

# Linking Infection Control and Product Evaluation

Robert Garcia, Brookdale University Medical Center  
A Webber Training Teleclass

## Linking Infection Control & Product Evaluation: A Necessity in the Era of Patient Safety

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Hosted by Maria Bernallick  
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www.webbertraining.com

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## Products, Products Everywhere



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### Why Evaluate Products?

- Emphasis on controlling healthcare costs
- Cost efficient medical care by consumers
- Increasing supply costs
- Patient safety
- Managed care and capitation limit reimbursement for billed expenses
- Nosocomial infections
- Liability

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#### Medical Device and Infections: CVC Benchmark Rates for ICU, NNIS, Jan 2002-Jun 2004

Type of ICU	No. of units	Central line-associated BSI rate <sup>a</sup>		Percentile				
		Central line-days	Pooled mean	10%	25%	50% (median)	75%	90%
Coronary	60	116,546	3.5	1.0	1.5	3.2	7.0	9.0
Cardiothoracic	48	182,407	2.7	0.0	0.9	1.8	2.7	4.9
Medical	94	312,478	5.0	0.5	2.4	3.9	6.4	8.8
Medical-surgical	100	435,979	4.0	1.7	2.6	3.4	5.1	7.6
Major teaching	109	486,115	3.2	0.8	1.6	3.1	4.3	6.1
All others	30	56,645	4.6	0.0	0.9	3.1	5.8	10.6
Neurosurgical	34	161,314	4.6	0.9	3.0	5.2	8.1	11.2
Neuroic	99	358,578	4.6	0.0	2.0	3.4	5.9	8.7
Organic	22	70,372	7.4	1.9	3.3	5.2	8.2	11.9
Trans	14	43,002	7.0	—	—	—	—	—
Respiratory	6	12,593	4.8	—	—	—	—	—

NNIS System Report. AJIC 2004;32:470-85.

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The screenshot shows a web browser window displaying a CDC MMWR article. The title is "Pseudomonas Bloodstream Infections Associated with a Heparin/Saline Flush --- Missouri, New York, Texas, and Michigan, 2004-2005". The article is dated March 25, 2005, and is issue 34(11):263-272. The text describes an outbreak of Pseudomonas fluorescens bloodstream infections among patients at an oncology clinic in Missouri, linked to heparin/saline flushes. It mentions that the flushes were pre-filled in syringes by IV flush and distributed by Pusada Medical Supply (Houston, Texas). On January 31, a nationwide alert against use of all heparin/saline flushes pre-filled in syringes by IV flush was issued by the Food and Drug Administration. The article also notes that as of February 15, state and local health departments and CDC had identified a total of 36 Pseudomonas species infections in patients in four states who were administered the heparin/saline flushes from multiple lots. The report describes the ongoing investigation and provides recommendations for investigation and management of potential cases.

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## Guidelines & Medical Devices: Use and Replacement Issues

- "Observe proper hand-hygiene procedures either by washing hands with conventional antiseptic-containing soap and water or with waterless alcohol-based gels or foams..."
- "Disinfect skin with an appropriate antiseptic....2% chlorhexidine..."
- "Use either sterile gauze or sterile transparent, semi-permeable dressing..."
- "In adults, replace short, peripheral venous catheters at least 72-96 hours to reduce risk of phlebitis..."
- "Use aseptic technique including the use of a cap, mask, sterile gown, sterile gloves, and a large sterile sheet, for the insertion of CVC (including PICCs)..."

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#### Guidelines & Medical Devices: Use and Replacement Issues (cont'd)

- "Do not change routinely, on the basis of duration of use, the breathing circuit...that is in use on a patient..."
- "Do not routinely change more frequently than every 48 hours an HME that is in use on a patient..."
- No recommendation can be made about the frequency of routinely changing in-line suction catheter of a closed-suction system in use on one patient..."
- "...develop and implement a comprehensive oral-hygiene program...for patients...at high-risk for...pneumonia..."
- "Require patients to shower or bathe with an antiseptic agent on at least the night before the operative day..."
- "Use an appropriate antiseptic agent for skin preparation..."
- "Perform a preoperative surgical scrub for at least 2 to 5 minutes using an appropriate antiseptic..."
- "Wear a surgical mask..."; "Wear a cap or hood..."; "Wear sterile gloves..."; "Use surgical gowns and drapes that are effective barriers when wet..."

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#### Products & Infection

- It is estimated that greater than >50% of all products reviewed at Products Evaluation Committees have a related infection control issue
- In general, infection control related products deal with
  - creating barriers against, killing, or preventing organisms from entering a body site
  - products used for sterility assurance
  - devices used to administer medications and fluids or to collect or transfer blood or body fluids

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#### FDA Definition of a Medical Device

- "A medical device is an instrument, apparatus, implement, machine, contrivance, implant, in vitro reagent, or other similar or related article, including a component part, or accessory which is:
  - recognized in the official National Formulary, or the United States Pharmacopoeia, or any supplement to them,
  - intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of disease, in man or other animals, or
  - intended to affect the structure or any function of the body of man or other animals, and which does not achieve any of its primary intended purposes through chemical action within or on the body of man or other animals and which is not dependent upon being metabolized for the achievement of any of its primary intended purposes."

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### Is the Medical Device Regulated?

- Certain medical devices require review by the Food and Drug Administration (FDA)
- In general, a device to be used on a person in a healthcare setting must have an initial manufacturer filing and a 510(k) pre market notification
- The vendor should provide clear documentation that this has been obtained

<http://www.fda.gov/cdrh/devadvice/>  
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### What is Product Evaluation?

- “the process of appraisal that considers the value and significance of quality, cost, safety, and practitioner choice for product selection”
- Murray M, Stockard R, Blaylock B, et al. Product evaluation and process improvement. *J Nurs Care Quality* 1994;9:16-20.

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### What Criteria is PE based on?

- *Quality* refers to the extent which the product performs its defined function
- *Efficacy* refers to how effectively the product meets its specified function
- *Safety* refers to a level of risk avoidance
- *Cost* is not price
- *Serviceability* refers to the ease of use and maintenance, user acceptability, durability

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#### Systematic product review and value analysis: Basic Questions

- Will the product improve the satisfaction of the patient or the product user?
- Will the treatment outcome of the patient be changed by using the product?
- Will the product alter practice or have an impact on clinical decisions related to patient care?

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#### More on Value Analysis...

- Good value analysis requires accurate estimates of total costs, including not only purchase price, but cost of labor, utilities, maintenance, etc.
- If a product is more expensive than one currently used, value analysis assists in determining the incremental cost of the product vs. the expected benefit to the patient
- *Focuses on procedures rather than products*

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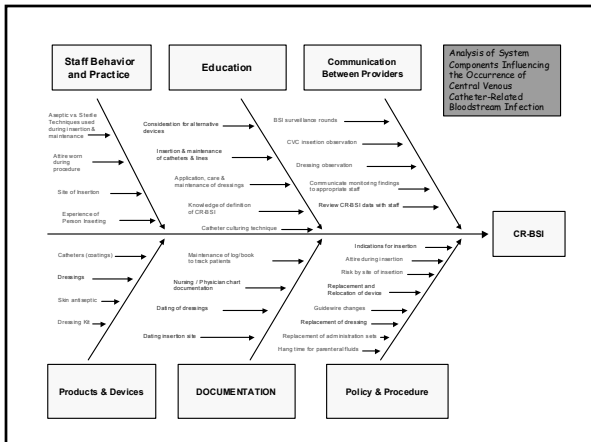
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## Product Standardization

- Eliminates duplication
- Reduces inventory
- Sets and encourages a procedure standard
- Reduces educational needs for the staff
- Results in enhanced patient safety (if decision process is ideal)

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## Product Evaluation Committee

- Multidisciplinary
- Reports to administration
- Establishes subcommittees
- Monthly meetings to ensure timeliness
- Establish timelines

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## Multidisciplinary

- Administration
- Purchasing/Materials Management
- Finance
- Nursing
- Education
- Infection Control
- Operating room
- Emergency Room
- Pediatrics
- Central services
- Respiratory Therapy
- Biomedical
- Physicians
- *End users, End users*

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**Handout:**

**A Recommended Step-by-Step Protocol for Evaluating Infection Control-Related Products**

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*Steps in Product Evaluation*

- Step 1: Products are requested to be reviewed by the PEC
- Step 2: Role of Materials Management & Infection Control
- Step 3: Materials Management presents findings to PEC; PEC members review clinical details of product
- Step 4: Determine outcomes of initial screening
- Step 5: Trial of product is conducted
- Step 6: Results of Evaluation are reported to the PEC
- Step 7: PEC approves product for use

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**Key Contribution by IC:  
Regulatory Review**

- OSHA
- AORN
- EPA
- FDA
- HICPAC (CDC)
- APIC
- JCAHO
- AAMI
- AIA
- INS
- AHCSF
- State & local govt.

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Key Contribution by IC:  
Review of Supportive Science

- Published data
- Best practice
- Policy & procedure
- Experiences
- Practices of colleagues
- Outcome data

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Issues and Insights to Consider in Products and Services

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The Practice Arena of Interventional Epidemiologists

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### Handwashing Products or System?

Education

Monitoring

Medicated lotion soap

HICPAC Guidelines

Hand Lotion

Alcohol-based hand sanitizer

Photographs courtesy of Steris, Inc.

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### HICPAC Recommendations: Performance Indicators

- *“Periodically monitor and record adherence as the number of hand-hygiene episodes performed by personnel/number of hand-hygiene opportunities, by ward or service. Provide feedback to personnel regarding their performance.”*
- *“Monitor the volume of alcohol-based hand rub (or detergent used for handwashing or hand antisepsis) used per 1,000 patient-days.”*

Guideline for Hand Hygiene in Health-Care Settings. HICPAC, MMWR, October, 2004.

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### Value-Added Programs

- Provide an additional resource which benefits institution, e.g. regulatory compliance
- Steris *Partners in Your Care* program
  - Empowers patient not employee
  - Aim is to change behavior in employee
  - Study indicates increase in handwashing of 34%<sup>1</sup>
  - Facility provides handwashing soap and alcohol-based sanitizer usage data and patient days; Univ. of Pennsylvania calculates usage.

<sup>1</sup> McGuckin M, et al. Patient education model for increasing handwashing compliance. AJIC 1999;27:309-14.

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**Don't be shy!**

Your healthcare workers are interested in your care and will expect you to ask them about hand hygiene!



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"Partners In Your Care" is a service mark of the Trustees of the University of Pennsylvania.  
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**Facts About Hand Hygiene...**

- Hand Hygiene is the single most important procedure that is performed in the hospital for preventing the spread of infection to you, the patient.
- Germs that cause infections can be spread in a number of ways. The most common is through hands. Hand hygiene removes germs from the hands and helps protect YOU from infections.



**"Did you wash / sanitize your hands?"**



**PARTNERS IN YOUR CARE<sup>SM</sup> PROGRAM**

Hospital Name \_\_\_\_\_



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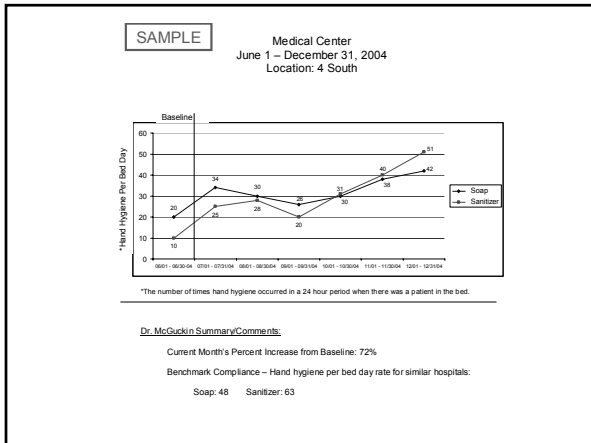
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## Chlorhexidine Skin Antisepsis



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#### Results of Trial of Three Antiseptics

Source of Septicemia	10% Povidone-iodine (n = 227)	70% Alcohol (n = 227)	2% CHG (n = 214)
Catheter-related	6	3	1
Contaminated:			
Infusate	0	3	0
Hub	1	0	0
All sources (%)	7 (3.1)	6 (2.6)	1 (0.5)*

668 patients with either central venous or arterial catheters.  
 \*Compared with the other two groups combined: OR=0.16, 95% CI 0.30-1.17, p=.04

Maki et al. Prospective randomized trial of povidone-iodine, alcohol, and chlorhexidine for the prevention of infection associated with central venous and arterial catheters. Lancet 1991;338:339-343. RG

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#### Meta-Analysis on CHG vs. PI

- Reviewed eight randomized, controlled trials involving a total of 4,143 catheters (peripheral venous, peripheral arterial, pulmonary arterial, PICC, introducer sheaths, hemodialysis).
- The summary risk ratio for CRBSI for all catheters was 0.49 indicating "a significantly reduced risk in patients using chlorhexidine gluconate."

Chaiyakunapruk N, et al. Chlorhexidine compared with povidone-iodine solution for vascular catheter-site care: A meta-analysis. Ann Intern Med 2002;136:792-801. 35

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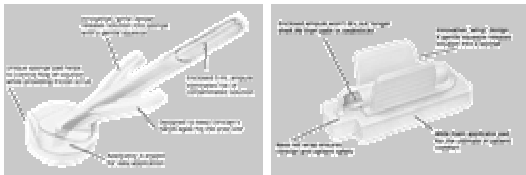
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#### CHG Standardization



BUMC converted 7 povidone-iodine products (solution, swabs, wipes, etc.) to 2 70% alcohol-2% chlorhexidine products.

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#### Blood Culture Skin Prep



- CHG has been equated with PI with low rates of blood culture contamination
- Study whereby BCs were drawn by MDs and phlebotomists
  - CHG rate: 0.5%
  - PI rate: 1.4%

Trautner BW, et al. Skin antiseptics kits containing alcohol and chlorhexidine gluconate or tincture of iodine are associated with low rates of blood culture contamination. ICHE 2002;23:397-401.

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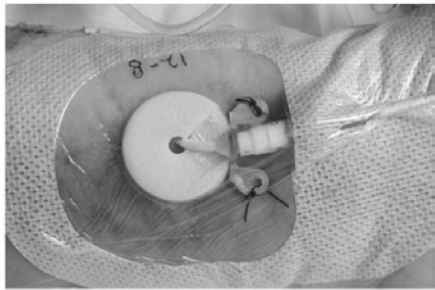
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#### Chlorhexidine-impregnated Patch



Photograph courtesy of Johnson & Johnson  
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#### Is a CHG Patch Effective?

- Bacterial inhibition <sup>1</sup>
  - Study to assess the activity of CHG foam against primary organisms, including antibiotic-resistant, causing intravascular-related infections
  - Zones of inhibition were observed for all test organisms including MRSA, VRE, Candida, and P. aeruginosa.
- Preventing Bacteremia <sup>2</sup>
  - Controlled, randomized, multi-center trial
  - 24 CRBSIs in 736 pts in control group
  - 8 CRBSIs in 665 pts Biopatch group
  - Conclusion: significant reduction using CHG-impregnated patch (RR 0.38)

Bhende S, et al. In vitro assessment of chlorhexidine gluconate-impregnated polyurethane foam antimicrobial dressing using zone of inhibition assays. ICHE 2004;25:664-67.

Maki DG, et al. The efficacy of a chlorhexidine-impregnated sponge (Biopatch) for the prevention of intravascular catheter-related infection – a prospective, randomized, controlled, multicenter study. 40<sup>th</sup> ICAAC Conference, Sep 2004, Toronto, Canada.

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#### Is a CHG Patch Cost Beneficial?

- Analysis comparing the costs with benefits of using a CHG impregnated sponge on CVCs to determine effectiveness of reducing BSI, costs, mortality
- Decision model assuming sponge cost of \$7.50, BSI cost of \$8,000 - \$25,000, sponge effectiveness of 60%, and mortality of 1 - 3%
- Results:
  - Avoided costs per pt.: \$237.76 - \$964.86
  - Avoided costs, nationally: \$275m - \$1.97b
  - Decreases in mortality: 329-3,906 patients per year

Crawford AG, et al. Cost-benefit analysis of chlorhexidine gluconate dressing in the prevention of catheter-related bloodstream infections. ICHE 2004;25:668-74.

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#### Large Sterile Drape



Drape size approx. 5' (60") long x 4' (48") wide

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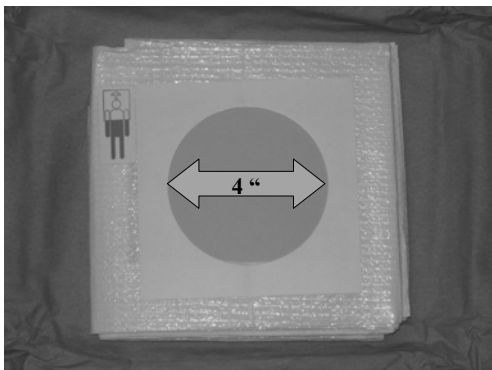
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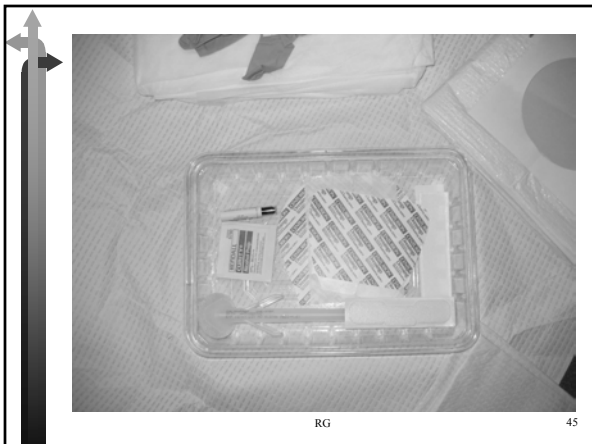
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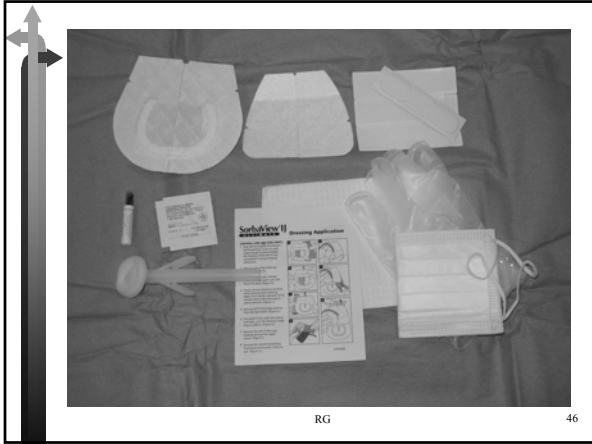
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### Sterile Barriers: Economic Incentives

- Cost effectiveness analysis using a decision model
- Calculated total direct medical costs and incidences of CRBSI
- Results:
  - Lowered costs from \$621 to \$369 per catheter
  - Lowered CRBSI from 5.3% to 2.8%
  - Lowered death from 0.8% to 0.4%

Hu KK, et al. Use of maximal sterile barriers during central venous catheter insertion: clinical and economic outcomes. Clin Infect Dis 2004;39:1441-5.

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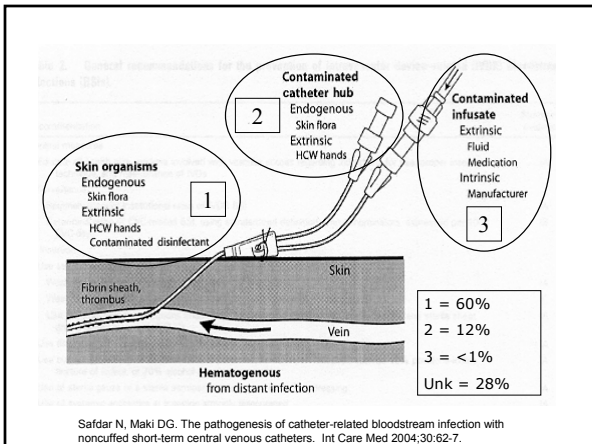
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Safdar N, Maki DG. The pathogenesis of catheter-related bloodstream infection with noncuffed short-term central venous catheters. Int Care Med 2004;30:62-7.

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#### Does the Dressing Matter?

	# Pts.	# LD	# Observ. Days	# Dressings Peeled	% peeled	# CRBSI
Prod. A	120	1227	345	180	52.2	6
Prod. B	117	1220	338	44	13.0	2

Study conducted at Brookdale University Medical Center; Population included adult patients with a central venous catheter; Product A & B are both transparent dressings; Similar percent by site in both groups (femoral, subclavian, jugular); Observations of site conducted on days 1,3,5 after application; dressing policy – replace as needed; unpublished data.

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Dressings that better conform to a patient's anatomy; photo courtesy of Tri-State Hospital Supply, Inc. RG

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#### Needleless IV Connectors



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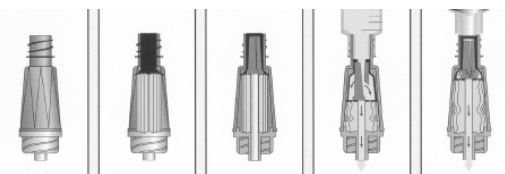
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### Positive Displacement Valves



Figures courtesy of Baxter Healthcare, Inc.

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### Needleless IV Connectors: In Vitro Studies Indicating No Increased Contamination

- Arduino MJ, et al. Microbiologic evaluation of needleless and needle-access devices. *AJIC* 1997; 25:377-80.
- Brown JD, et al. The potential for catheter microbial contamination from a needleless connector. *J Hosp Infect* 1997;36:181-9.
- Yebenes JC, e al. Resistance to the migration of microorganisms of a needle-free disinfectable connector. *AJIC* 2003;31:462-4.
- Seymour VM, et al. A prospective clinical study to investigate the microbial contamination of a needleless connector. *J Hosp Infect* 2000;45:165-8.
- Trautman M, et al. Experimental study on the safety of a new connecting device. *AJIC* 2004;32:296-300.

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### Needleless IV Connectors: In Vivo Studies Indicating No Increased Contamination or Infection

- Mendelson MH, et al. Study of a needless intermittent intravenous-access system for peripheral infusions: analysis of staff, patient, and institutional outcomes. *ICHE* 1998;19:401-6.
- Casey AL, et al. A randomized, prospective trail to assess the potential infection risk with the PosiFlow needleless connector. *J Hosp Infect* 2003;54:288-93.
- Bouza E, et al. A needleless closed system device (CLAVE) protects from intravascular catheter tip and hub colonization: a prospective randomized study. *J Hosp Infect* 2003;54:279-87.
- Yebenes JC, et al. Prevention of catheter-related bloodstream infection in critically ill patients using a disinfectable, needle-free connector: A randomized controlled trial. *AJIC* 2004;32:291-5.
- Trautman M, et al. Experimental study on the safety of a new connecting device. *AJIC* 2004;32:296-300.

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#### Reports of Possible Contamination or Infection with Use of Needleless Injection Caps

- Danzig LE, et al. Bloodstream infections associated with a needleless intravenous infusion system in patients receiving home infusion therapy. JANA 1995;273:1862-4.
- Cookson ST, et al. Increased bloodstream infection rates in surgical patients associated with variation from recommended use and care following implementation of a needleless device. ICHE 1998;19:23-7.
- McDonald LC, et al. Line-associated bloodstream infections in pediatric intensive-care unit patients associated with needleless device and intermittent intravenous therapy. ICHE 1998;19:772-7.
- Do AN, et al. Bloodstream infection associated with needleless device use and the importance of infection-control practices in the home health care setting. J Infect Dis 1999;179:442-8.

➤ *Most reports indicate a lack of compliance with proper disinfection of connector ports in central venous catheter lines in use for >7 days*

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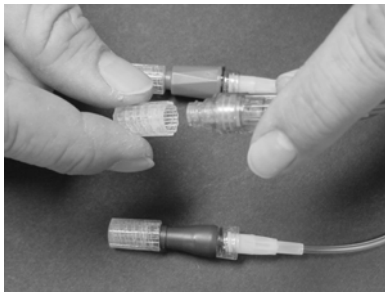
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#### Antiseptic-Barrier Cap



Photograph courtesy of Mehyhay Medical, Inc.

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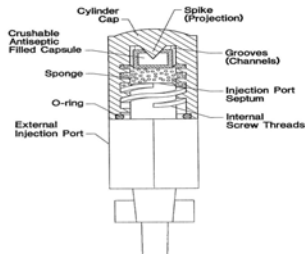
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#### SARALEX INJECTION PORT AND COVER



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# Linking Infection Control and Product Evaluation

## Robert Garcia, Brookdale University Medical Center

### A Webber Training Teleclass

### Is it Effective?

	No disinfection (positive controls)	Conventional disinfection with 70% alcohol	Antiseptic-barrier cap
No. needless hubs studied	15	30	60
No. showing microbial transmission across the membrane	15 (100%)	20 (67%)	1 (1.6%)
No. CFU traversing the membrane, range	4,500-28,000	445-25,000	0-350
p = <0.01			

Menyhay SZ, Maki DG. Abstract. Disinfection of needless vascular catheter hubs and access ports with alcohol may not prevent microbial entry. APIC Conference, Phoenix, AZ, June 2004.

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### Incremental Cost of New Interventions

Item	Description	Incremental cost per item	# items used in 10 days	Total Cost
Maximal sterile barrier kit	Sterile gown, gloves, mask, large drape, dressing components	\$7.00	2	\$14.00
Dressing kit	Transparent dressing, 2% CHG antiseptic, tincture of benzoin, tape	\$2.00	1	\$2.00
Skin antiseptic	70% alcohol-2% CHG in 3ml applicator	\$0.70	2	\$1.40
Antiseptic patch	Chlorhexidine-impregnated patch	\$5.00	2	\$10.00
Antimicrobial catheter	Silver-platinum catheter	\$10.00	2	\$10.00
Total incremental cost per patient:				→ <b>\$47.40</b>

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### Avoided Costs in CRBSI Prevention

A	B	C	D	E	F	G	H
Infection rate	# Expected infections/yr.	Total attributable infection cost	# Infections avoided	Infection cost avoided	Incremental Intervention cost	Total avoided costs (E-F)	# Times infection costs greater than intervention costs (C/F)
10%	84	\$3,801,336	XX	XX	XX	XX	XX
9%	76	\$3,439,304	8	\$362,032	\$39,816	\$322,216	86.4
8%	67	\$3,032,013	17	\$789,318	\$39,816	\$729,502	76.2
7%	59	\$2,669,988	25	\$1,131,350	\$39,816	\$1,091,534	67.1
6%	50	\$2,282,700	34	\$1,538,636	\$39,816	\$1,498,820	58.8
5%	42	\$1,900,668	42	\$1,900,668	\$39,816	\$1,860,852	47.7
4%	34	\$1,538,636	50	\$2,262,700	\$39,816	\$2,222,884	38.6
3%	25	\$1,131,350	59	\$2,669,986	\$39,816	\$2,630,170	28.4
2%	17	\$789,318	67	\$3,032,018	\$39,816	\$2,992,202	19.3
1%	8	\$362,032	76	\$3,439,304	\$39,816	\$3,399,488	9.1
# pts = 840							
Mean attributable cost per CRBSI (CDC) = \$45,254							
Total annual Intervention cost = \$39,816							

RG 60

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# Linking Infection Control and Product Evaluation

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**Safety Sharps Selection Criteria**

- Should minimize or eliminate the risk of a needlestick or other sharps injury to the user during and after use, and during and after disposal
- Should have a reliable safety mechanism that clearly indicates when the mechanism is activated and remains closed even if exposed to reasonable force
- The safety mechanism should be integral to the device.
- Activation preference in order: automatic, one-handed, two-handed
- Preferred that safety mechanism activates before removal from patient

RG 61

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**Safety Sharps**

- ....and....
  - On the current trends and assessment of needlesticks in your institution
  - Example: does the lack of *ease of use* contribute to an increase in needlesticks in that device category?

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**Safety Sharps**



Product B as manufactured by Tyco Kendall

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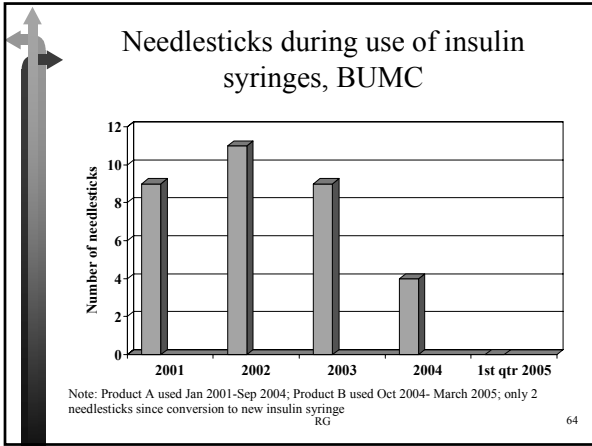
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### Evaluation Results (Final Criteria), Needles & Syringes

*I would recommend that this product be purchased by the facility*

	Total respon	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
11chc	29	0	0	2	8	19
10chc	25	0	0	1	7	17
CCU	9	0	0	0	3	6
9chc	15	0	0	0	4	11
6A	15	0	0	1	1	13
SICU	15	0	0	1	6	8
MICU	21	0	1	2	3	15
NSICU	8	0	0	0	4	4
5chc	13	0	0	1	6	6
Peds	25	0	0	2	13	10
L&D	14	0	1	1	5	7
MBU	5	0	0	0	2	3
NICU	22	0	1	2	10	9
OR	28	0	0	2	15	11
ED	33	0	0	1	14	18
Total #	277	0	3	16	101	157
Percent		0.0	1.1	5.8	36.5	56.7

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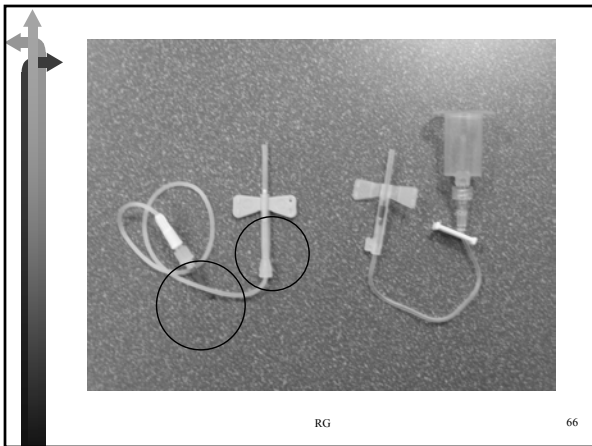
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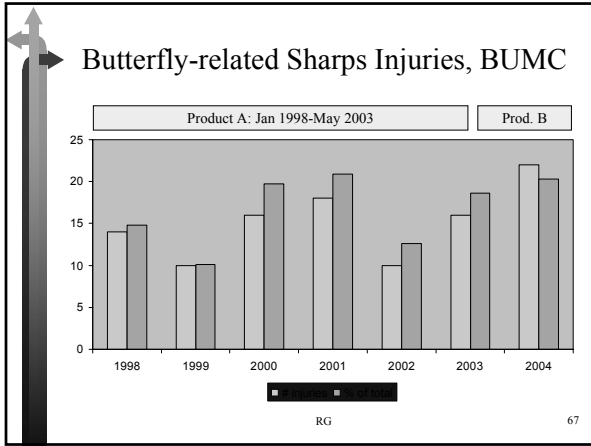
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### Sharps Evaluation Process

- Provides comparative products
- Objective ratings based on set criteria
- Provides guide for establishing and evaluating a sharps injury program

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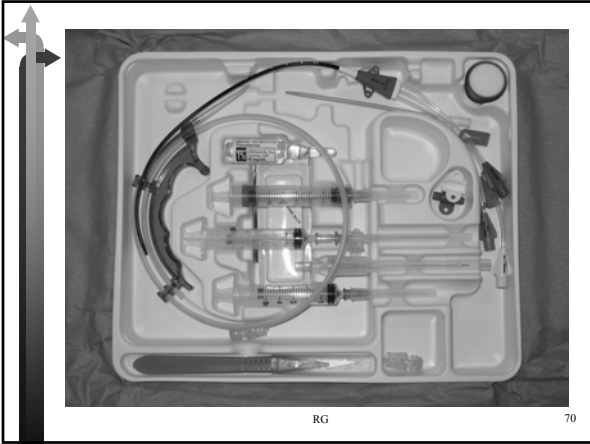
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Device Category	Device Used	ECRI Rating
Arterial blood gas syringes	Anaerobic Pulsator (Portex)	Not rated
Blood collection needle sets (Butterflys)	Saf-T Wing, (Portex)	Acceptable
Blood collection needles and tube holders	Safety Blood Collection Device (Tyco Kendall)	Not rated
Disposable syringes and injection needles	Monoject Magellan Safety Needle (Tyco Kendall)	Acceptable
Disposable PPD-Tuberculin Syringes	Monoject Tuberculin or PPD Syringes (Tyco Kendall)	Acceptable
Flush Syringes	Monoject Prefill IV Flush Syringes (Tyco Kendall)	<i>IV flush devices not evaluated</i>
Hemodialysis needle sets	MasterGuard Hemodialysis Fistula Needle Set (MediSystems)	Preferred
Haber needles	Safe Step, (MDC)	Not rated
Introducer needles	Insyte Autoguard (BD)	Not rated
Lancets (fingerstick, adults)	Unistik 2 (Owens-Mumford)	Not rated
Lancets (heelstick, neonates)	Microtainer Quickheel Premie Lancet (BD)	Acceptable
Needleless IV Systems	PosiFlow IV Access System (BD), Clearlink IV Access System (Baxter)	Acceptable
Peripheral Intravenous catheters	Insyte Autoguard (BD)	Acceptable
Scalpels	Futura Safety Scalpel (Portex)	Preferred
Suture needles	BP Series Ball Point Suture Needle (US Surgical)	Not rated
Vial Access devices	Tyco Kendall Monoject Blunt Safety IV Access System	<i>Vial access systems not evaluated</i>

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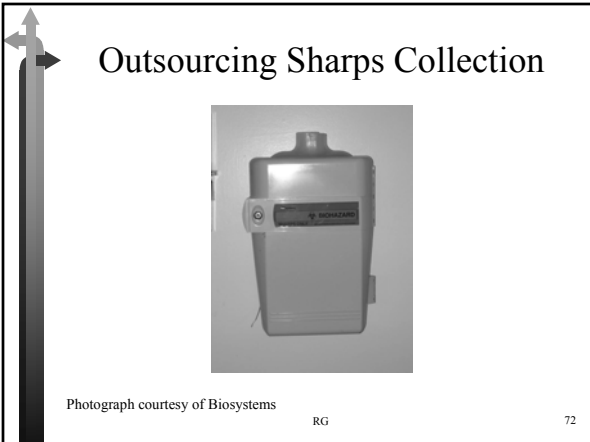
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Photograph courtesy of Biosystems  
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# Linking Infection Control and Product Evaluation

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#### Benefits of Outsourcing Sharps Collection

- Uniform system throughout facility
- Reduces labor
- Environmentally friendly
- Sanitized containers
- Increases storage space by reducing container storage
- Bar code tracking
- Reduces needlesticks in employees
- Reduces liability

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#### Reducing Sharps Injuries During Disposal Container Collection

Needlestick Injuries, Handling Sharps Container, BUMC, 1987-2004

Year	Number of injuries
1987	9
1988	10
1989	7
1990	7
1991	3
1992	2
1993	2
1994	1
1995	1
1996	1
1997	1
1998	1
1999	1
2000	1
2001	1
2002	1
2003	1
2004	1

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#### Preventing VAP: A New Strategy

- Do all of these strategies address a root cause?
  - Replacing vent circuits on a routine basis
  - Use of HME filters
  - Use of closed suction
  - Raising the head of the bed
  - Stress ulcer prophylaxis
  - Selective digestive decontamination
  - Weaning

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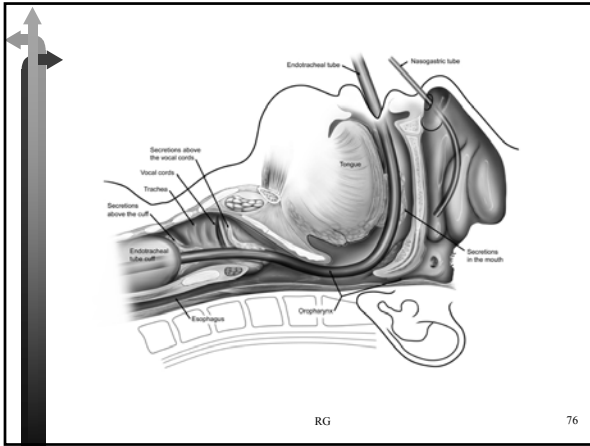
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### 1. Oral Cavity vs. Gastric Colonization

- Prospective study of 86 mechanically ventilated ICU patients to assess relationship between oropharyngeal colonization and subsequent occurrence of pneumonia
- Patients oral and gastric specimens were collected on admission and twice weekly
- When pneumonia suspected, bronchoscopic specimens were taken with protected specimen brush
  - In 31 cases of pneumonia identified, DNA genomic analysis demonstrated that oropharyngeal colonization was the predominant factor in the development of pneumonia compared with gastric colonization

Garroute-Orgeas M, et al. Oropharyngeal or gastric colonization and nosocomial pneumonia in adult intensive care unit patients. A prospective study based on genomic DNA analysis. *Am J Respir Crit Care Med* 1997;156:164

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### Acquired bacterial colonization: Location of the microorganisms in the 44 carrier patients

Colonizing microorganisms	Patients with OC	Patients with GC	Patients with BC	Colonized patients
<i>A. baumannii</i>	7	0	1	8
<i>K. Pneumoniae</i>	12	0	3	15
Enterobacteriaceae	9	5	8	22
Pseudomonadaceae	8	2	1	11
<i>S. aureus</i>	17	0	3	20
<i>Enterococcus</i> sp.	2	1	1	4
<b>Total</b>	<b>22</b>	<b>5</b>	<b>17</b>	

Garroute-Orgeas M, et al. *Am J Resp Crit Care Med* 1997.

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#### Oropharyngeal rather than gastric colonization: further support

- Kerver AJ, et al. Colonization and infection in surgical intensive care patients – a prospective study. *Intensive Care med* 1987;13:347-51.
- Bonten MJM, et al. Risk factors for pneumonia, and colonization of respiratory tract and stomach in mechanically ventilated ICU patients. *Am J Resp Crit Care Med* 1996;154:1339-46.
- Ewig S, et al. Bacterial colonization patterns in mechanically ventilated patients with traumatic head injury. *Am J Resp Crit Care Med* 1999;158:188-98.

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#### 2. Decontamination of the Oropharynx

- Prospective, randomized, double blind study of ICU patients to determine VAP while manipulating oropharyngeal colonization and without influencing gastric or intestinal colonization
- 87 given topical antibiotics (study group), 139 given placebo (control group)
- Results:
  - VAP in study group: 10%
  - VAP in control group: 27%

Bergmans D, et al. Prevention of ventilator-associated pneumonia by oral decontamination. *Am J Resp Crit Care Med* 2001;164:382-88.

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#### Additional Studies and Reviews using Antibiotic Pastes or Solutions

- Rodriguez-Roldan JM, et al. Prevention of nosocomial lung infection in ventilated patients: use of an antimicrobial nonabsorbable paste. *Crit Care Med* 1990;18:1239-42.
- Pugin J, et al. Oropharyngeal decontamination decreases incidence of ventilator-associated pneumonia: a randomized, placebo-controlled, double-blind clinical trial. *J Am Med Assoc* 1991;265:2704-10.
- Bonten MJ, et al. Role of colonization of the upper intestinal tract in the pathogenesis of ventilator-associated pneumonia. *Clin Infect Dis* 1997;24:309-19.

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### 3. Oral Decolonization: Use of Chlorhexidine

- Prospective, randomized, double-blind, placebo-controlled trial testing the effectiveness of oral decontamination on nosocomial infection
- 353 pts undergoing coronary bypass surgery
- Used chlorhexidine gluconate (0.12%) as oral rinse to prevent nosocomial infections
- Randomized to receive CHG or placebo
- Results:
  - Overall reduction in nosocomial infections of 65% when using CHG
  - Respiratory infections were reduced 69% in CHG group

deRiso AJ II, Ladowski JS, Dillon TA, Justice JW, Peterson AC. Chlorhexidine gluconate 0.12% oral rinse reduces the incidence of total nosocomial respiratory infection and non-prophylactic systemic antibiotic use in patients undergoing heart surgery. *Chest* 1996;109:1556-61.

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### 4. Link Between Oral Pathogens & Respiratory Infection

- A review article
- 6 articles cited as support for a relationship between poor oral health and respiratory infection
- Bacteria from colonized dental plaque may be aspirated into the lower airway

Article Summary

**Role of Oral Bacteria in Respiratory Infection**

Publication: Journal of Periodontology, July 1999, Vol. 70, No. 7, pp. 794-802  
 Authors: FA Scannapieco, Dept of Oral Biology, University at Buffalo, State University of New York, Buffalo, NY

<p><b>OBJECTIVE:</b> To determine the association between oral bacterial flora and respiratory infections in patients with poor oral health.</p> <p><b>DESIGN:</b> A cross-sectional study of 100 patients with poor oral health and 100 patients with good oral health.</p> <p><b>SETTING:</b> A tertiary care hospital.</p> <p><b>MEASUREMENTS AND MAIN RESULTS:</b> The study found that patients with poor oral health had a significantly higher number of oral bacteria and a higher percentage of these bacteria were found in the lower respiratory tract compared to patients with good oral health.</p> <p><b>CONCLUSIONS:</b> Poor oral health is associated with a higher number of oral bacteria and a higher percentage of these bacteria are found in the lower respiratory tract.</p>	<p><b>KEYWORDS:</b> Oral bacteria, respiratory infection, dental plaque, aspiration.</p> <p><b>KEY POINTS:</b> Poor oral health is associated with a higher number of oral bacteria and a higher percentage of these bacteria are found in the lower respiratory tract.</p> <p><b>REFERENCES:</b> Scannapieco FA, et al. Role of oral bacteria in respiratory infection. <i>J Periodontol</i> 1999;70:794-802.</p>
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Scannapieco, FA. Role of oral bacteria in respiratory infection. *J Periodontol* 1999;70:794-802

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### 5. Dental Plaque as a Bacterial Source of VAP

- Study on dental plaque colonization and ICU nosocomial infs.
- 57 patients studied
- Results:
  - Dental plaque occurred in 40% of pts.
  - Colonization of dental plaque was highly predictive of nosocomial infection
  - Salivary, dental, and tracheal aspirates cultures were closely linked

Courrier E, et al. Colonization of dental plaque: a source of nosocomial infections in intensive care patients. *Crit Care Med* 1998;26:301-8.

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#### Additional Evidence Linking Colonized Dental Plaque and Respiratory Infection

- Scannapieco FA, et al. Colonization of dental plaque by respiratory pathogens in medical intensive care patients. Crit Care Med 1992;20:740-45.
- Fitch JA, et al. Oral care in the adult intensive care unit. Am J Crit Care 1999;8:314-18.
- Sumi Y, et al. Colonization of denture plaque by respiratory pathogens in dependant elderly. Gerontolog 2002;9:25-9.
- Russel SL, et al. Respiratory pathogen colonization of the dental plaque of institutionalized elders. Spec Care Dentist 1999;19:128-34.

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#### REDUCTION OF MICROBIAL COLONIZATION IN THE OROPHARYNX AND DENTAL PLAQUE REDUCES VENTILATOR-ASSOCIATED PNEUMONIA.

R. Garcia, L. Jancovski, L. Cooney, Brookdale University Medical Center (BRUMC), Brooklyn, NY

##### ABSTRACT

**BACKGROUND:** An estimated 100,000 to 150,000 cases of ventilator-associated pneumonia occur each year in US hospitals. The primary risk factor for ventilator-associated pneumonia is mechanical ventilation, which is associated with a 10% to 30% mortality rate. The overall incidence of ventilator-associated pneumonia is 10% to 15% per year. The overall incidence of ventilator-associated pneumonia is 10% to 15% per year.

**OBJECTIVES:** To determine the effectiveness of a comprehensive program of oral and dental health assessment and intervention to reduce the rates of VAP.

**METHODS:** An eight-center clinical trial of mechanical ventilation using endotracheal tubes in the field of intensive care units (ICU). From July 2001 to 2002, 1000 patients were enrolled in the study. The study was conducted in 8 ICUs across 4 hospitals. The study was conducted in 8 ICUs across 4 hospitals.

system. 10 control patients in other environmental conditions were included in the study. The results of the study are presented in the abstract. The results of the study are presented in the abstract.

**RESULTS:** From July 2001 to 2002, 1000 patients were enrolled in the study. The study was conducted in 8 ICUs across 4 hospitals.

**CONCLUSIONS:** Comprehensive oral and dental health assessment and intervention significantly reduced the rates of VAP.

##### BACKGROUND

The efficacy and cost effectiveness of various interventions designed for the prevention and control of ventilator-associated pneumonia (VAP) have been extensively studied. In 2000, the National Health and Medical Research Council (NH&MRC) published a clinical practice guideline for the prevention and treatment of VAP in the intensive care unit (ICU).

The efficacy and cost effectiveness of various interventions designed for the prevention and control of ventilator-associated pneumonia (VAP) have been extensively studied. In 2000, the National Health and Medical Research Council (NH&MRC) published a clinical practice guideline for the prevention and treatment of VAP in the intensive care unit (ICU).

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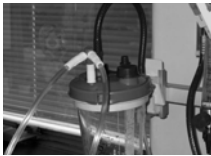
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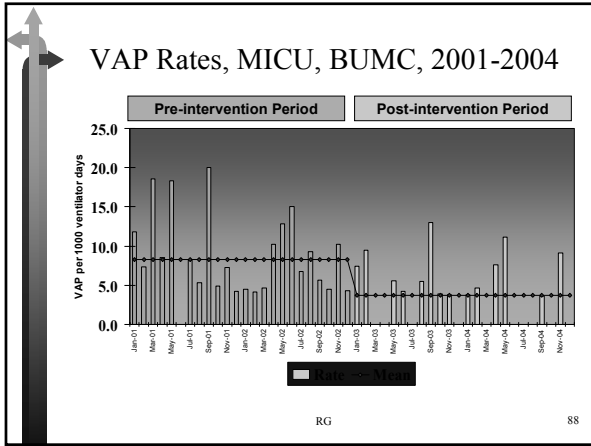
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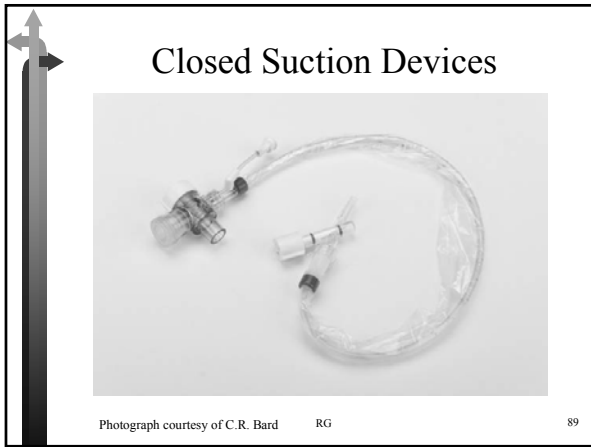
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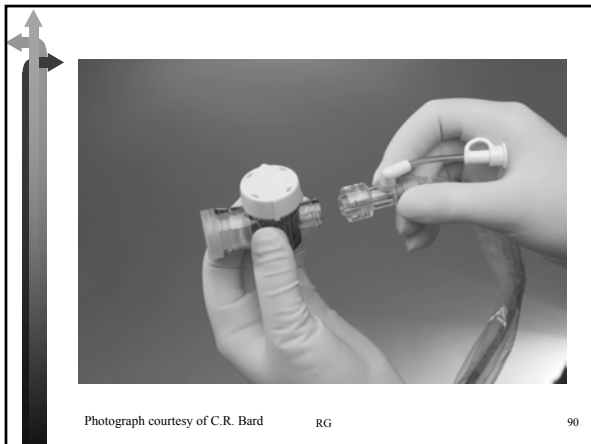
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#### Closed Suction Catheter Replacement

- Manufacturers: replace at 24 hours
- HICPAC:
  - No recommendation can be made about the frequency of routinely changing the in-line suction catheter of a closed-suction system in use on one patient. (Unresolved issue)
- Kollef MH, Prentice D, Shapiro SD, Fraser VJ, Silver P, Trovillion E, et al. Mechanical ventilation with or without daily changes of in-line suction catheters. Am J Resp Crit Care Med, 1997;156:466-72

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#### Closed Suction Cost Analysis

Product (Endotracheal tube model)	1-day cost	3-day cost	5-day cost	7-day cost
Current	\$6.95	\$20.85	\$34.75	\$48.65
Proposed	\$7.50	\$19.50	\$31.50	\$43.50
Savings with proposed device		\$1.35	\$3.25	\$5.15

If you use 6,000 units per year with 3-day replacement policy:  
 Current = \$125,100; Proposed = \$117,000; SAVINGS PER YEAR = \$8,000

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#### Urinary Catheters



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#### Cost of a Catheter-associated UTI

- What are the direct costs of a nosocomial catheter-associated UTI (CAUTI)?
  - Prospective study of 1,497 patients
  - Daily cultures reviewed by author (MD)
  - In 123 CAUTIs, \$20,662 in extra lab costs, \$35,872 in extra medication costs = avg. of \$589 (1998 dollars)
  - *However, urine in collection bags has the largest reservoir of multi-antibiotic resistant pathogens*

Tambyah PA, et al. The direct costs of nosocomial catheter-associated urinary tract infection in the era of managed care. ICHE 2002;23:27-31. RG 94

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#### Do Silver Urinary Catheters Reduce UTIs & are they Cost Effective?

- Prospective study in 10 patient care units
- 2 24 month periods; >48,500 catheter days
- Use of silver catheters decreased rate from 6.13 to 2.62/1000 catheter days.
- Cost Analysis (low range):
  - 110 UTIs x \$666 (cost of UTI)
  - + 110 UTIs x 0.02 (percent bacteremia) x \$2041 (cost of bacteremia)
  - = \$64,281 (additional cost of silver catheters)
  - = \$13,469

Rupp ME. Effect of silver-coated urinary catheters: efficacy, cost-effectiveness, and antimicrobial resistance. AJIC 2004;32:445-50. RG 95

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#### Brushless Surgical Scrubs



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**Robert Garcia, Brookdale University Medical Center**  
**A Webber Training Teleclass**



**Are Brushless Surgical Scrubs the Way to Go?**

- Replacement of impregnated surgical scrub brushes with antimicrobial solutions
- *The question is not if the new product is effective, but are we replacing a bad habit?*
- Surgeons in general are meticulous about surgical scrub because it is ingrained in them
- If we change to a similar practice as routine handwash, will we have compliance rates as we do now with routine handwash?
- In the end, does a facility replace or supplement?

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**Summary**

- Every procedure in healthcare involves the use of a product
- If Infection Control is not involved in the decision making process, the decision must be questioned
- A step-by-step process for product evaluation ultimately yields the greatest benefit to the institution
- Always question, never accept that it works for your institution
- *Make it fun!!!*

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*Thank You for Your Support!*

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**Linking Infection Control and Product Evaluation**  
**Robert Garcia, Brookdale University Medical Center**  
**A Webber Training Teleclass**

**The Next Few Teleclasses**

May 18	<b><i>Antibiotic Prescribing Practices</i></b> ... with Dr. Dick Zoutman
May 25	<b><i>Infection Control in the Cruise Ship Industry</i></b> ... with Dr. Robert Wheeler
June 1	<b><i>Infection Control in Healthcare Construction</i></b> ... with Dr. Andrew Steifel
June 8	<b><i>Zoonosis from Companion Animals &amp; Pets</i></b> ... with Dr. Corrie Brown

For the full teleclass schedule – [www.webbertraining.com](http://www.webbertraining.com)

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