analysis of the size, location, and appearance of brain lesions on MR images, were performed.

RESULTS: During the outbreak, all eight patients had multiple small foci of high signal intensity within the white matter on T2-weighted images. In six patients, cortical and brain stem lesions were also detected, and five patients had diffusion-weighted MR imaging-depicted hyperintensities. One month after the outbreak, five patients had widespread foci of high signal intensity on T1-weighted images, particularly in the cerebral cortex. Diffusion-weighted images showed decreased prominence or disappearance of lesions over time. There was no evidence of progression or relapse of the lesions at 6-month follow-up. MR spectroscopy depicted reduction in N-acetylaspartate-to-creatine ratio and elevation of choline-to-creatine ratios.

CONCLUSION: The Nipah virus has findings unlike other viral encephalitides: small lesions that are primarily within the white matter, with transient punctate cortical hyperintensities on T1-weighted images.



A-PORK-ALYPSE NOW

Passionate pork lovers wallow in their deprivation

You may not believe this, but there are people out there who swear by pork. And after a month without pork and pork land, they are exhibiting withdrawal symptoms that range from acute to barely bearable. "Life is endless without pork," says one who claims he is "not half the man I used to be."

Figure 1 Flying foxes, their distribution and the locations of disease outbreaks caused by Hendra virus and Nipah virus. a) *Pteropus* poliocephalus is an Australian flying fox and member of the family Pteropodidae, one of 18 bat families in the order Chiroptera. There are four *Pteropus* species in Australia. b) Sixty-five *Pteropus* species are distributed from Madagascar through the Indian subcontinent to south-eastern Asia and Australia and as far east as the Cook Islands. Some *Pteropus* species are among the largest of all bats, weighing as much as 1.2 kg and displaying a wing span of up to 1.7 m. *Pteropus* species are unique because they lack the complex neocortical behavioural mechanisms required for echolocation that characterise the vast majority of bat species. Instead, they have large eyes and they navigate visually, feeding mainly on fruit and flowers, which they locate by smell. The sites of disease outbreaks caused by henipaviruses are indicated. Map modified with permission from REF. 4 © (2002) University of New South Wales Press.



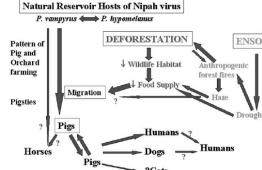
Pteropus spp.

Eaton et al Nat Rev Micro 2006;4:23-35

Don't mess with Nature

K.B. Chua | Journal of Clinical Virology 26 (2003) 265-275


The Web of Nipah Virus Emergence



The diagram illustrates the 'Web of Nipah Virus Emergence'. It starts with 'Natural Reservoir Hosts of Nipah virus' (P. roulei and P. hypomelanus). Factors like 'DEFORESTATION' and 'ENSO' lead to '↓ Wildlife Habitat' and 'Anthropogenic forest fires', which cause 'Migration' and 'Food Supply' changes. 'Pigs' are shown as a central node, with arrows indicating transmission from 'Pigs' to 'Humans', 'Dogs', and 'Cats'. 'Horses' are also shown as a node. The diagram shows how environmental changes and human activities facilitate the spread of the virus from its natural hosts to domestic animals and humans.

Fig. 2. A flow chart representing the proposed sequence of events leading to the spillover of Nipah from its reservoir hosts (*P. roulei* and *P. hypomelanus*) into the swine population and subsequent transmission to other animal hosts including humans.

K.B. Chua | Journal of Clinical Virology 26 (2003) 265-275




The map shows the following outbreak locations and dates:

- September 1998: Kota Bharu, George Town, Kuala Terengganu
- 27 May 1999: Ipoh
- February 1999: Kuantan, Kelang
- March 1999: Melaka, Laru

Ending the Outbreak

- >1.5 million pigs killed
- Industry devastated
- Pork ban in SG continues (!)



Scientific American 1999

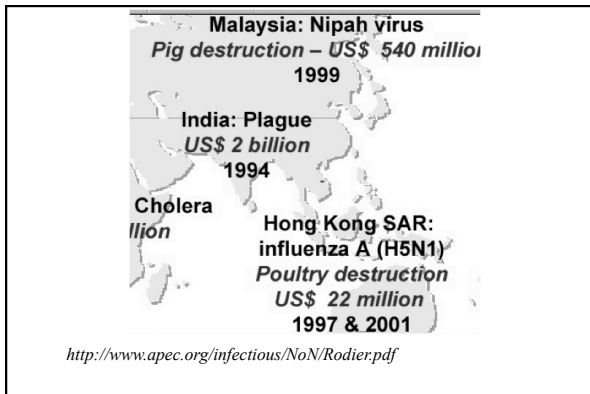
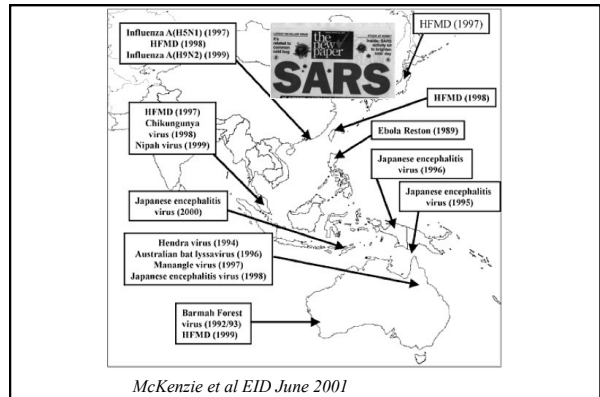
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What is an Emerging Infectious Disease?

- "new, re-emerging or drug-resistant infections whose incidence in humans has increased within the past two decades or whose incidence threatens to increase in the near future."
 - Lederberg et al Institute of Medicine 1992



Targetted surveillance?

- Early warning
- Most vulnerable
- Most controlled environment

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From: Paul Ananth Tambyah [mailto:mdcpat@nus.edu.sg]
Sent: Thursday, February 22, 2007 6:42 PM
To: Chia Song (Rn) (N.H.)
CC: Goh Khean Teik (N.H.); Dale Fisher; Lim Tow Keang; Benjamin K C Ong (Medicine); Raymond_LIN@nus.edu.sg;
Tom_Nae_NG@nus.edu.sg
Subject: Re: EIU Update For 21-Feb, 2007, Wednesday.

Hi CEO

I have spoken with Raymond (who was in Frankfurt!) and the reg who saw the patient (Rahul). The case was very unusual and Raymond is going to try to get some specimens from our lab to see if diagnostic tests can be run. He is also going to speak with someone at MOH to ensure that appropriate specimens are sent from CMF.

Khean Teik, can you help chase up the prelim PM report? I think that MOH will be interested

Paul Ananth

At 10:24 AM 22/02/2007, Song_Khim_CHUUA@nus.edu.sg wrote:

Paul

please keep CMD and I updated on this case. ty

Paul Ananth Tambyah mdcpat@nus.edu.sg

22.02.07 07:10 AM

Subject: Re: Common Case (Fever of unknown origin)
CC: Ai Lian NG <NG_Ai_Lian@moh.gov.sg>; CONTACT_TRACING@muh.com.sg; Gamini_KUMARASINGHE@muh.com.sg; Khean_Teik_GOH@muh.com.sg; mdcfda@nus.edu.sg; Raymond_LIN@muh.com.sg; Toon_Mae_NG@muh.com.sg; Tun_YE <YE_Tun@moh.gov.sg>

Thanks [redacted]

At 09:25 AM 23/02/2007, [redacted] wrote:
 Good Morning Prof

I've checked with HSA, Forensic medicine

Autopsy was done on 18 Feb 2007 by Pathologist Dr [redacted]. His contact no. is 63130638, I was not able to get hold of him the whole of yesterday, will try again.

SGH virology had received the following autopsy samples:
 Lung tissues and broncho swab were sent to SGH for respiratory viruses culture and IF
 Brain and CSF were sent for neurotropic virus CFT
 Heart tissue was sent for enterovirus culture and isolation
 There was no dengue PCR or serology requested by NUH or HSA

Cause of death is pending the above results
 Body was released with Cardio-pulmonary failure as cause of demise.

Will check whether patient had returned work after her Hong Kong trip

Denoument

To: mdcpat@nus.edu.sg
 Cc: Raymond LIN <Raymond_LIN@moh.gov.sg>
 Subject: Fw: Sudden death with USRT

From: [redacted]


Date: Sat, 24 Feb 2007 21:18:59 +0800
 X-MIMETrack: Serialize by Router on SEIUBM003/GOV/H/SINEXTRA/Release/6.55FP1HF50 [Jun29, 2006] at 02/24/2007 21:18:58,Serialize complete at 02/24/2007 21:18:58
 X-MS-Exchange-Organization: 2106
 X-MS-Exchange-Organization: Passed
 X-MS-Exchange-Organization: MED L E: SM 3
 X-MS-Exchange-Organization: Result: TT: 1 TS: -14.9524 TC: 1F: 1RN: 60 TV: 3.6.1039(15016:001)
 X-MS-Exchange-Organization: Clean: 99.9000 C: 2 M: 3 S: 5 R: 5
 X-MS-Exchange-Organization: BaseLine: 3 C: 1 M: 1 S: 1 R: 1 (0:5000 D: 5000)
 X-OriginalArrivalTime: 24 Feb 2007 13:18:59.0790 (UTC) FILETIME:[5855EEED.01C75816]

Dear Paul

Not sure whether you know this already...
 Patient's resp IF was positive for Flu A
 Was any testing for flu done at NUH?

Thanks

[redacted]



ELSEVIER

Burns 28 (2002) 348-357

BURNS

www.elsevier.com/locate/burns

Multi-resistant *Acinetobacter baumannii* on a burns unit—clinical risk factors and prognosis

Ting Hway Wong, Ban Hock Tan*, Moi Lin Ling, Colin Song
 Department of Plastic Surgery, General Medicine and Infectious Diseases and Pathology, Singapore General Hospital, Outram Road, Singapore 16006, Singapore

Accepted 27 November 2001

Abstract

Burns patients are highly susceptible to infection, and preventing and treating infection are integral to the successful management of severe burns.

Multi-resistant *Acinetobacter baumannii* (MR-AB) strains are becoming increasingly important in nosocomial infections. We conducted a retrospective study of all adult admissions to the Singapore General Hospital (SGH) National Burns Center over an 18-month period.

The only independent risk factors for the acquisition of MR-AB were the APACHE II score on admission and the number of intravascular lines placed. The only independent predictor of infection with MR-AB was the number of operations required and infection with MR-AB. The only independent predictor of longer length of stay were the total number of operations required and infection with MR-AB. The only independent predictor of mortality was the APACHE II score. This is in contrast to other studies that have suggested that the acquisition of MR-AB is an independent risk factor for mortality. © 2002 Elsevier Science Ltd. and ISBI. All rights reserved.

Keywords: *Acinetobacter baumannii*; Burns; Multi-resistant; Risk factors

Responding to Emerging Infections: March 14 2003 Straits Times



Health authorities are trying to find out whether the outbreak in Hongkong and the latest cases are of the same strain. The flu-like illness developed into pneumonia before the women died.


IN SINGAPORE

Three women ill after HK trips

Three women who visited Hongkong late last month have come down with pneumonia since returning here, the Ministry of Health said today. The women, who are in hospital, have not been identified.

The Ministry of Health said it has received reports from Singapore General Hospital and the Singapore General Hospital and the Singapore General Hospital and the Singapore General Hospital.

Very early in the outbreak, the MOH stopped briefing doctors and started using the mass media extensively



LATEST ON KILLER VIRUS

It's related to common cold bug

the new paper

STUCK AT HOME? Inside: SARS activity kit to brighten kids' day

SARS

IS S'PORE HANDLING OUTBREAK WELL?

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Everyone had to follow the rules

Even if we disagreed with them!

Important decisions needed to be made in response to the outbreak: A major hospital was closed



5th person to die was in both TTSH and NUH

Patients still were sick

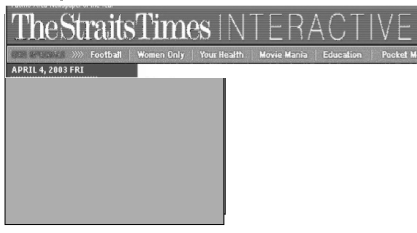
The fifth person to die from severe acute respiratory syndrome (Sars) was probably infected when she was a patient at Tan Tock Seng Hospital (TTSH) from March 20 to 24.

Madam [redacted] was there for an inflamed stomach lining, caused by steroids, and doctors believe she may have caught the virus from one of the nurses who was looking after her.

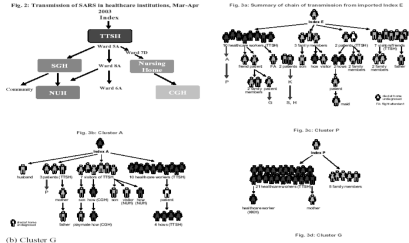
The day after being discharged, she fell ill again. This time, the problem was chest pains. But, by then, TTSH had been designated the Sars treatment hospital and was no longer accepting other patients.

So Madam Seah went to the National University Hospital (NUH) on March 25 and was discharged two days later.

On Monday, she fell ill again. This time, the problem was a lung disease. She was again warded at NUH.



Ultimately, the outbreak spread to almost all the hospitals




Heng BH, Lim SW. Epi News Bulletin 2003;29:42-7

Most people with SARS in Singapore were infected in hospital

Table 3 Distribution of probable SARS cases by phase of infection		Table 4 Distribution of probable SARS cases by various population groups	
No.	%	No.	%
Hospital/long term	155 75.2	Healthcare worker	84 40.8
Household	32 15.5	Family member	49 23.8
Outdoor (impromptu)	7 3.4	Imprisoned	25 12.2
Community	4 1.9	Visitor to hospital	19 9.2
Market	3 1.5	Friend/academic contact	14 6.8
Taxi	2 1.0	Impounded	7 3.4
Assault	1 0.5	Close contact in market	3 1.3
Undefined	2 1.0	Taxi driver	2 1.0
All cases	206 100	Flight attendant	1 0.5
		Undefined	2 1.0
		All groups	206 100

Heng BH, Lim SW. Epi News Bulletin 2003;29:42-7

We worked with WHO and CDC to analyse the data quickly

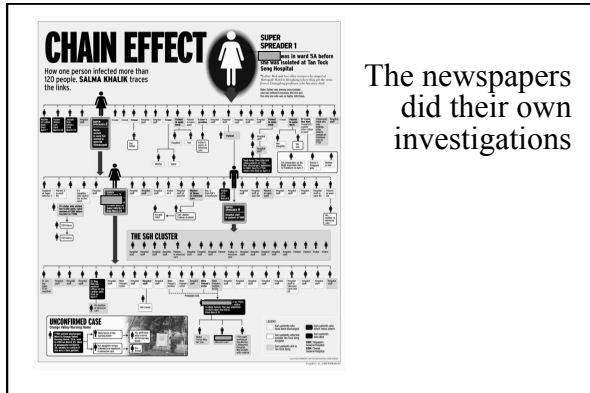


Severe Acute Respiratory Syndrome — Singapore, 2003

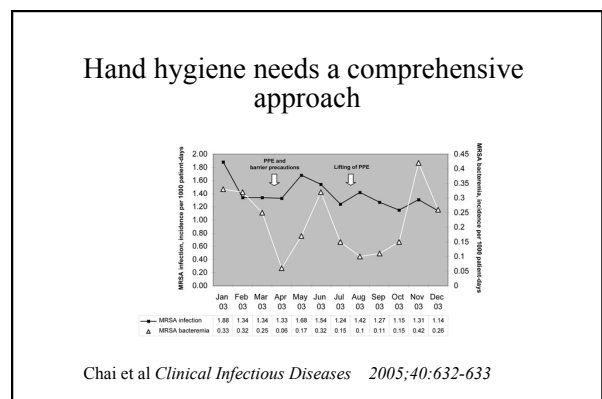
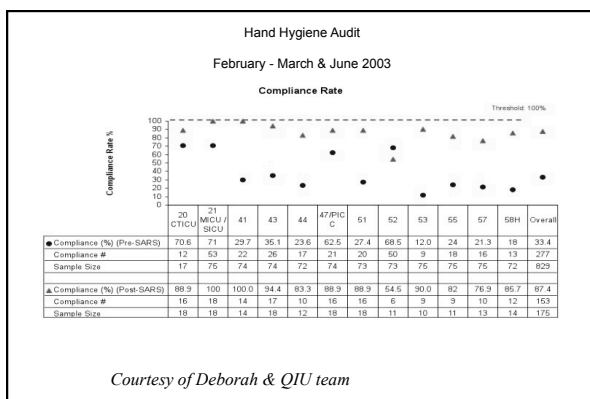
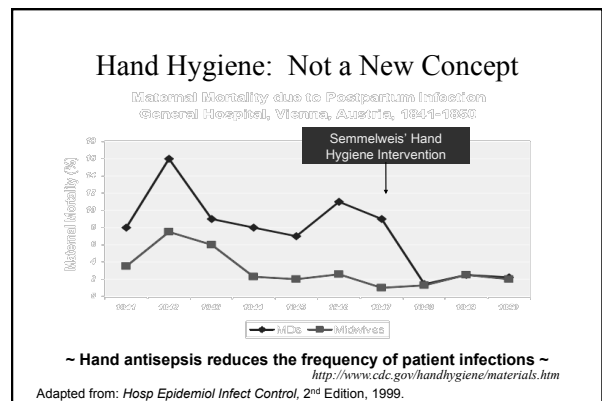
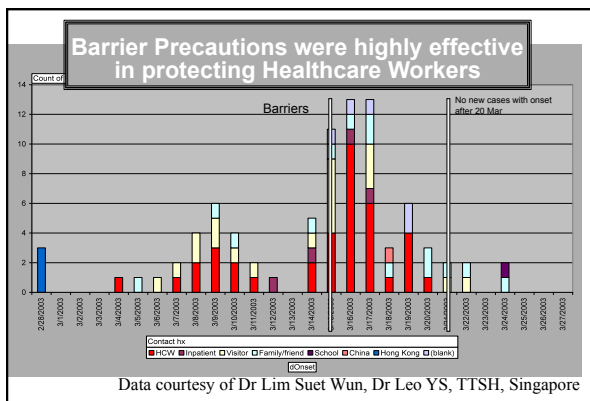
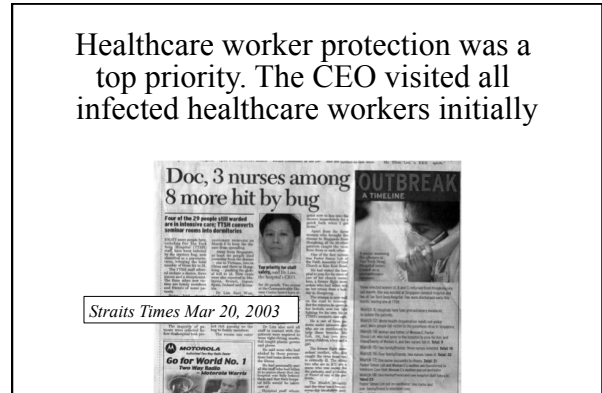
The Singapore Ministry of Health (MOH), with assistance from the World Health Organization (WHO), has been investigating an outbreak of severe acute respiratory syndrome (SARS). This is a novel condition caused by the SARS-associated coronavirus (SARS-CoV) and is characterized by both an atypical pneumonia and efficient nosocomial transmission. This report summarizes epidemiologic features of this outbreak in Singapore, including the influence of community-acquired pneumonia, unexplained respiratory deaths, and individual cases with no contact but that are clinically suspicious for SARS. An independent, hospital-based surveillance system is being established for community-acquired pneumonia, but the threshold to monitor and investigate any unexplained febrile illness or pneumonia with laboratory testing for SARS-CoV and other etiologies is not established. Source and contact tracing is conducted for

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The newspapers did their own investigations



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Efficacy of Soap and Water and Alcohol-Based Hand-Rub Preparations against Live H1N1 Influenza Virus on the Hands of Human Volunteers

M. Lindsay Grayson,^{1,2} Sharmila Melvani,¹ Julian Druce,¹ Ian G. Barr,³ Susan A. Ballard,⁴ Paul D. R. Johnson,^{1,5,6} Tereza Mastrandrea,⁷ and Christopher Ellis⁸

¹Infectious Disease Department, Austin Health, ²Department of Epidemiology and Preventive Medicine, Monash University, ³Department of Medicine, University of Melbourne, and ⁴Victorian Infectious Diseases Reference Laboratory, Melbourne Health, and ⁵World Health Organization Collaborating Centre for Influenza, Melbourne

Table 2. Assessment by PCR and culture, of the efficacy of various hand hygiene (HH) protocols against live H1N1 influenza virus on the hands of 16 human volunteers who were culture-positive at baseline.

HH product	Reactive RT-PCR,* mean Ct value (SD range)		Culture TCC ₅₀ 1 mL level, mean (SD range)	
	Soap	Glove usage	Soap	Glove usage
Control	24.0 (3.4 [†] 19.8-32.2)	24.3 (3.8 [†] 18.6-32.4)	3325 (0-32,000)	1041 (1,107 [†] 0-5000)
SV	37.6 (3.2 [†] 30.9-40.1)	39.4 (1.4 [†] 37.0-40.1)	0 (0-0)	0 (0-0)
ETOH only	38.8 (2.6 [†] 36.4-40.1)	33.3 (2.3 [†] 30.1-36.3)	0 (0-0)	0 (0-0)
ISOP-CHX	35.7 (2.2 [†] 32.8-40.1)	33.5 (2.5 [†] 30.5-39.8)	0 (0-0)	0 (0-0)
ETOH-CHX	34.4 (2.9 [†] 29.3-38.2)	33.3 (3.0 [†] 29.9-38.6)	0 (0-0)	0 (0-0)

NOTE. Control, no product used; SV, 30% bleach; ETOH-CHX, ethanol 70% plus 0.5% chlorhexidine solution; ETOH only, ethanol 61.5% qpt; glove usage, right hand glove usage; ISOP-CHX, isopropyl 70% plus 0.5% chlorhexidine solution; right palm, SV, soap and water.

* Ct values increase with decreasing quantity of detectable virus copies per microliter. Baseline left-hand thumb control RT-PCR results mean (SD) were similar for the assessment using no product and all HH protocols assessed: no product control, 23.2 (3.5, range, 18.3-31.0), SV, 21.9 (2.2, range, 18.4-27.1), ETOH only, 23.3 (2.4, range, 19.8-30.3), ISOP-CHX, 24.8 (3.3, range, 20.3-30.7), ETOH-CHX, 24.4 (2.5, range, 20.3-31.1).

[†] Significant change in Ct values for each HH product compared with no product control, P < .001.

[‡] Significant difference between SV and other HH products, P < .05. ETOH-CHX, P = .01; ISOP-CHX, P = .08.

[§] Significant difference between SV and other HH protocols, P < .001 for all.

^{||} Significant difference between no product control and each other product: palm, P < .002; glove usage, P < .002; no volunteer impact rate test.

Clinical Infectious Diseases 2009; 48:295-91

Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings 2007

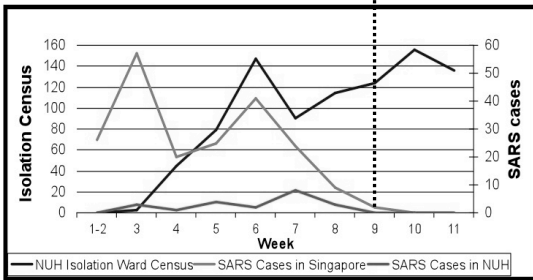
Jane D. Siegel, MD; Emily Rhinehart, RN MPH CIC; Marquerite Jackson, PhD; Linda Chiarello, RN MS; the Healthcare Infection Control Practices Advisory Committee

Acknowledgement: The authors and HICPAC gratefully acknowledge Dr. Larry Strausbaugh for his many contributions and valued guidance in the preparation of this guideline.

Suggested citation: Siegel JD, Rhinehart E, Jackson M, Chiarello L, and the Healthcare Infection Control Practices Advisory Committee. 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings. June 2007. <http://www.cdc.gov/ncidod/dhqp/pdf/guidelines/Isolation2007.pdf>

<http://www.cdc.gov/ncidod/dhqp/pdf/guidelines/Isolation2007.pdf>

Isolation ward utilisation



Facilities needed to be created



A liberal isolation policy:

	Confirmed SARS	Non SARS	Total
No of Cases Admitted to Isolation Wards	13	465	478
No of Cases Admitted to General Wards	1	3949	3950
Total	14	4414	4428

Chai et al ICEID 2004

Efficacy of NUH Isolation Criteria

Test	Value (95% CI)
Sensitivity	92.9% (64.3 - 99.6)
Specificity	89.5% (89.4 - 89.5)
Positive Predictive Value	0.027
Number Needed to Isolate	37
Positive Likelihood Ratio	8.1 (7.445 - 10.435)
Negative Likelihood Ratio	0.080 (0.012 - 0.528)

Chai et al ICEID 2004



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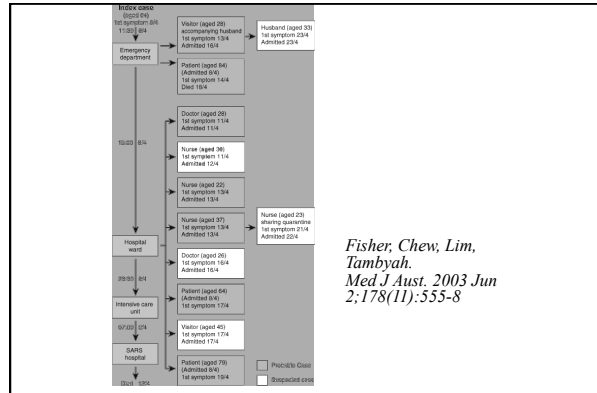
A “super spreader”

- 63 year old veg seller
- Breathless, afebrile
- Admitted as “heart failure”

1: Chest x-ray performed on 8 April at 12:06 showing non-specific bibasal infiltrates
2: Chest x-ray performed on 9 April at 02:34 showing extensive progression

Fisher, Chew, Lim, Tambyah. Med J Aust. 2003 Jun 2;178(11):555-8



Fisher, Chew, Lim, Tambyah. Med J Aust. 2003 Jun 2;178(11):555-8



Home quarantine for 2,400

Drastic measure is to stop Sars spreading from wholesale market

New case traced to NUH visit

A NEW case was traced to a visit to the National University Hospital (NUH) by a 28-year-old man who had been in contact with a patient in the hospital's intensive care unit. The man, who is a 28-year-old vegetable seller, had visited the hospital on April 8 to see a friend who was admitted to the intensive care unit. The man was traced to the hospital by the National Health Department (NHD) on April 11. The man was then placed under home quarantine for 14 days. The NHD is currently tracing other contacts of the man who were also in the intensive care unit on April 8. The man was the only case of SARS traced to the hospital since the outbreak began in Singapore on April 20. The man was the only case of SARS traced to the hospital since the outbreak began in Singapore on April 20.



Home quarantine orders

No more leniency: Tough penalties await those who break the rules

DO THE RIGHT THING

DO NOT TRY TO LEAVE THE COUNTRY

CALL-FORWARDING TICKETS ARE OUT

PICK UP THAT PHONE

SHAMING IN PUBLIC

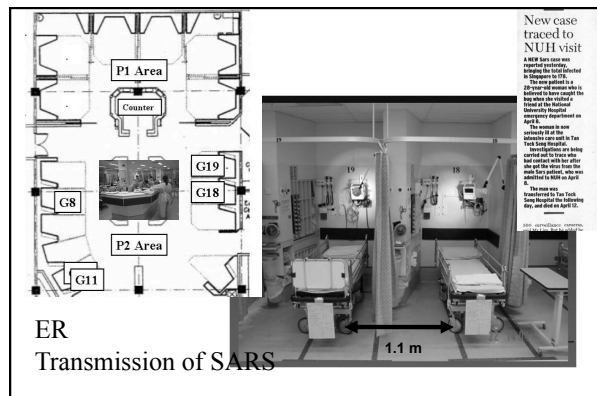
These under home quarantine will be under watchful eyes to ensure they stay at home. (Left) The doctor who traced the new case of SARS to the hospital.

Table 2. Factors Shown to Be Important in the Transmission of Common Respiratory Agents.

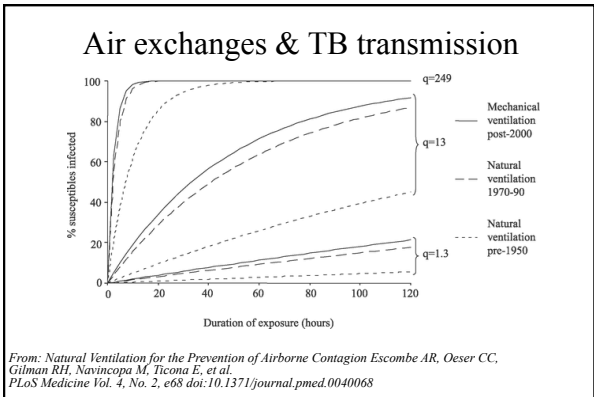
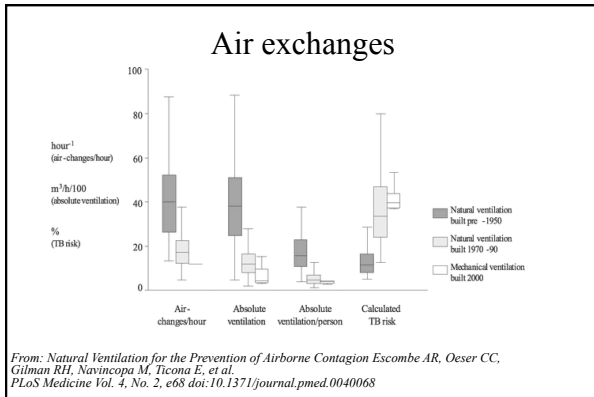
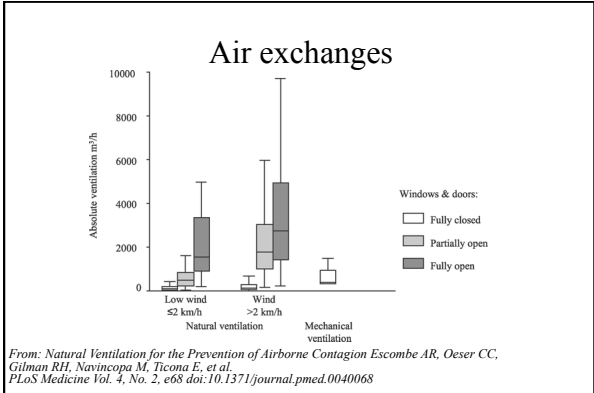
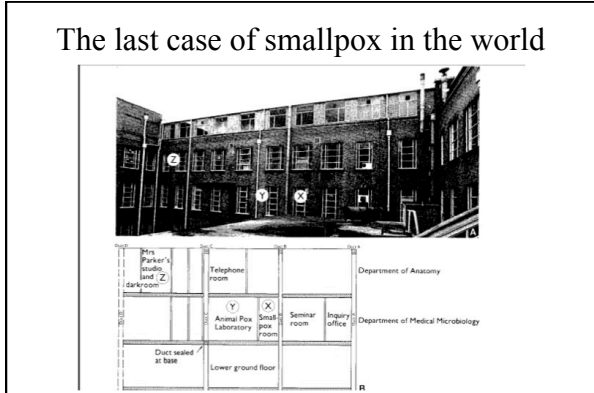
Agent	Direct Contact	Large- or Medium-Droplet Aerosol	Tiny Droplet Aerosol (Droplet Nuclei)
Bacteria			
<i>Neisseria meningitidis</i>	Yes	Yes	No
<i>Streptococcus pyogenes</i>	Yes	Yes	No
<i>Streptococcus pneumoniae</i>	Yes	Yes	No
<i>Mycobacterium tuberculosis</i>	No	No	Yes
Viruses			
Influenzavirus	Yes	Yes	Yes
Adenovirus	Yes	Yes*	Yes*
Respiratory syncytial virus	Yes†	Yes	No
Rhinovirus	Yes‡	Yes	No

* Inhaling large or medium-size droplets that are trapped in the nose may cause upper respiratory tract infection, whereas inhaling tiny droplets (droplet nuclei) causes pneumonia.
† This virus may also be transmitted by inanimate vectors.

NEJM 2003;348:1256-1266



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So... is Influenza Airborne?
Results of observational studies

Author	Number	Setting	Population	Case identification	
				Diagnostic criteria	Number (%) laboratory tested
Blumenfeld et al*	62	Hospital	Medical patients and staff	Viral isolation, serology	55 (89%)
McLean*	1116	Hospital housing health-care workers	Medical patients and staff	Clinical, serology	1116 (100%)
Moser et al*	53	Aircraft	Healthy adults	Clinical, viral isolation, serology	Unclear
Klontz et al*	110	Naval base aircraft	Healthy adults	Clinical, viral isolation, serology	105 (95%)
Morone and Cook*	39	EDF	Elderly residents	Clinical, viral isolation, serology	37 (95%)
Donkai et al*	690	LTCF	Elderly residents	Viral isolation	241 (35%)
Munoz et al*	15	NICU	Critical care neonates	Clinical, viral isolation, antigen detection	4 (27%)
Comery et al*	54	NICU	Critical care neonates	Clinical, antigen detection	54 (100%)
Amofia et al*	59	Correctional facility	Healthy adults	Clinical, viral isolation, antigen detection	21 (36%)

LTCF=Long term care facility; NICU=neonatal intensive care unit.
 Table 5. Summary of influenza epidemiological studies.

Brankston et al Lancet Infectious Disease 2007;7:257-65

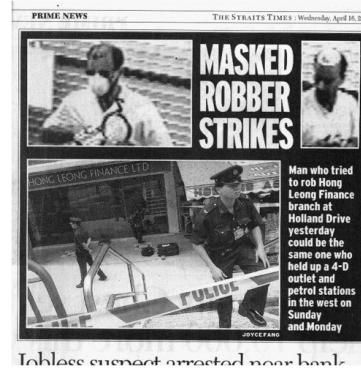


Emerging Infectious Disease in Southeast Asia

Prof. Paul Ananth Tambyah, National University of Singapore

Broadcast from the 2010 conference of the Australian Infection Control Association (www.aica.org.au)

PAPRs are available



N95 masks: Problems

Headaches and the N95 face-mask amongst healthcare providers

Table 2 Comparison of demographic variables, duration of N95 face-mask use and pre-existing headache amongst healthcare workers with and without headaches following the use of the N95 face-mask

Demographic variables	With headache, n = 79 (%)	Without headache, n = 122 (%)	P-value ¹	Odds ratio (95% confidence interval)
Gender				
Male	14 (17.7)	33 (25.0)	0.249	0.568 (0.216-1.498)
Female	65 (82.3)	89 (75.0)	0.153	1.0
Age (years) (mean ± SD)	30 ± 4.5	32 ± 4.8	0.908	0.920 (0.820-1.031)
Ethnicity				
Chinese	44 (55.7)	79 (64.8)	0.010	1.0
Malay	9 (11.4)	17 (13.9)	0.877	0.313 (0.200-0.501)
Indian	9 (11.4)	13 (10.6)	1.204	0.403 (0.310-0.529)
Other	9 (11.4)	14 (11.4)	1.427	0.405 (0.276-0.612)
Occupation				
Physio	13 (16.5)	17 (13.9)	1.705	0.438 (0.257-0.752)
Other	65 (83.5)	105 (86.1)	1.065	0.318 (0.242-0.412)
Occupation				
Direct	21 (26.6)	35 (28.5)	0.394	1.055 (0.722-1.492)
Nurse	52 (66.4)	87 (71.5)	1.0	1.568 (0.86-2.898)
Paramedical personnel	1 (1.3)	1 (0.8)	0.955	1.65 (0.28-9.48)
Duration of N95 use (median) (h)	4.0	4.0	0.955	1.0
Pre-existing headaches	27 (34.2)	28 (22.9)	0.041**	1.97 (1.03-3.77)

¹Multiple logistic regression (statistically significant if P < 0.05).
*Statistically significant.

What types of masks are available

There is a variety of mask/respirators that could be used during a pandemic depending on the circumstances. They are:

- Surgical masks—reduces chances of inhaling virus that is in respiratory droplets. This protection is most useful in lower risk situations, particularly when the infected patient is able to wear a mask.
- P2 masks (P2 respiratory)—reduces chances of inhaling virus that is in the form of fine respirators particles. This is only recommended for use when undertaking medical procedures that lead to the generation of aerosols, or if the patient is infectious and cannot wear a surgical mask. They are used in high-risk situations where the patient is known to be infectious and distancing is not possible.
- Powered Air Purifying Respirators (PAPR)—may also be used when aerosol-generating procedures are undertaken. Note PAPRs are specialized devices that will be in short supply.
- Other masks. Advice will be provided at the time regarding appropriate alternatives (either homemade or commercially available).

Testing is required so that P2 masks fit properly. A P2 mask fit testing and checking program is needed in hospitals and general practice. Ongoing training (via mask fitting accreditation) will ensure knowledge can be built and sustained. Further details around fit testing will be provided in the Clinical and Infection Control Annex.

PPE needs to be used in combination with other control measures

- regular hand cleaning with either soap or alcohol based hand rub, especially after removal of PPE

<http://www.flupandemic.gov.au/internet/panfu/publishing.nsf/Content/ahmppt-ahmppt-appendix>

Surgical Mask vs N95 Respirator for Preventing Influenza Among Health Care Workers: A Randomized Trial

Mark Leach, MD, MSc, Nancy Hadlee, RN, James Mulrow, PhD, Michael Johns, MD, Alicia Sarabia, MD, Veron Clarke, MD, Richard Walker, PhD, Mark Sanjour, MD, David J. Li, FRC, PhD, Nelson Cheng, RN, Ashley Webb, RN, Stephen D. Walter, PhD

Context: Data about the effectiveness of respirator for protecting health care workers from influenza are limited. We compared the effectiveness of surgical masks and N95 respirators in preventing influenza among health care workers.

Objective: To compare the surgical mask and N95 respirator in preventing influenza among health care workers.

Design, Setting, and Participants: 446 nurses in university departments, 1 care Ontario hospitals.

Intervention: Assignment to either a surgical mask or N95 respirator.

Main Outcome Measures: The primary outcome was influenza-like illness (ILI) measured by polymerase chain reaction (PCR) in the nasal mucus. Secondary outcomes included influenza-like illness (ILI) measured by PCR in the nasal mucus, influenza-like illness (ILI) measured by PCR in the nasal mucus, and influenza-like illness (ILI) measured by PCR in the nasal mucus.

Results: Between September 23, 2008, and February 28, 2009, 446 nurses were enrolled and randomly assigned to either a surgical mask or N95 respirator. The primary outcome was influenza-like illness (ILI) measured by PCR in the nasal mucus. The N95 respirator group had a significantly lower rate of influenza-like illness (ILI) compared with the surgical mask group (22.9% vs 32.9%, P = .002).

Conclusion: Among nurses in Ontario tertiary care hospitals, use of a surgical mask compared with an N95 respirator resulted in noninferior rates of laboratory-confirmed influenza.

Trial Registration: clinicaltrials.gov Identifier: NCT00756574

Table 2. Comparison of Laboratory-Confirmed Influenza Between the Surgical Mask and N95 Respirator Groups

	No. (%)	P
Laboratory-confirmed influenza ^a	62 (27.8)	.002
ILI ^b (surgical mask)	41 (18.6)	
ILI ^b (N95 respirator)	21 (9.3)	
ILI ^c (surgical mask)	30 (13.5)	
ILI ^c (N95 respirator)	15 (6.7)	
ILI ^d (surgical mask)	32 (14.4)	
ILI ^d (N95 respirator)	16 (7.2)	
ILI ^e (surgical mask)	30 (13.5)	
ILI ^e (N95 respirator)	15 (6.7)	
ILI ^f (surgical mask)	32 (14.4)	
ILI ^f (N95 respirator)	16 (7.2)	

SHEA **IDSA** **APIC**

November 5, 2009

President Barack Obama
The White House
1600 Pennsylvania Avenue, NW
Washington, D.C. 20500

Dear President Obama:

Thank you in advance for your careful consideration and expeditious implementation of these recommendations. Our leaders stand ready to continue to work with you in responding to the 2009 H1N1 pandemic. Should you have any questions, please contact Jennifer Bright, SHEA's executive director at 703-684-1107, Robert Goulas, IDSA's vice president for public policy and the Healthcare Epidemiology of America (SHEA) Infectious Disease Society of America (APIC) experts' significant concern with the federal guidance developed by your Administration cooperation with the federal guidance and recently issued by the Centers for Disease Control and Prevention (CDC), and Occupational Safety and Health Administration (OSHA) require concerning the use of personal protective equipment (PPE) by healthcare workers in the prevention or confirmed cases of H1N1 influenza.

Respectfully,

Mark E. Rupp, MD, SHEA President
Richard Whitley, MD, FIDSA, IDSA President
Christine Vetter, PhD, APIC President

CC: Kathleen Sebelius, MDA, Secretary, DHEHS
Tom Frieden, MD, Director, CDC
Francis Collins, MD, Director, NIH
Anthony Fauci, MD, Director, NIAID
HHS Secretary
James Barron, Acting Assistant Secretary, OSHA
Pamela S. Rubin, MD, MEd, Director, Office of Occupational Medicine, OSHA
Melody Berman, JD, Director, Disaster Policy Council, The White House

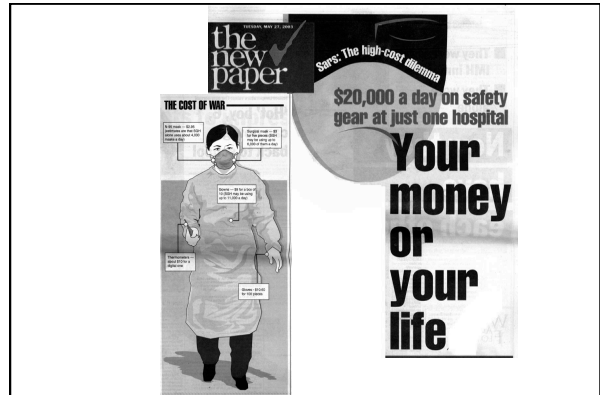
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Hospitals in Asia are alert against nosocomial influenza



Cost-effectiveness Analysis of Hospital Infection Control Response to an Epidemic Respiratory Virus Threat

Yue Young Shin, Paul A. Tambyah, Yue Bin Wong, Li Hong Yu, Wei Long Chen, Dale A. Fisher, Yue Bin Wong, and Klok Ye Ho

Table 2. Variables used in Markov model (base case and sensitivity analysis) to compare outbreak estimates, Singapore*

Variable	Description	Base case	Sensitivity analysis
Exposure	No. persons exposed 1 day in hospital vs. no. (base case) vs. no. (sensitivity)	10 average for 2 days 6 average for 2 days 20 Spanish influenza	2-300
Secondary attack rate	% persons exposed/infected	10% SARS 10% SARS 10% SARS	10-100%
Incubation period	Time to symptoms	2 days Spanish influenza 2 days SARS 4 days	1-7
Infectious period/practical	Incubation-onset	Pandemic (H1N1) 2009: 3 days SARS: 1 day SARS: 1 day	1-3
% Critical versus asymptomatic		Pandemic (H1N1) 2009: 1 day SARS: 100% SARS: 20%	0-100%
% Atypical (mild)		Pandemic (H1N1) 2009: 5% SARS: 20%	0-20%
% Complication	Infective	Pandemic (H1N1) 2009: 5% SARS: 10%	1-7
Infective etiology	% death	Pandemic (H1N1) 2009: 5% SARS: 10%	0-10%
Case-fatality rate	% death	Pandemic (H1N1) 2009: 4% SARS: 10%	0-100%
Isolation failure	Transmission despite PPE/isolation	Admission US\$ 10,000 Room US\$ 500	0-100%
Exposure reduction	% reduction in exposure rate	Admission US\$ 10,000 Room US\$ 500	0-100%
Cost based on alert policy, direct and indirect	Once Daily recurring	Admission US\$ 10,000 Room US\$ 500	
Cost of type of treatment based on actual financial charges	Isolation Treatment ambulatory Hospitalized influenza Complicated influenza Respiratory failure with mechanical ventilation	US\$200 Mean US\$200, Median US\$200 Mean US\$1000, Median US\$200 Mean US\$2500, Median US\$5000	

*SARS, severe acute respiratory syndrome; PPE, personal protective equipment.

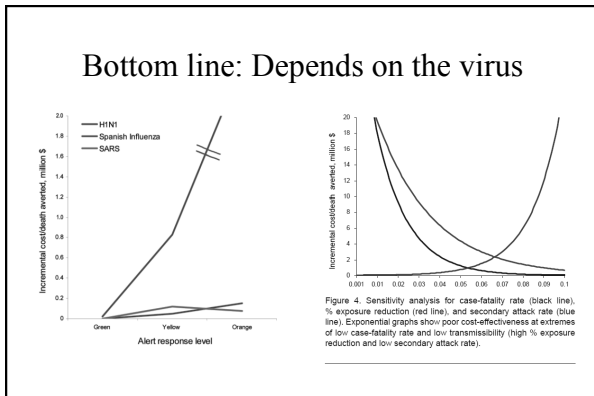
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Table 3. Results of cost-effectiveness analysis of potential outbreaks and responses, Singapore*

Alert level and disease	No. infected	No. deaths	Additional cost	Cost/case prevented†	Cost/death prevented†	Incremental cost/case‡	Incremental cost/death‡
None							
Pandemic (H1N1) 2009	2,580	10	25,200				
Spanish influenza	3,210	161	80,000				
SARS	825	83	99,200				
Green							
Pandemic (H1N1) 2009	316	1	326,430	95	23,644		
Spanish influenza	624	31	468,000	107	2,140		
SARS	105	11	220,500	120	1,195		
Yellow							
Pandemic (H1N1) 2009	59	0.2	1,485,500	414	103,274	3,221	827,907
Spanish influenza	120	6	2,212,000	493	9,857	2,472	49,829
SARS	43	4	1,188,000	995	9,945	11,146	121,241
Orange							
Pandemic (H1N1) 2009	24	0.1	1,836,000	506	126,807	7,153	2,503,600
Spanish influenza	59	2.95	2,856,000	629	12,590	7,541	153,333
SARS	12	1.2	1,537,000	1,263	12,601	8,041	7,541

*SARS, severe acute respiratory syndrome. All costs given in US\$.
†Compared with no policy.
‡Compared with 1 alert level down.



Emerging Infectious Diseases: The bottomline...

- Emerging Infectious Diseases will occur
- We can be prepared
- Do good surveillance
- Protect staff
- Have good data
- Have friends – especially internationally!

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