



# OF MITES & MEN

## THE ECOLOGY & MANAGEMENT OF LYME DISEASE

Jannelle Couret, Ph.D., M.E.M.  
University of Rhode Island

Vector-borne Disease  
Ecology & Control



@VEClab

@vectorecology

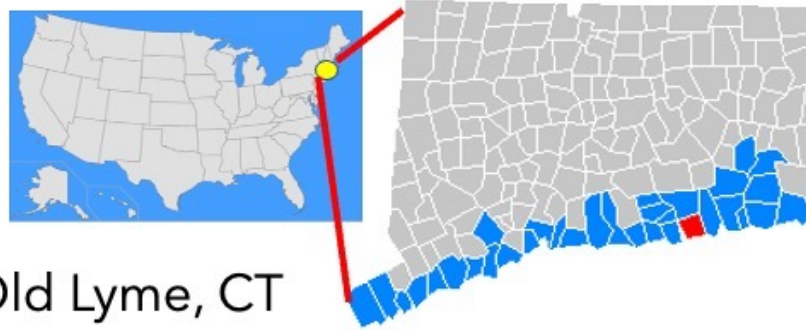
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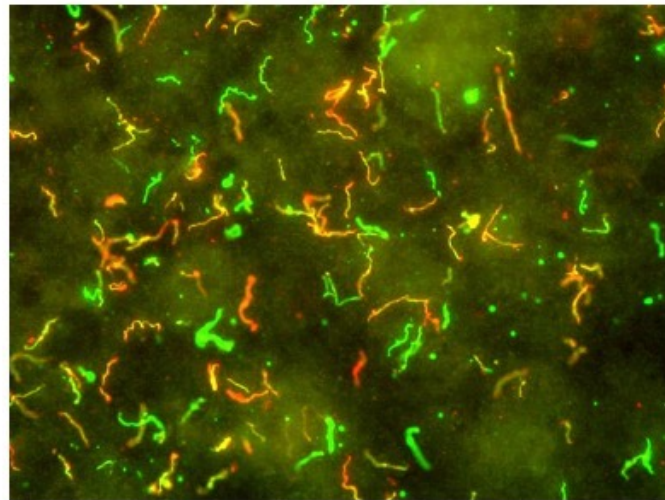
March 23, 2023

# The discovery of Lyme disease in the US 1970s



Old Lyme, CT

*Borrelia burgdorferi*



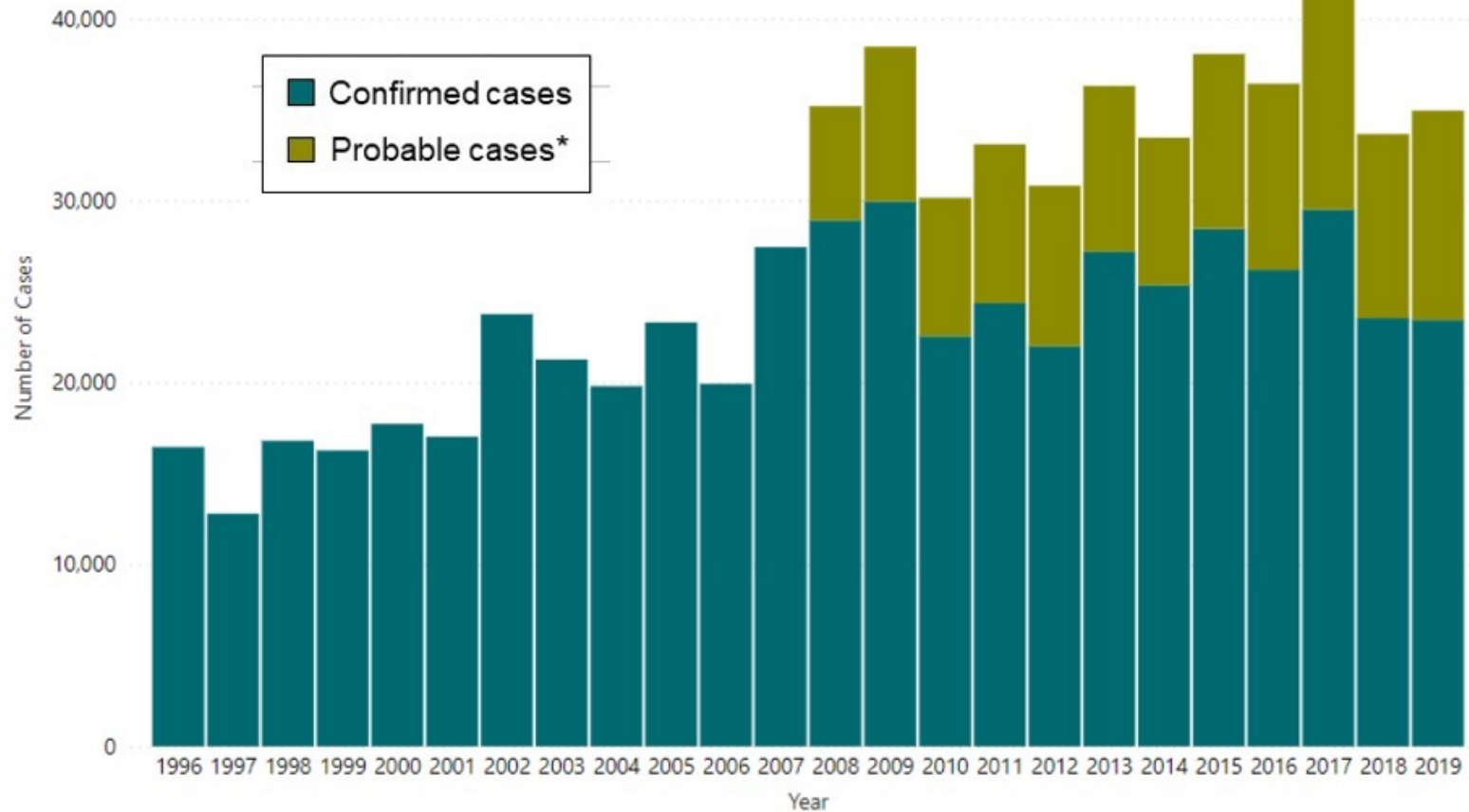


Lyme disease  
continues to  
emerge

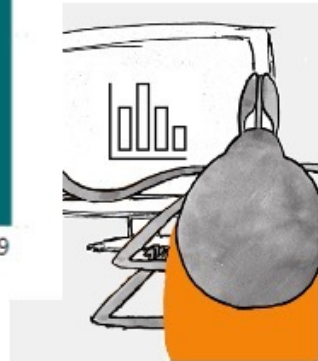
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# Lyme disease is emerging over time...



<https://www.cdc.gov/lyme/datasurveillance/charts-figures-recent.html>

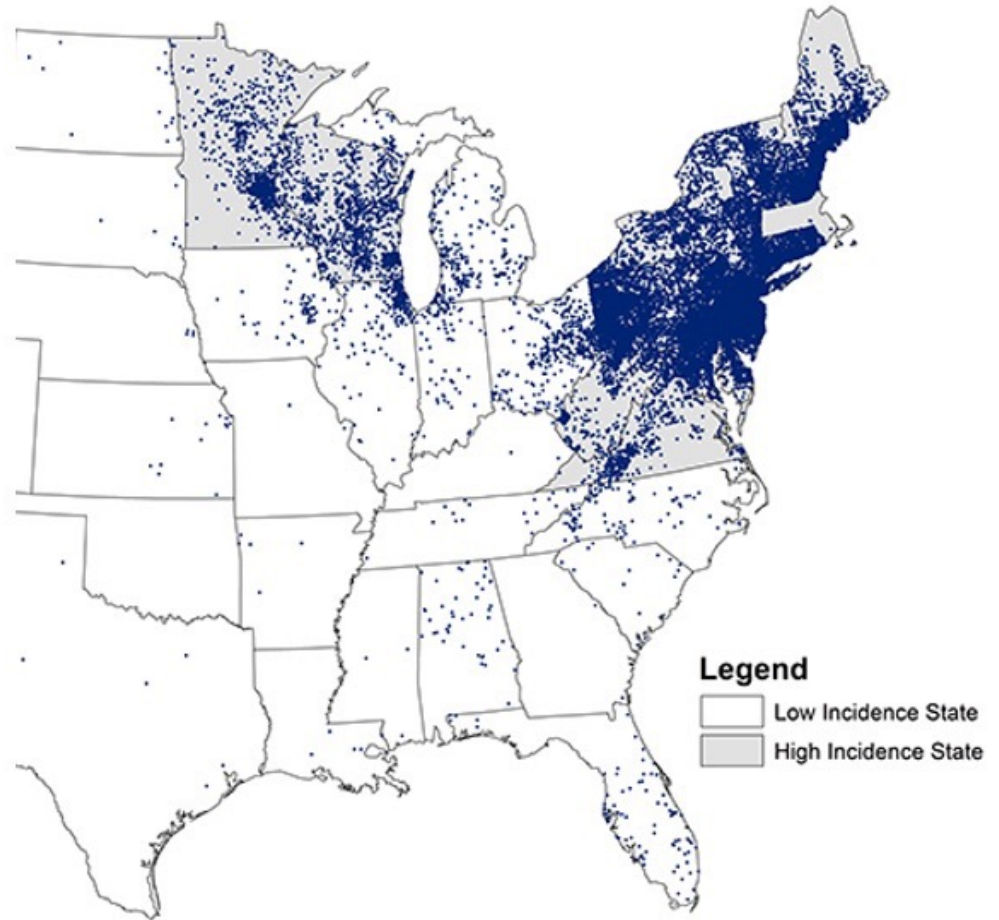
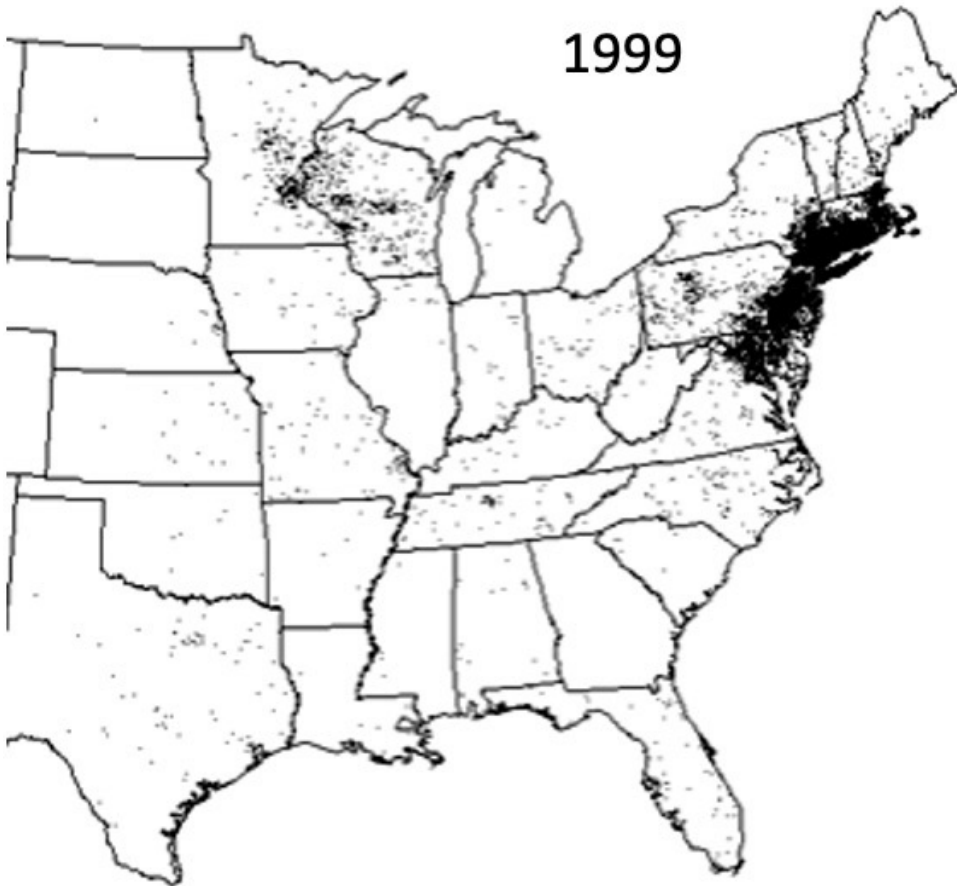


# Lyme disease is emerging over space

2019

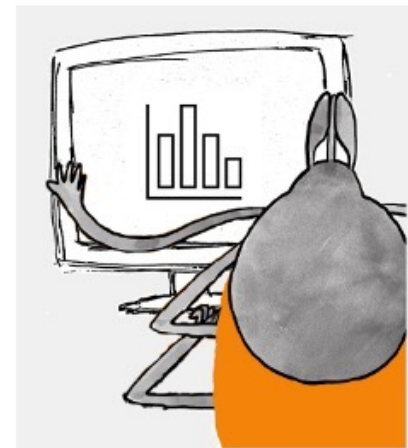
>90% cases occur in 7 northern eastern US

1999



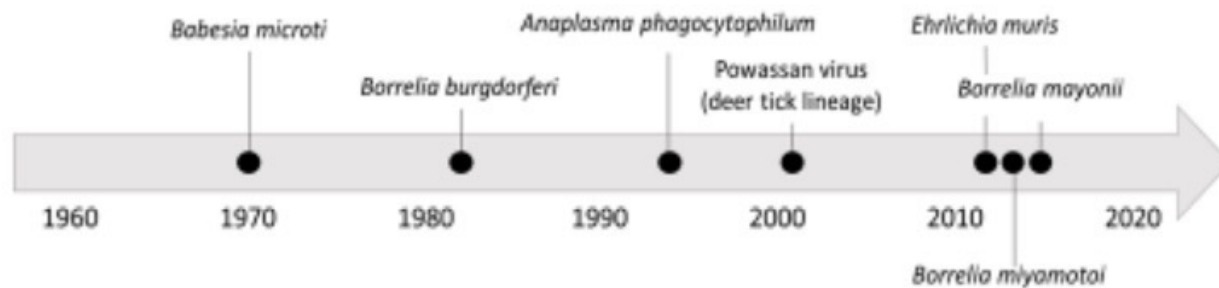
476,000 Americans are diagnosed and treated annually for Lyme disease

Kugeler et al. 2021  
Schwartz et al. 2021





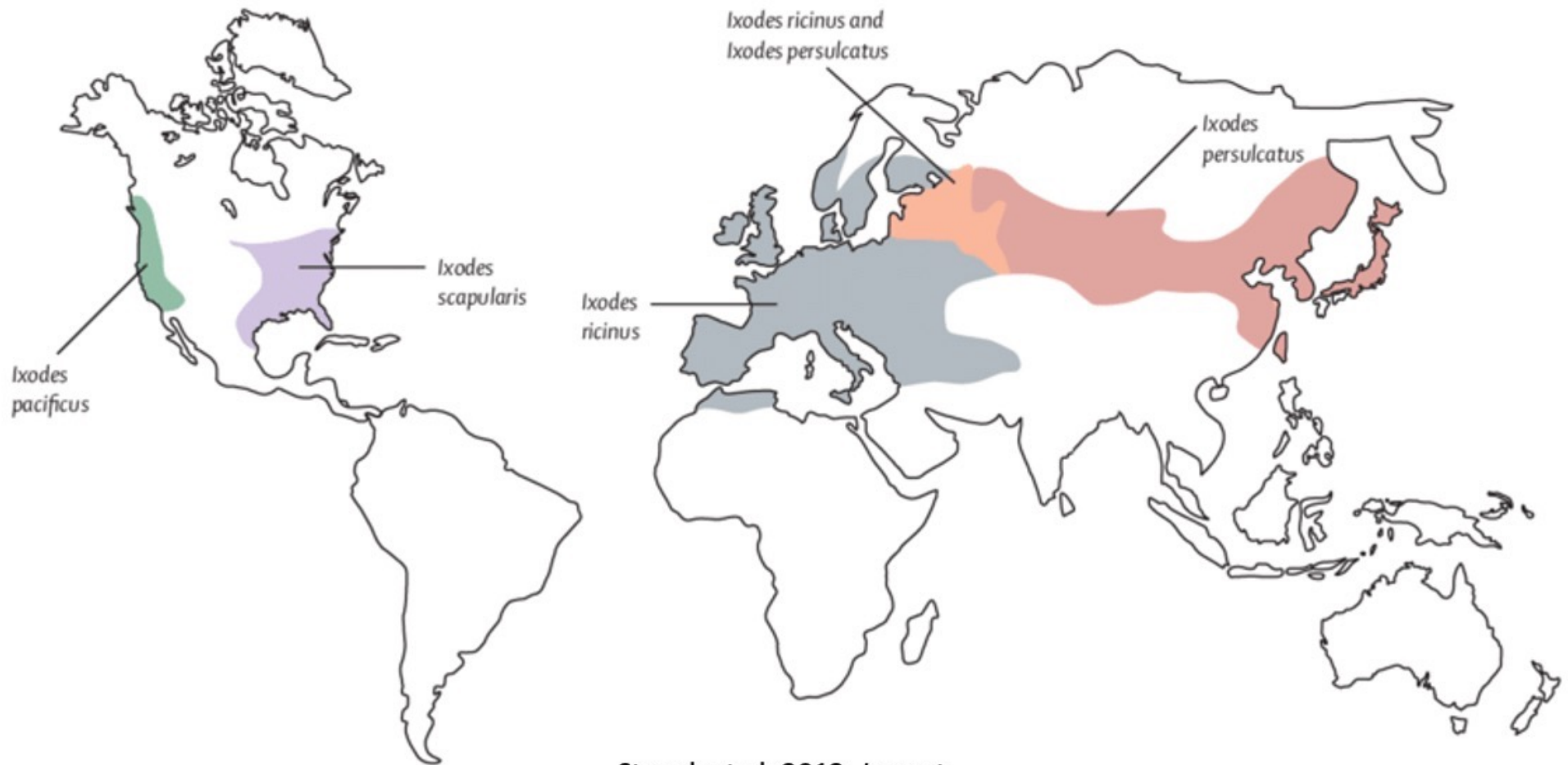
## *Ixodes scapularis*: an increasing public health concern



Eisen, RJ and Eisen, L. Trends in Parasitology, 2018. 34:295-309.

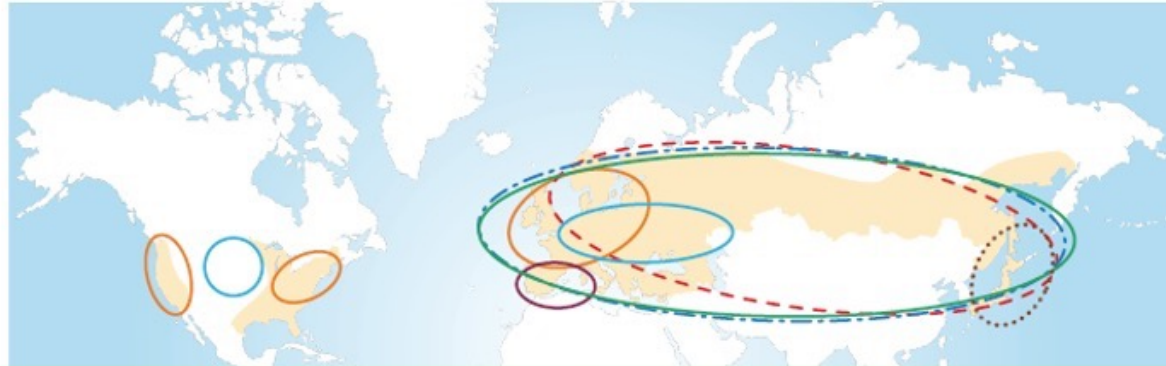


*Borrelia burgdorferi* sensu lato cycles between ticks in the *Ixodes ricinus* complex and their vertebrate hosts



Stanek et al. 2012. *Lancet*.

# Emergence in the global north



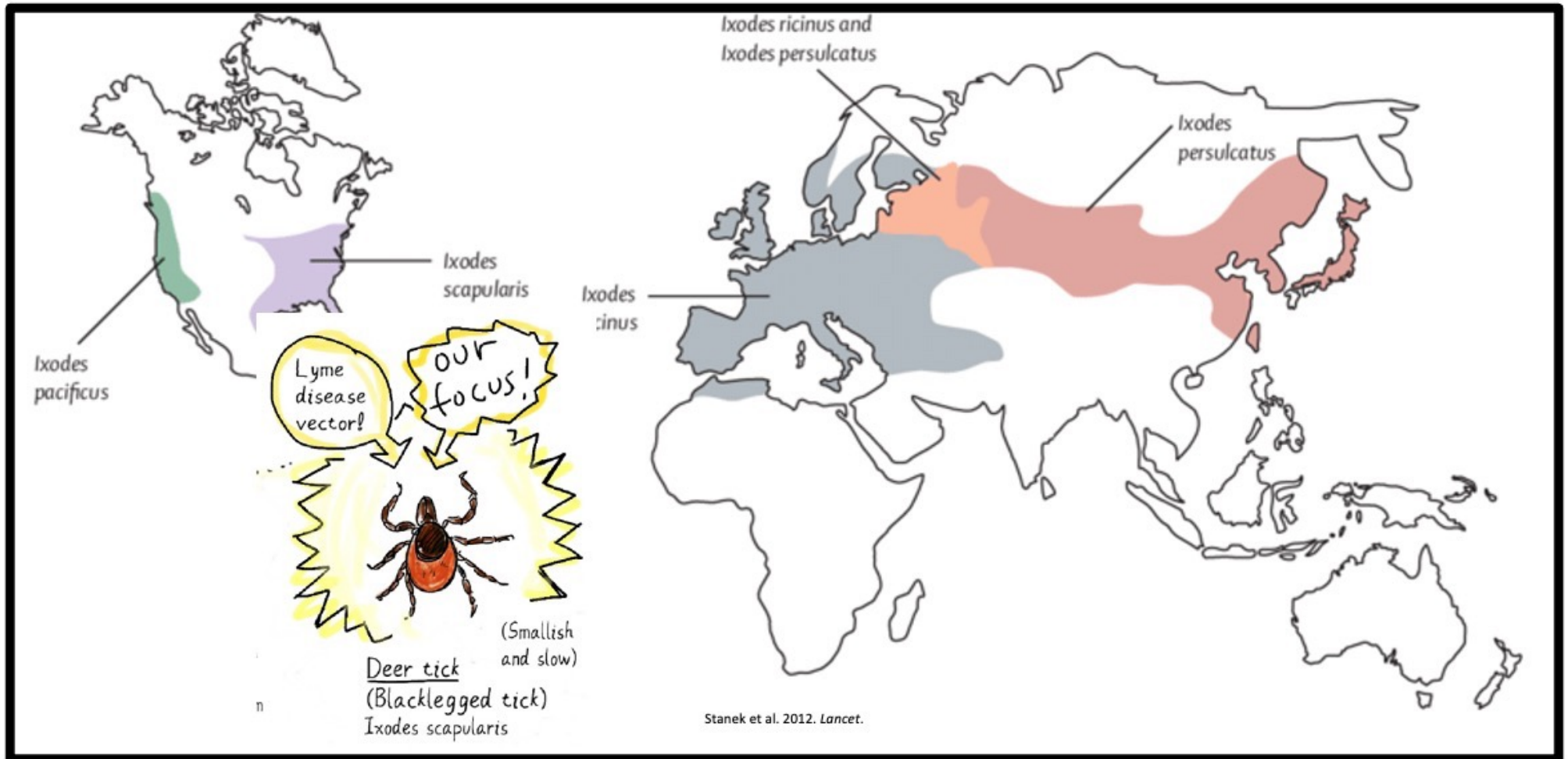
***Borrelia burgdorferi* sensu lato :**  
**≥ 20 known genospecies**



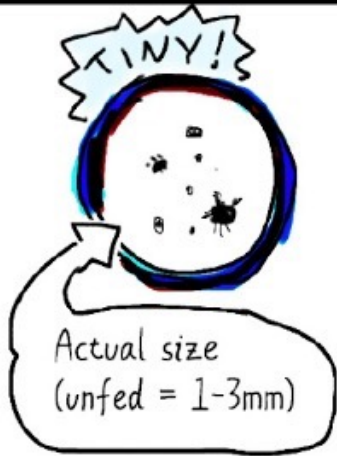
Kurtenbach et al. 2006. *Nature reviews*.

Maintenance of LB enzootic cycles in nature

*Borrelia burgdorferi* sensu lato vectored by ticks in the *Ixodes ricinus* complex



Require a blood meal to develop and reproduce (females)



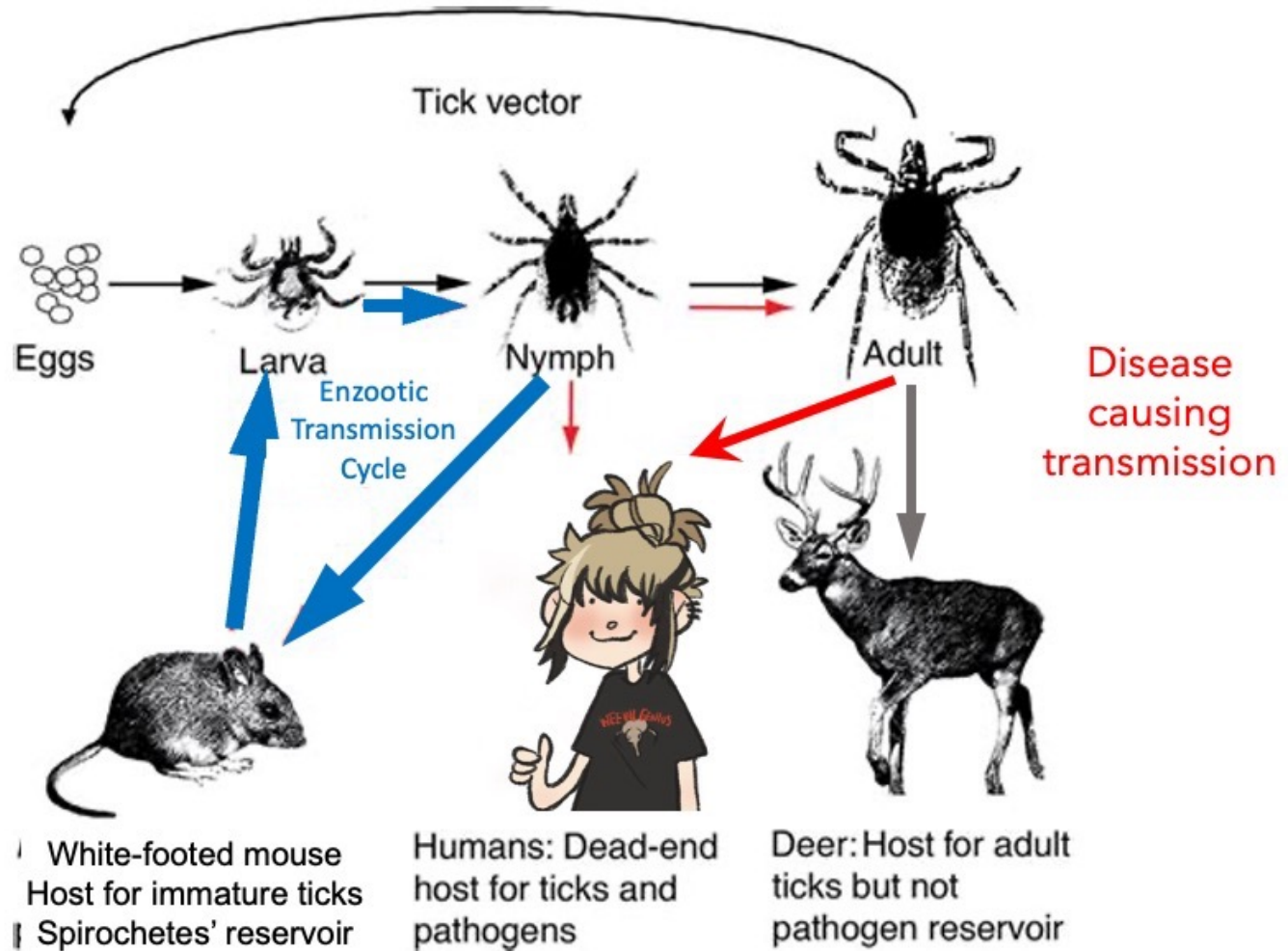
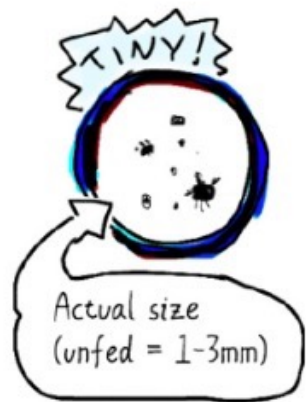
ENGORGED  
FEMALE



Females lay eggs in one batch & then die

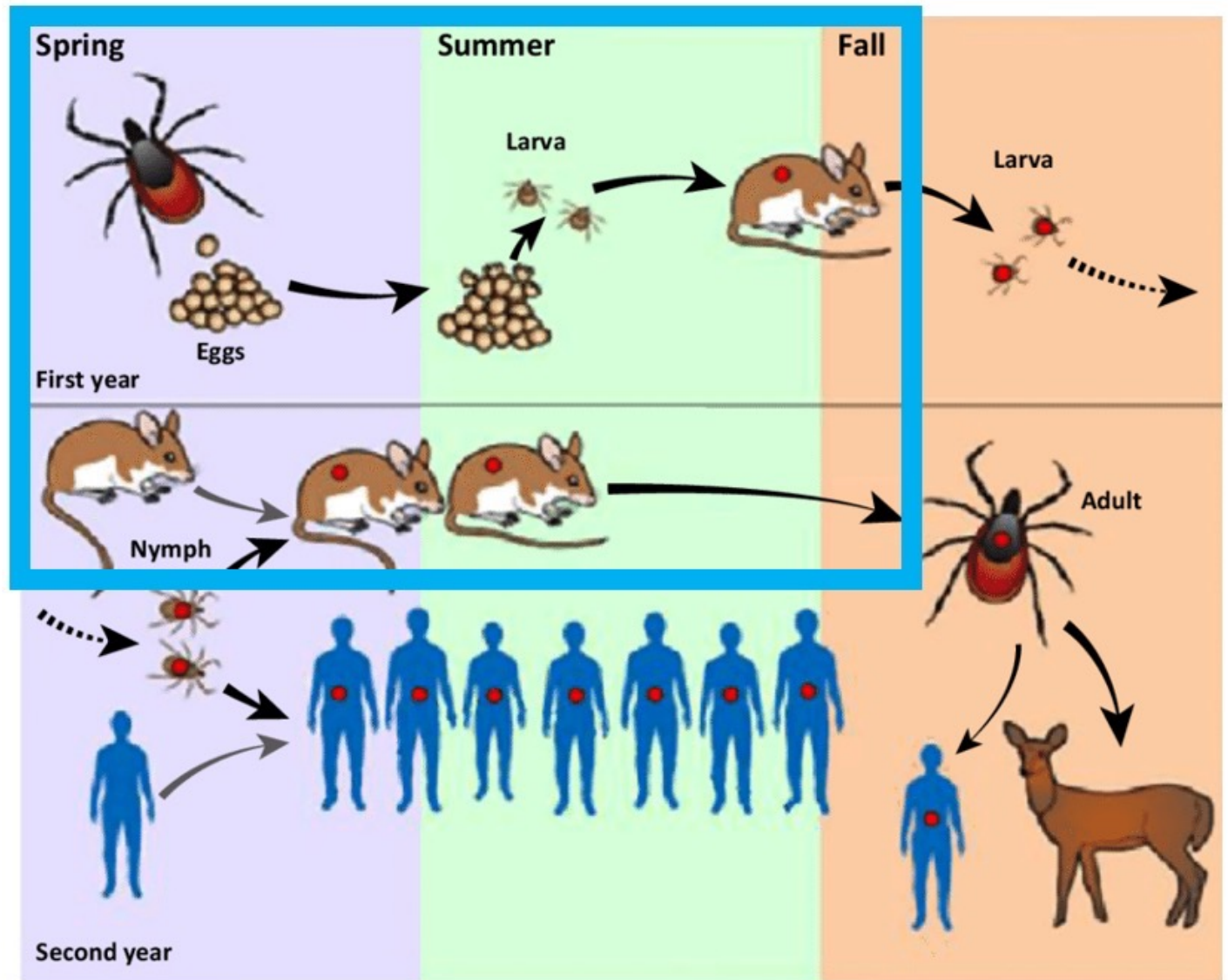


# Enzootic vs Spillover Transmission of Lyme spirochetes



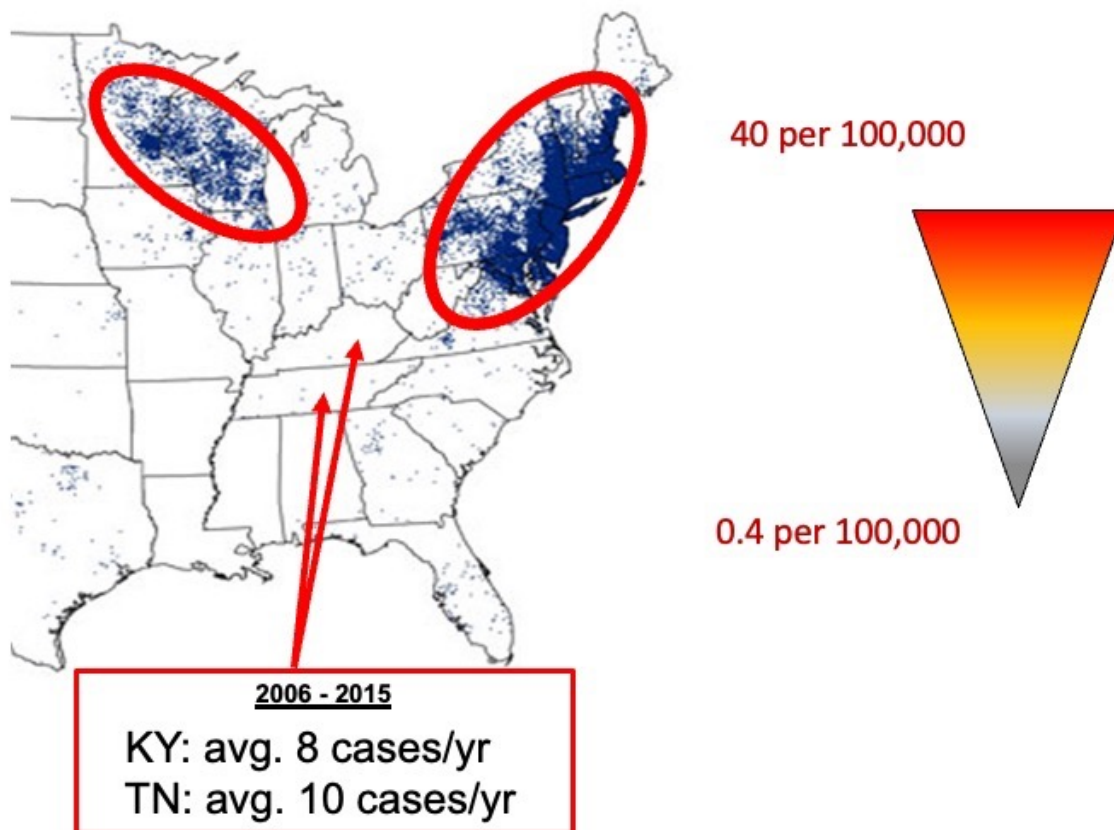
# Primary enzootic Transmission cycle

Maintains  
*B. burgdorferi*



Duik-  
Wasser  
et al. 2015

Latitudinal 'gradient' in reported Lyme disease incidence: ~2 orders of magnitude



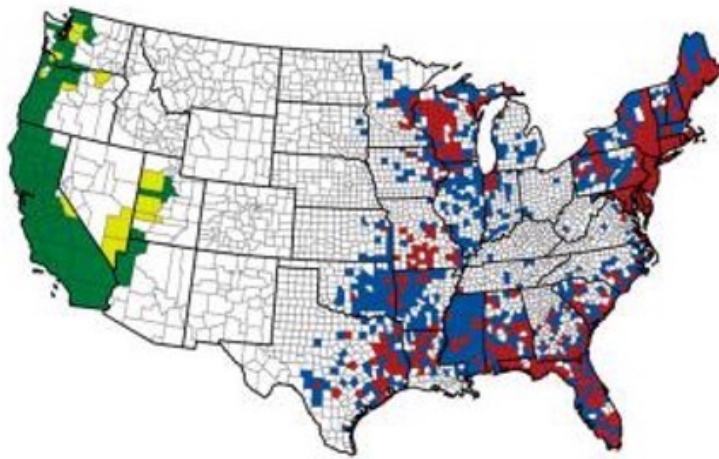


**There is a mismatch between human disease and  
vector-tick distribution**

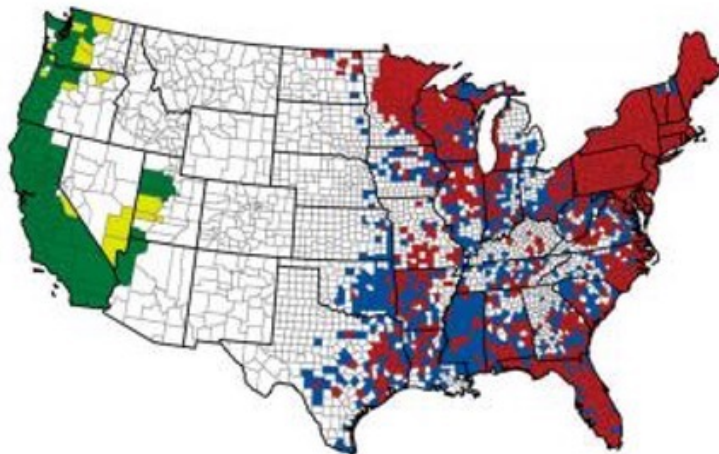
- 1) *Ixodes* abundance in the South is too low to support transmission cycles?



## The blacklegged tick has been spreading!



**1907-1996** (Dennis et al. 1998)

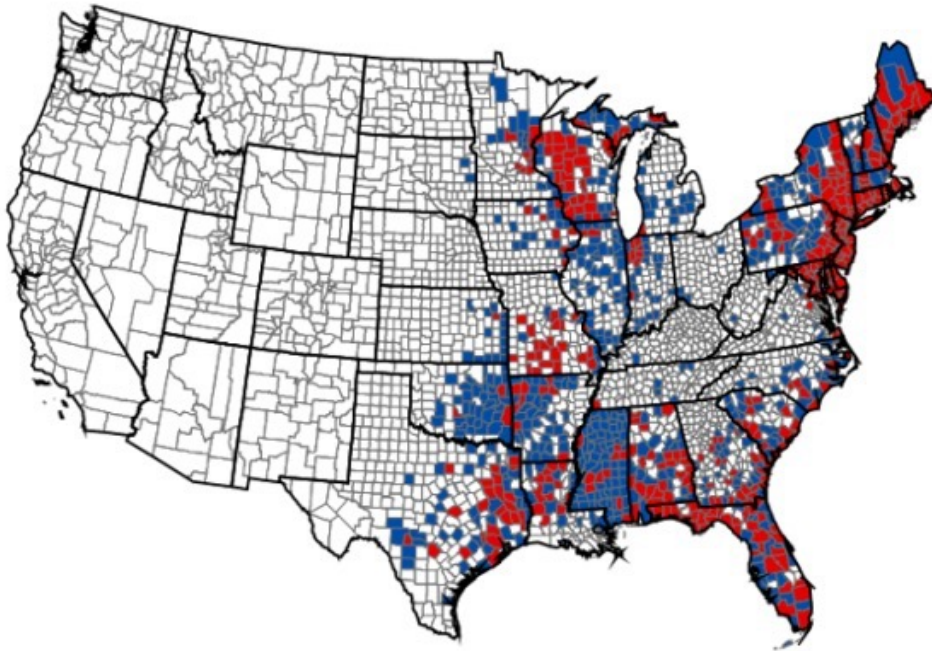


**1907-2015** (Eisen et al. 2016)

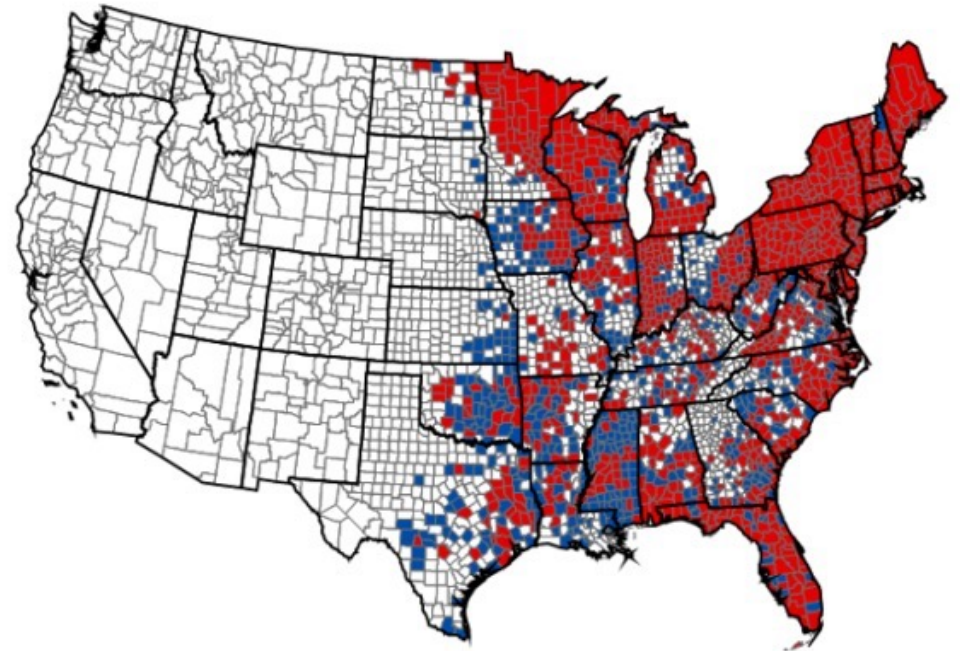
**Established tick**  
**populations:**  
■  $\geq 6$  ticks or 2 life stages  
in a single year



## Reported Distribution of *I. scapularis* has expanded

1996

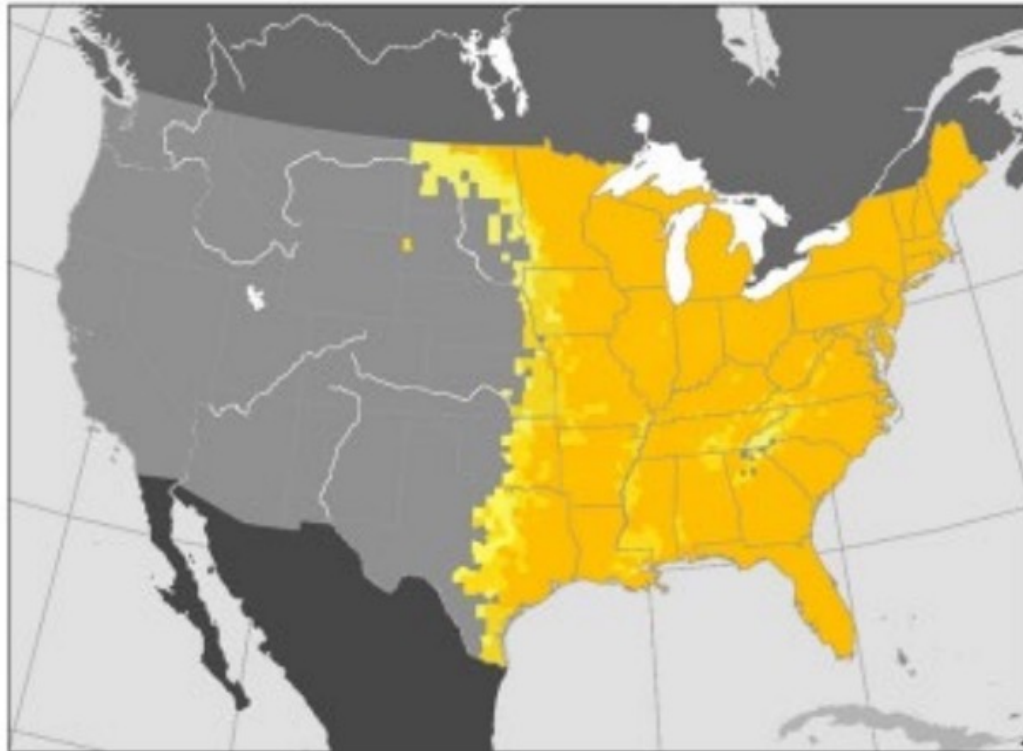


2021



-  Reported: Fewer than six individual ticks of a single life stage recorded in a single year
-  Established: Six or more ticks or more than one life stage recorded in a single year

## Distribution of suitable habitat, *Ixodes scapularis*



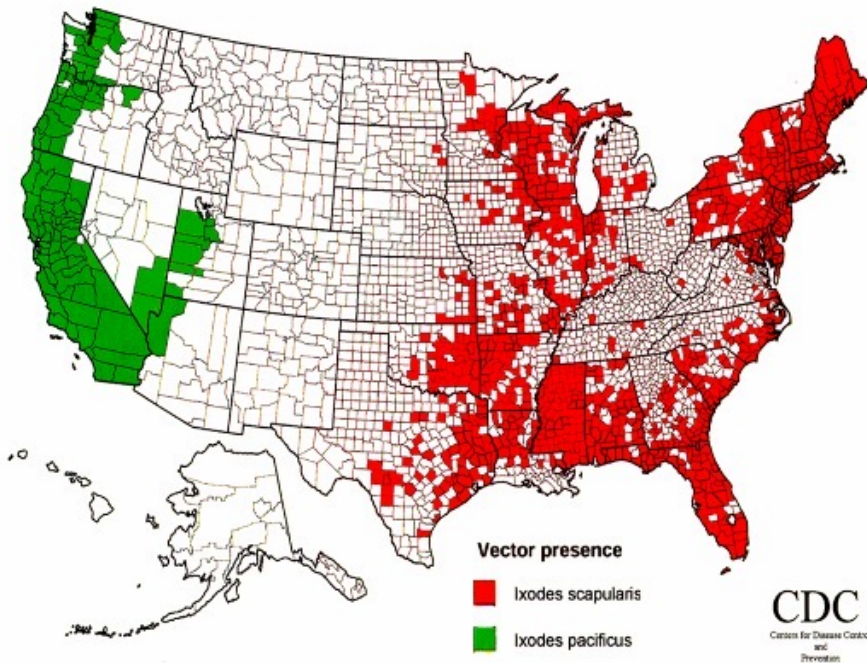
Hahn MB et al. J Med Entomol 2017;54:1104-1106.

Established: six or more ticks of more than one life stage recorded in a single year

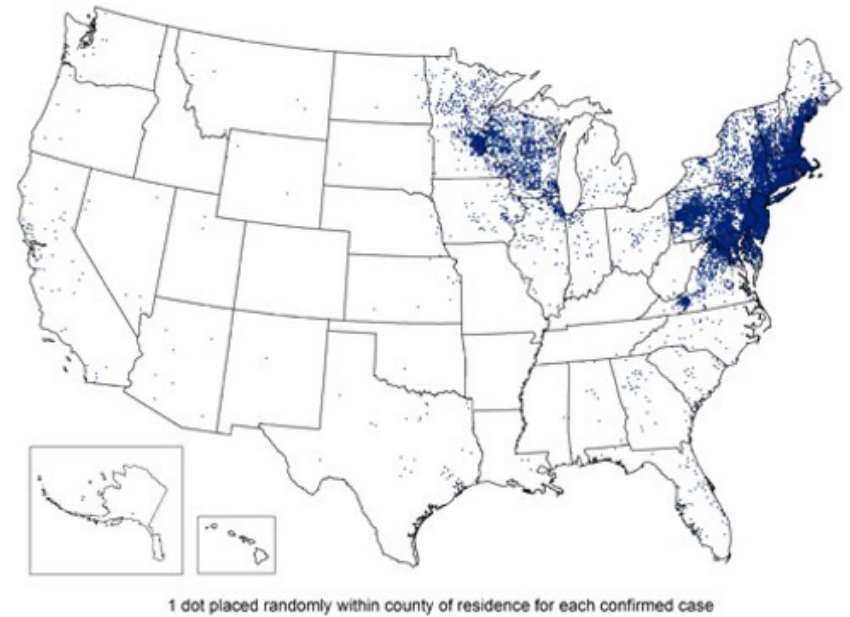
# Tick distribution

vs.

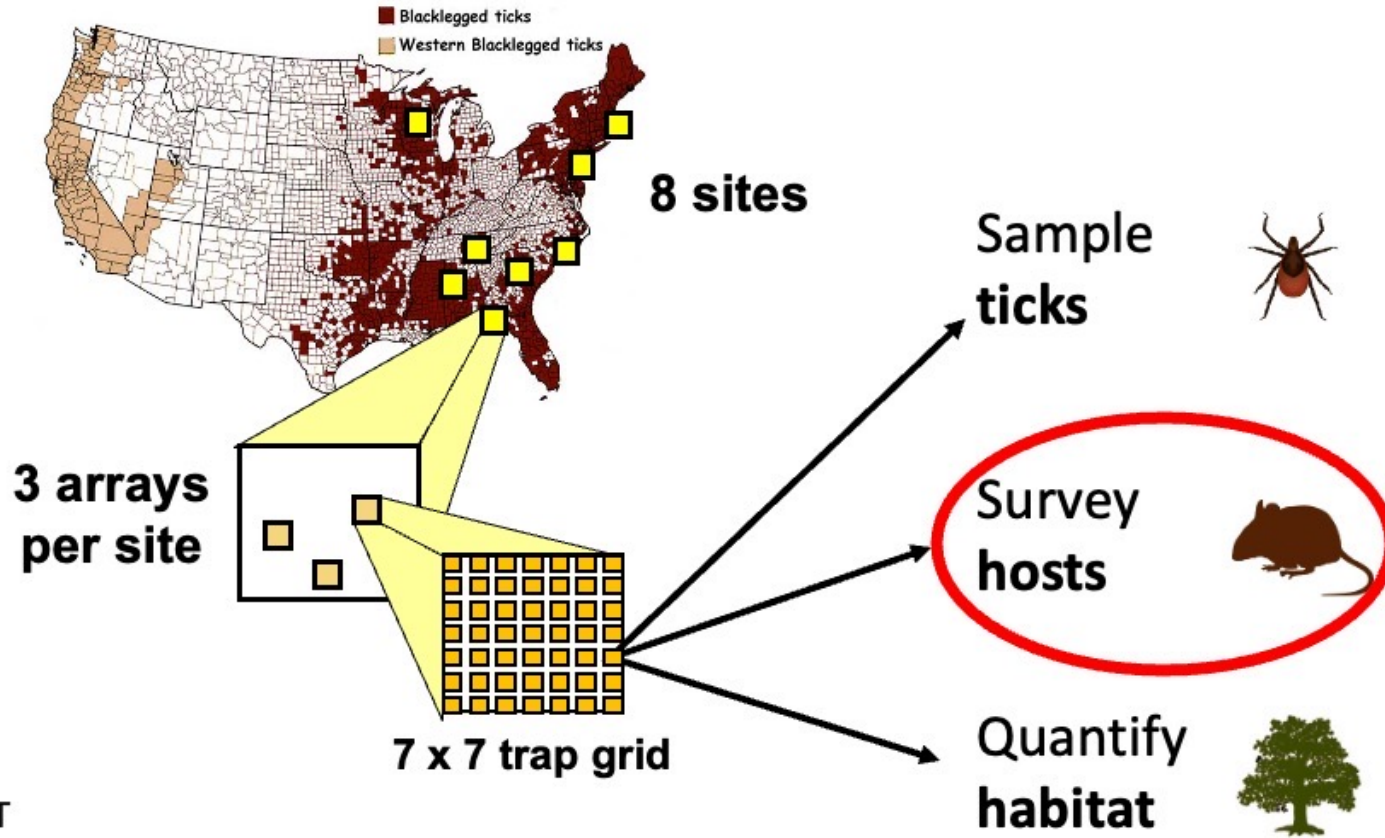
# Human cases



Reported Cases of Lyme Disease -- United States, 2012



# Lyme Gradient Project 2010-2015



Jean Tsao MSU  
Graham Hickling, UT  
Howie Ginsberg, URI

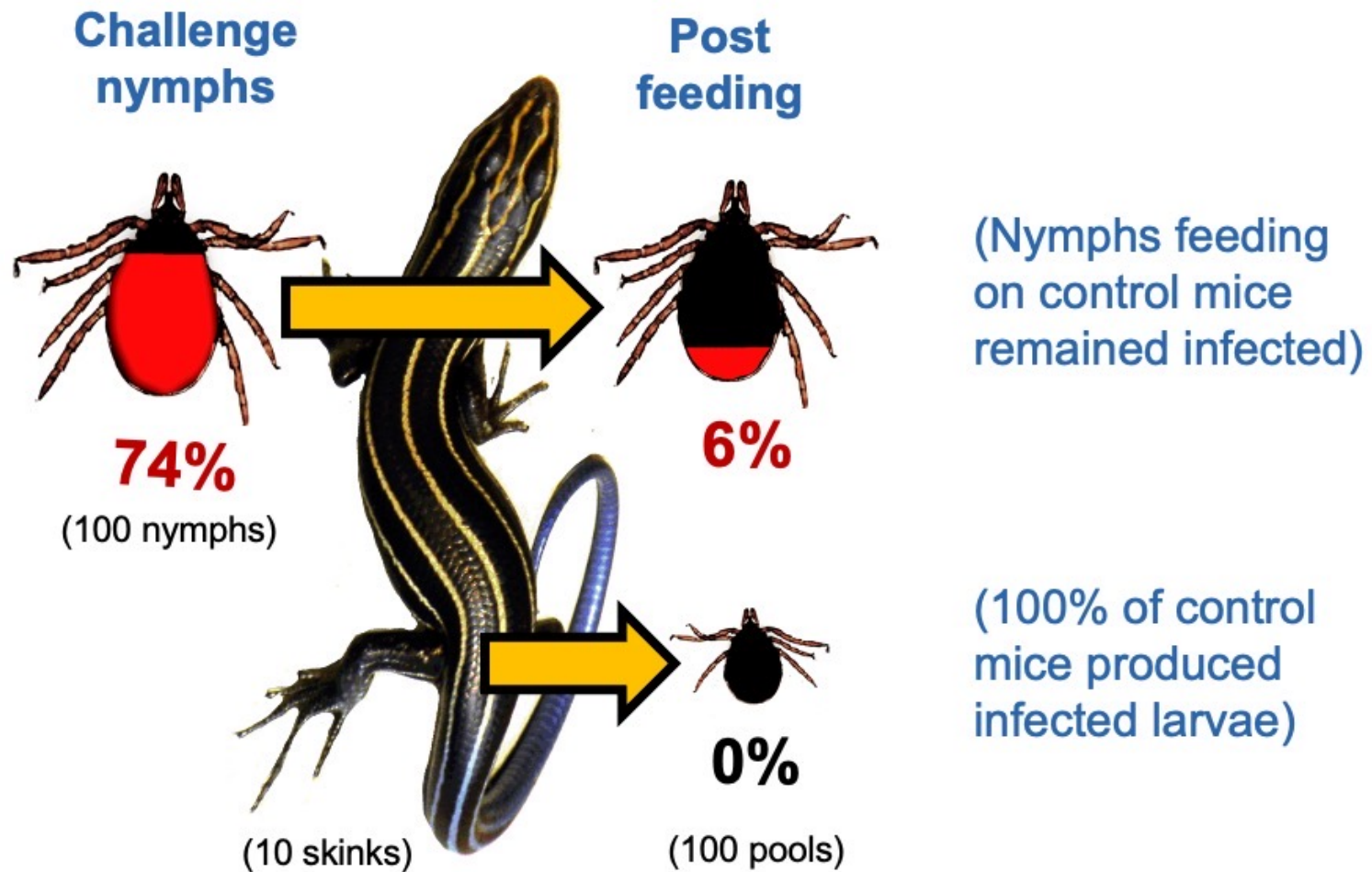
Not all vertebrate hosts equally contribute to enzootic maintenance of Lyme spirochetes



Northeastern US

*Peromyscus leucopus*

**White-footed mouse**

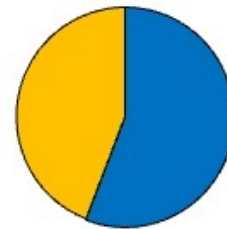




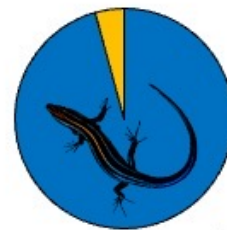
Propn. of immature *Ixodes* feeding on rodents vs lizards



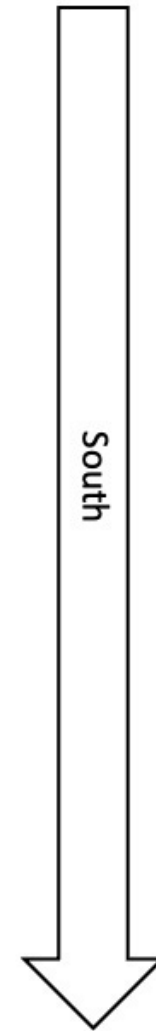
MA



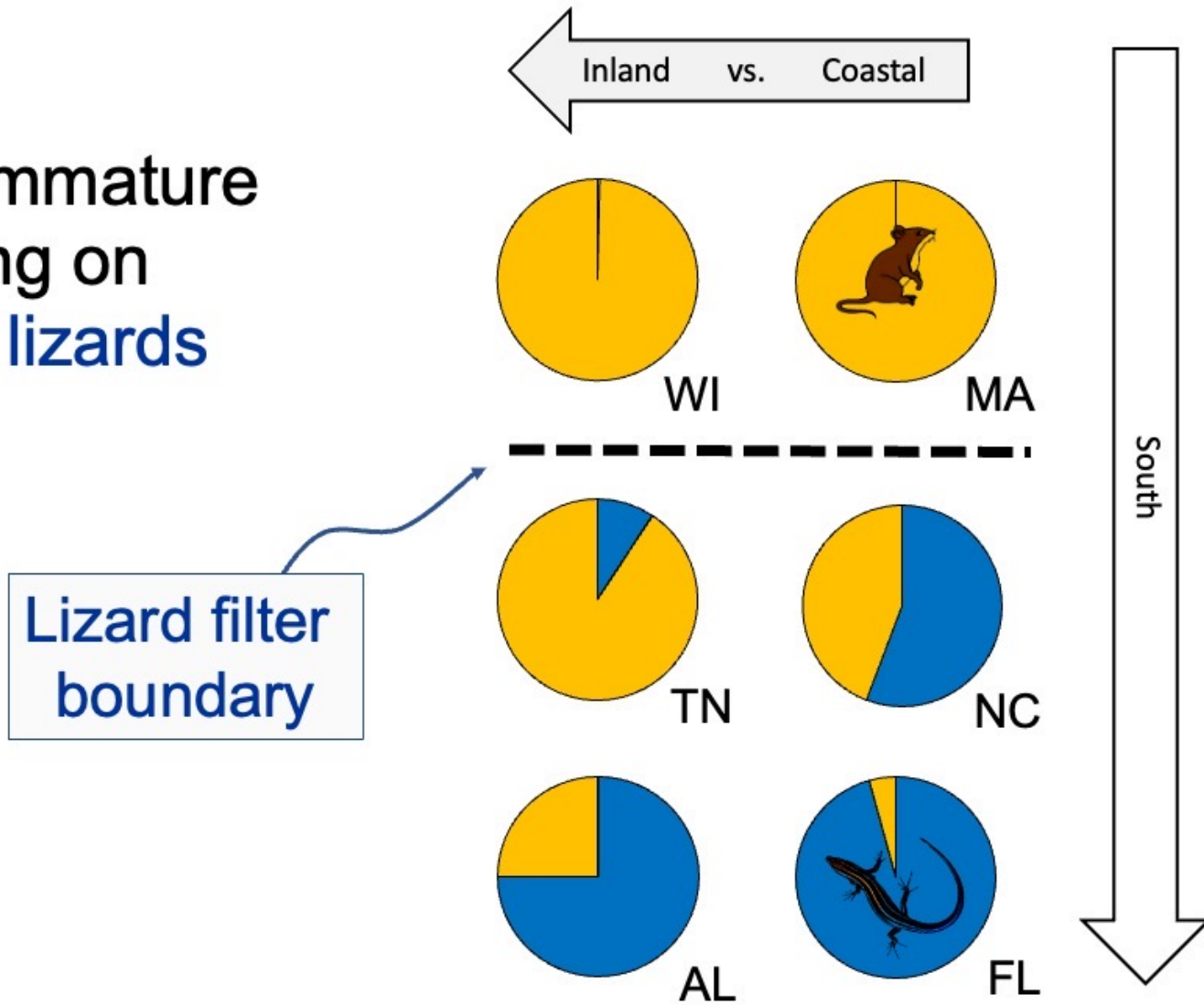
NC



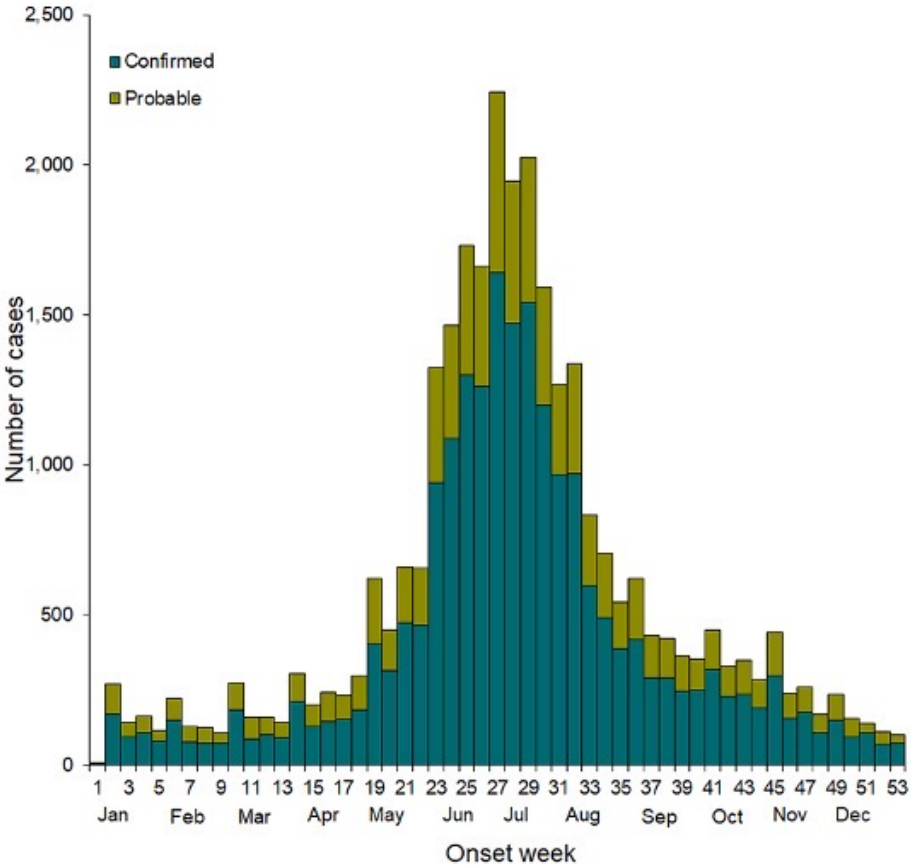
FL



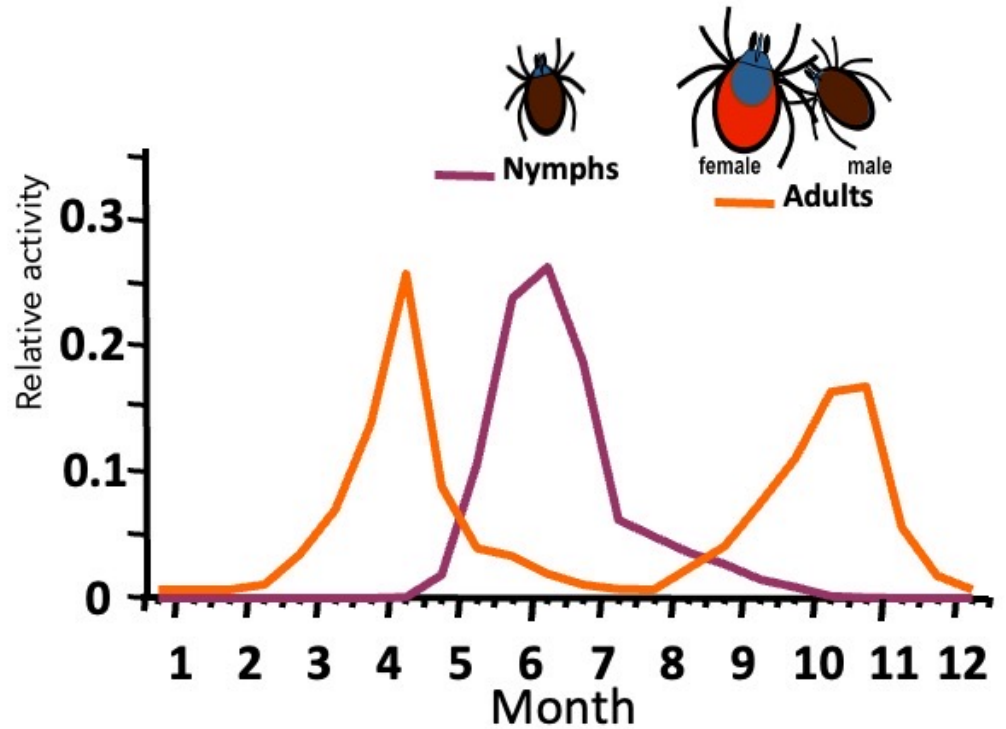
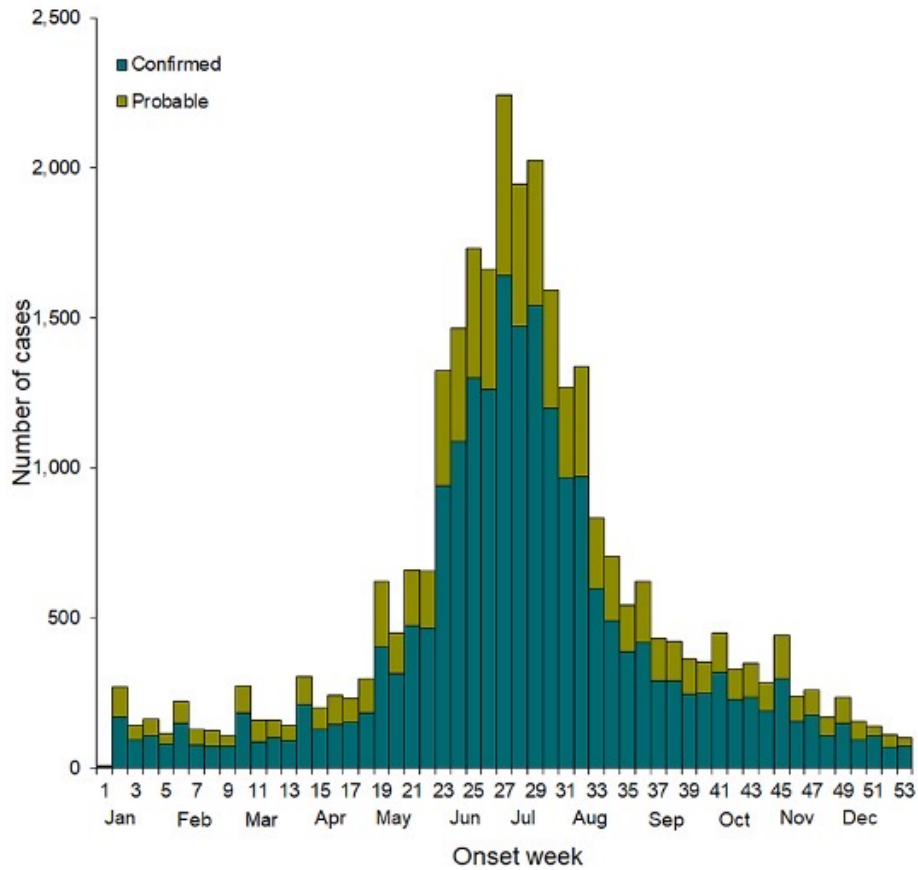
Proportion of immature ticks feeding on **rodents** vs **lizards**



# Lyme disease cases peak in mid summer

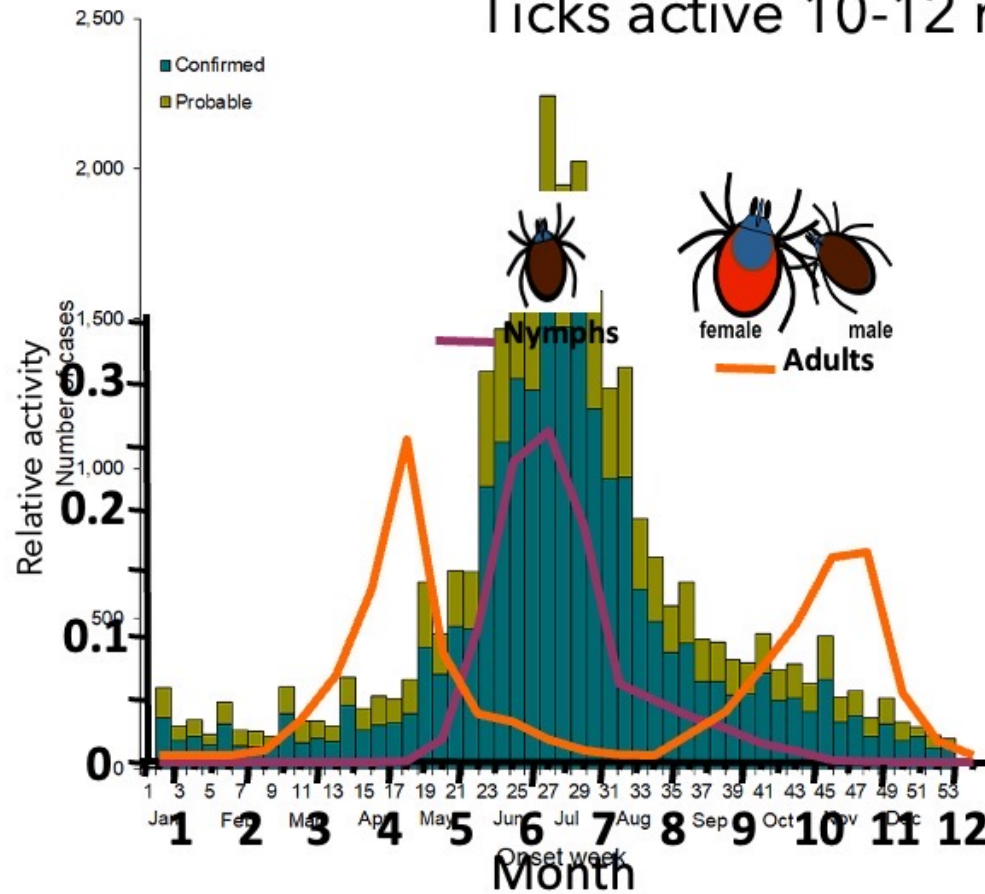


Ticks active 10-12 months of the year



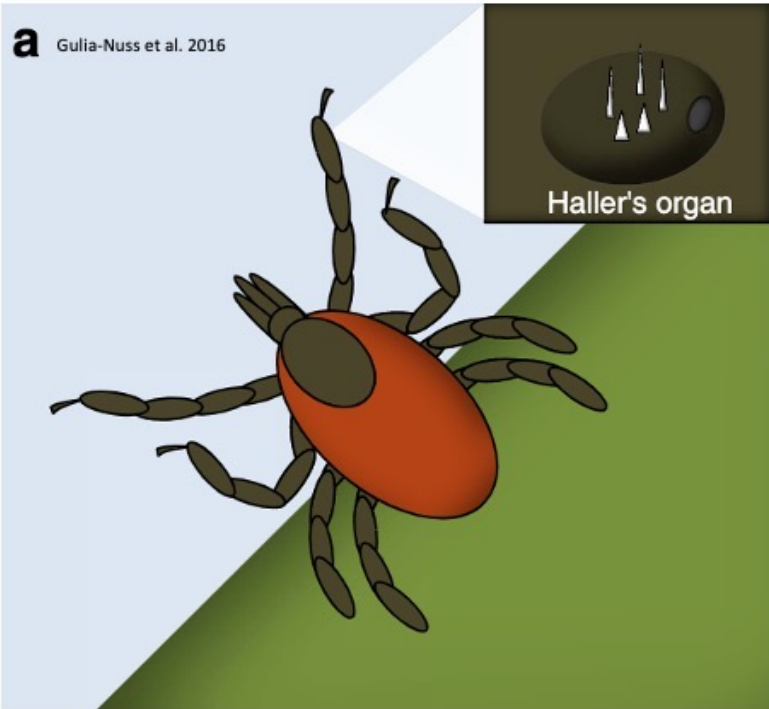
Disease peak coincides with nymphal deer tick abundance

# Ticks active 10-12 months of the year



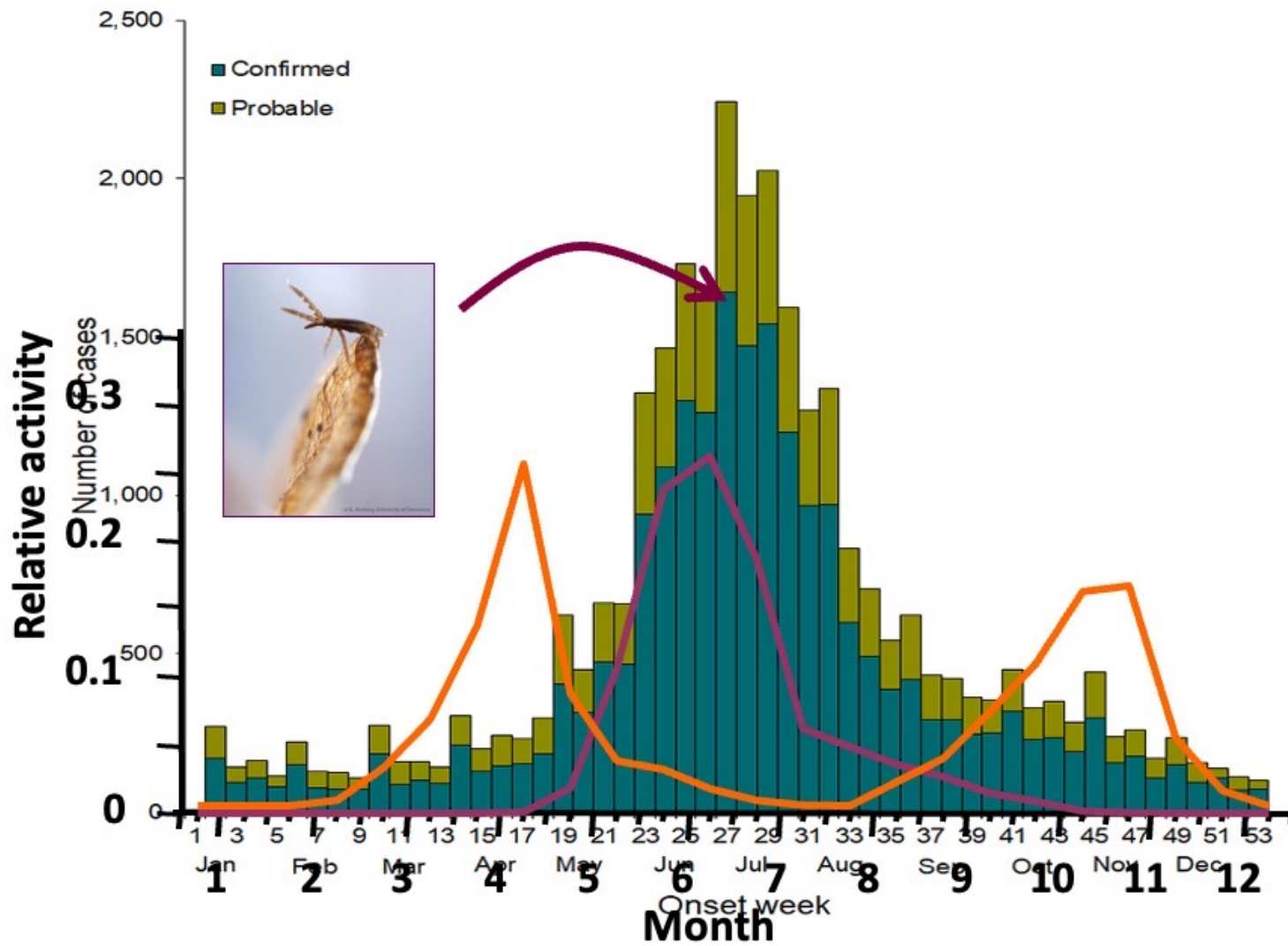
Disease peak coincides with nymphal deer tick abundance

# Host seeking behavior



Tick behavior impacts human Lyme disease risk



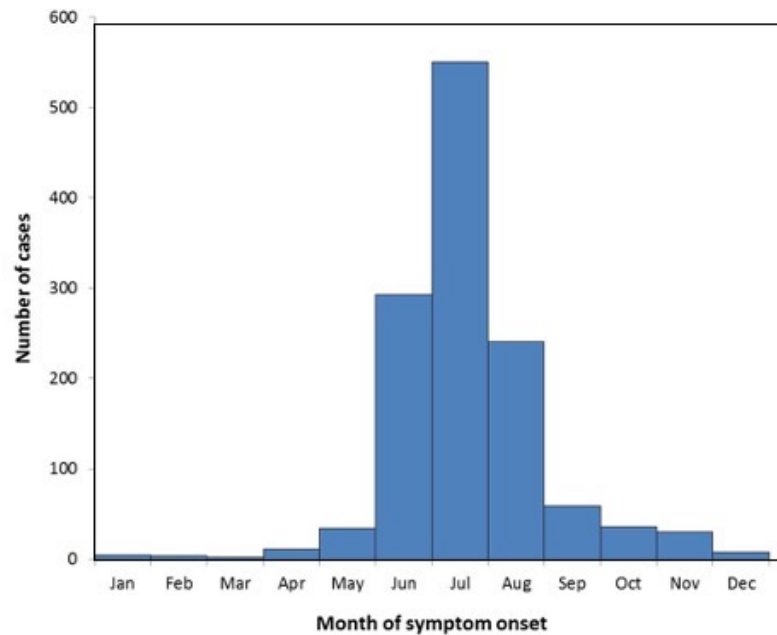




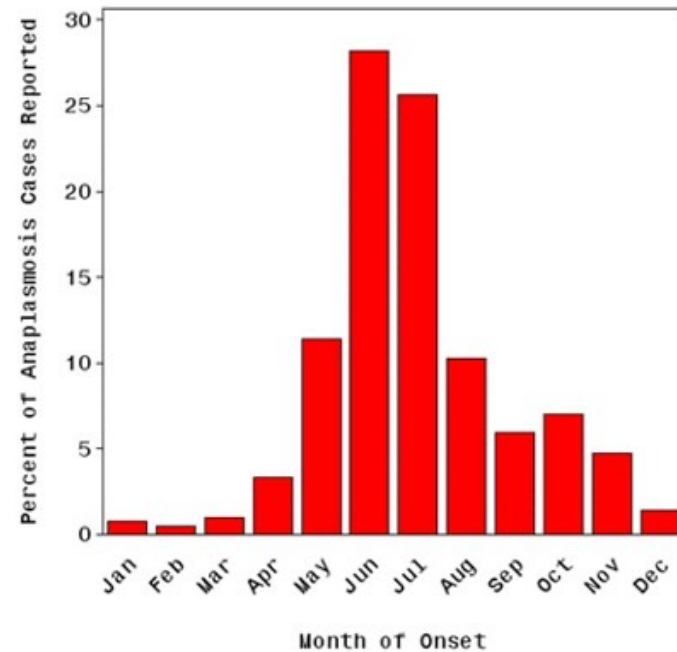


**Nymphal stage:  
the epidemiologically most important stage for humans!**

The same summer peak is seen for babesiosis and anaplasmosis (different pathogens, same tick)

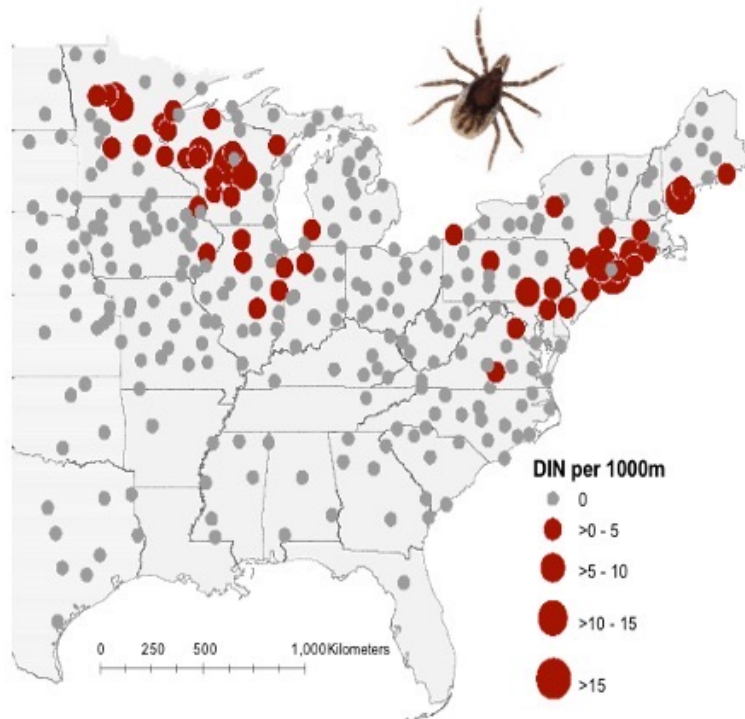


**Babesiosis  
(2013, CDC)**



**Anaplasmosis (2000-  
2010, CDC)**

## Distribution of questing *I. scapularis* nymphs

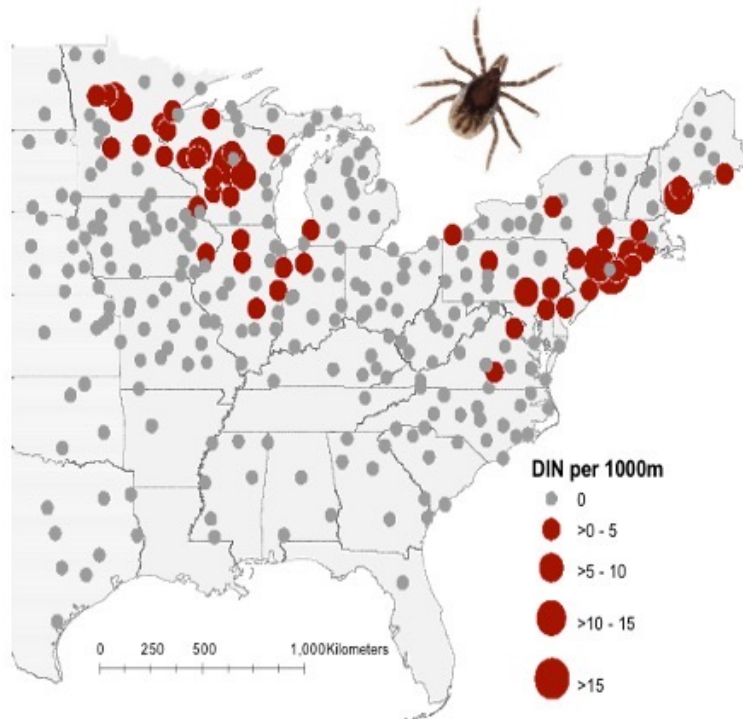


**Density of infected  
questing nymphs**

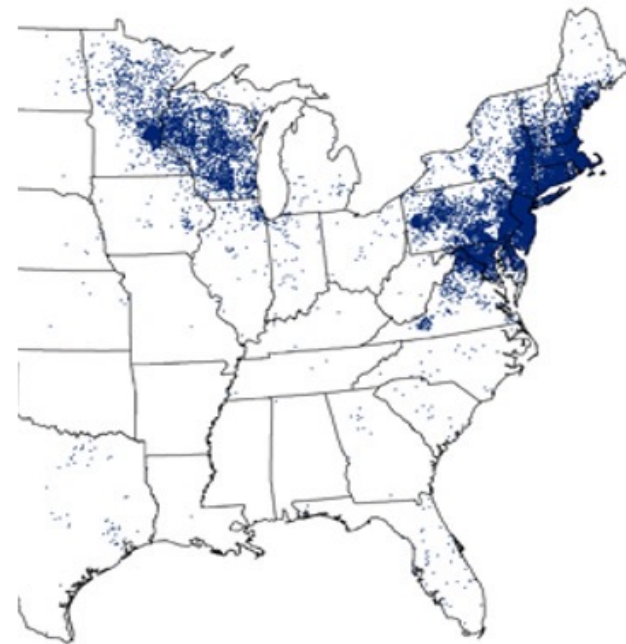
(Diuk-Wasser et al. 2012)



# Lyme disease distribution matches QUESTING nymphs distribution

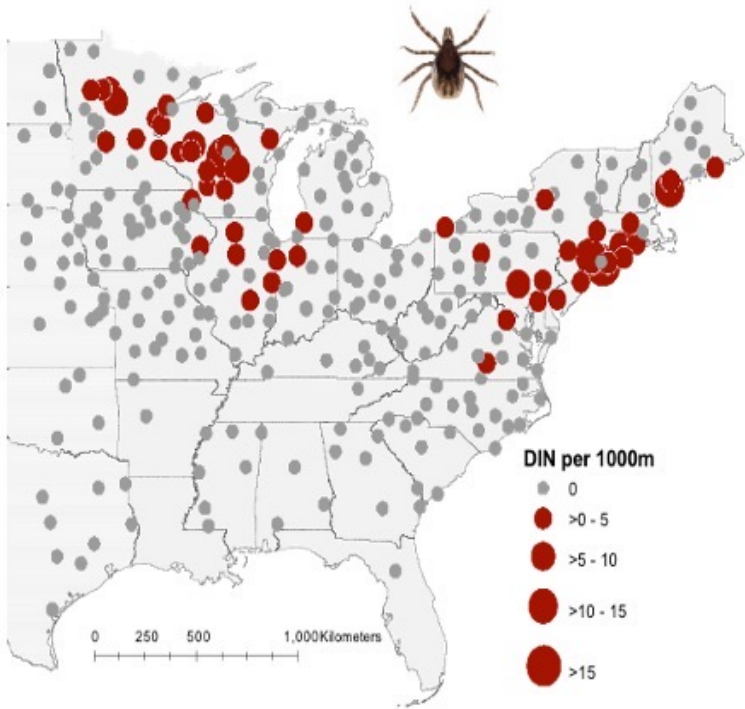


**Density of infected  
questing nymphs**  
(Diuk-Wasser et al. 2012)

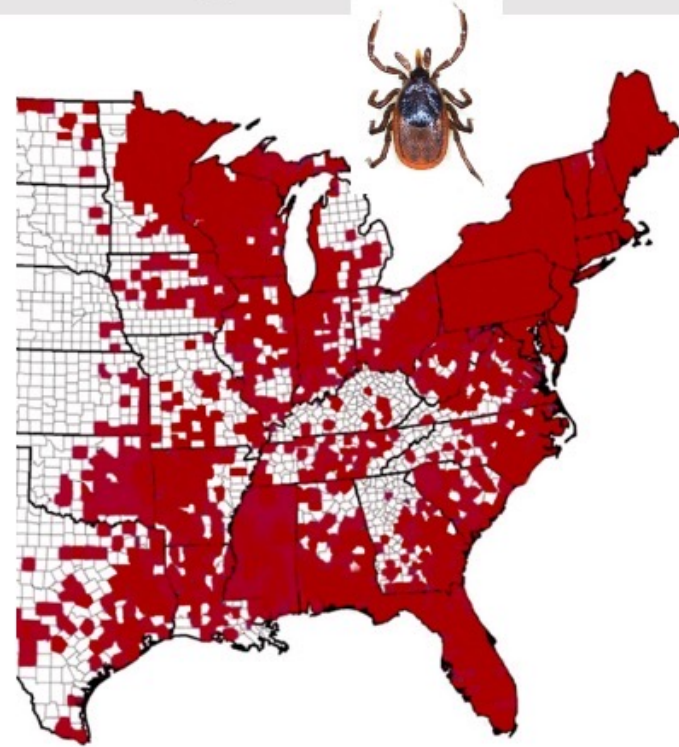


**Lyme disease cases**  
(CDC 2012)

**But ...**  
**does not match the species range of the tick**

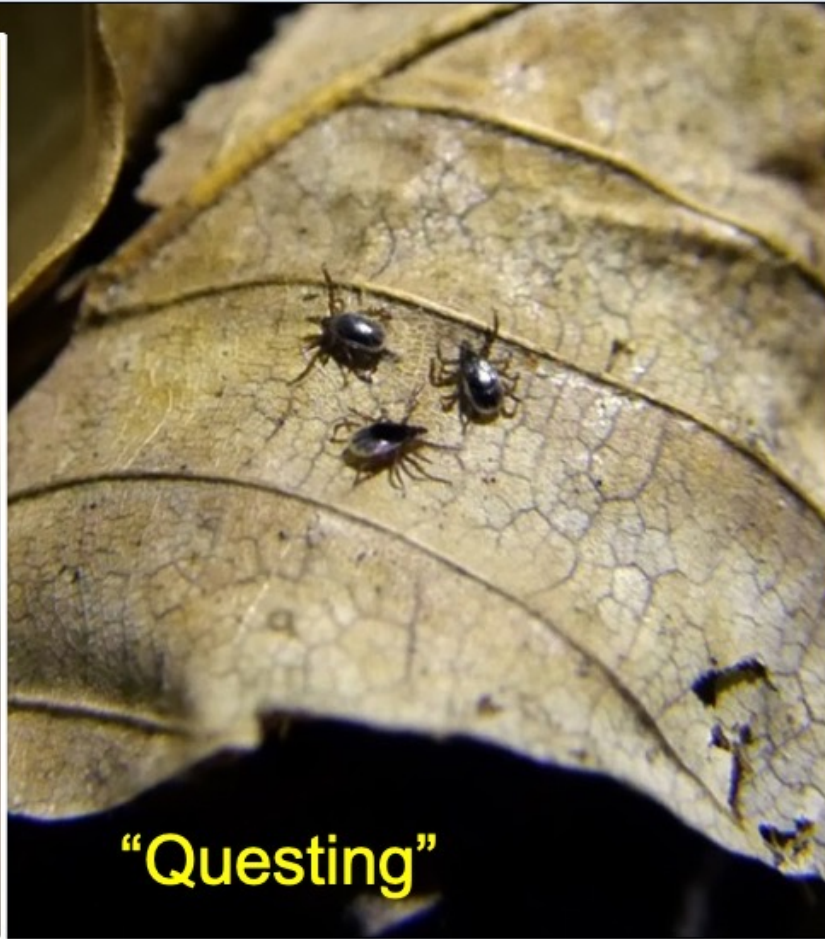


**Density of infected  
questing nymphs**  
(Diuk-Wasser et al. 2012)



**Counties with  
*I. scapularis* present**  
(Eisen et al. 2016)

This implies North–South differences in nymphs’  
host-seeking behavior



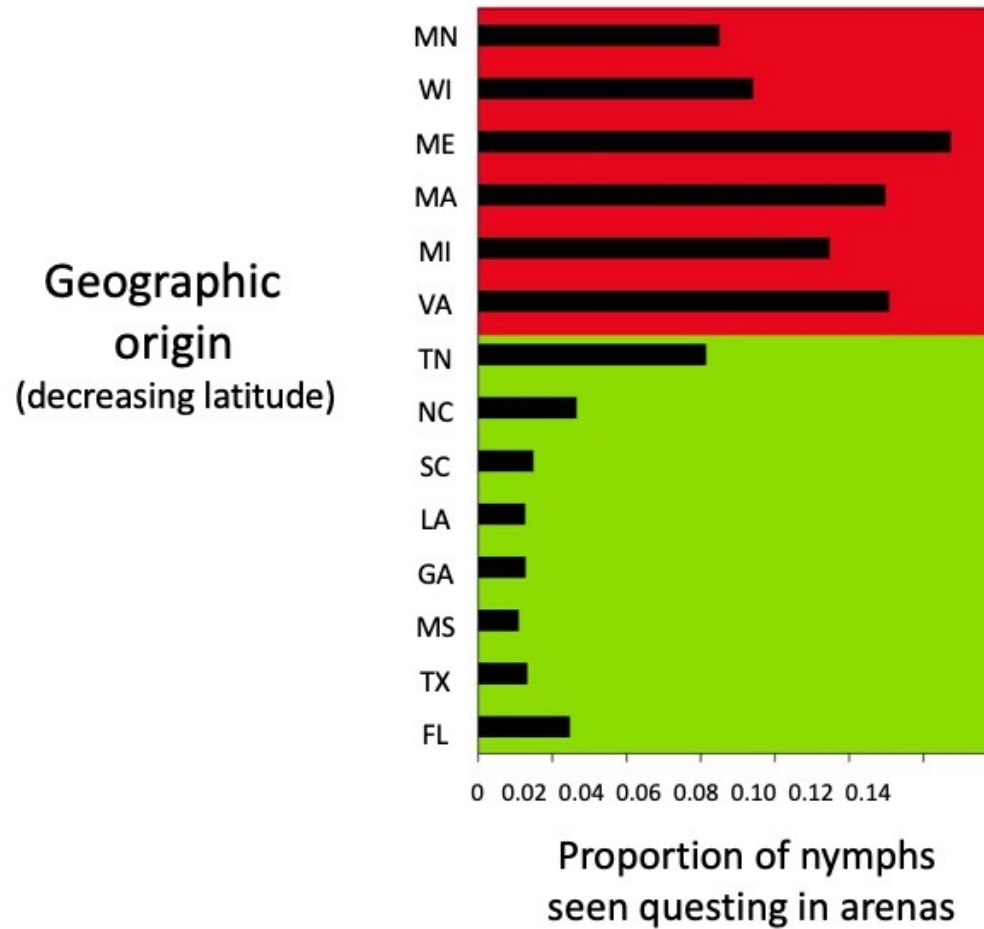


# Scored questing behavior (2 min)





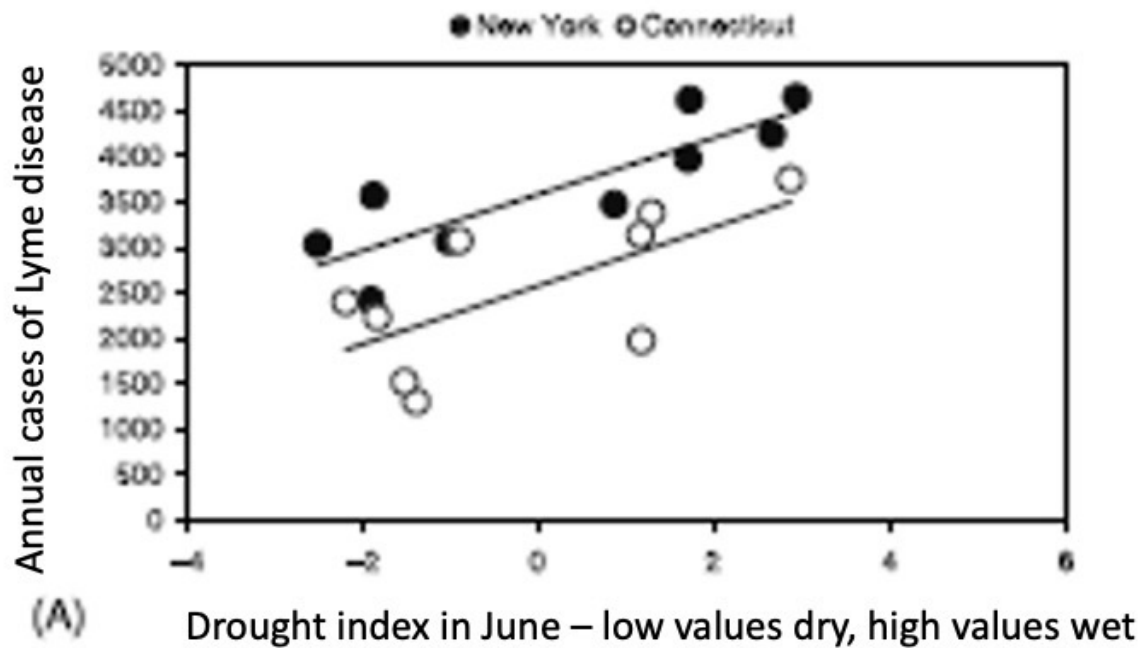
**Results:** Questing behavior of nymphs correlates with pattern of human LD risk



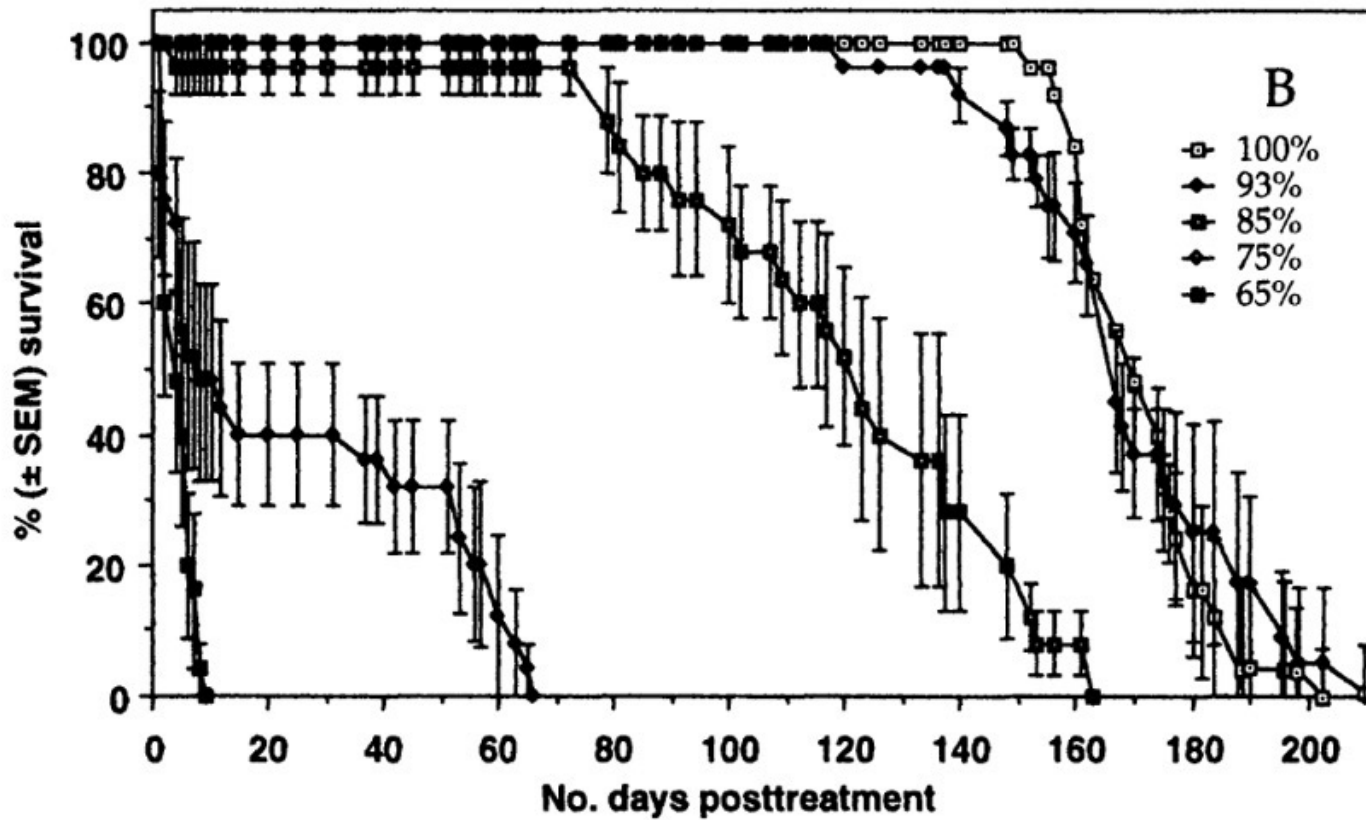
Arsnoe et al. 2019

# Environmental factors - Moisture

Relationship of Lyme disease to environmental moisture



# Impact of relative humidity on ticks



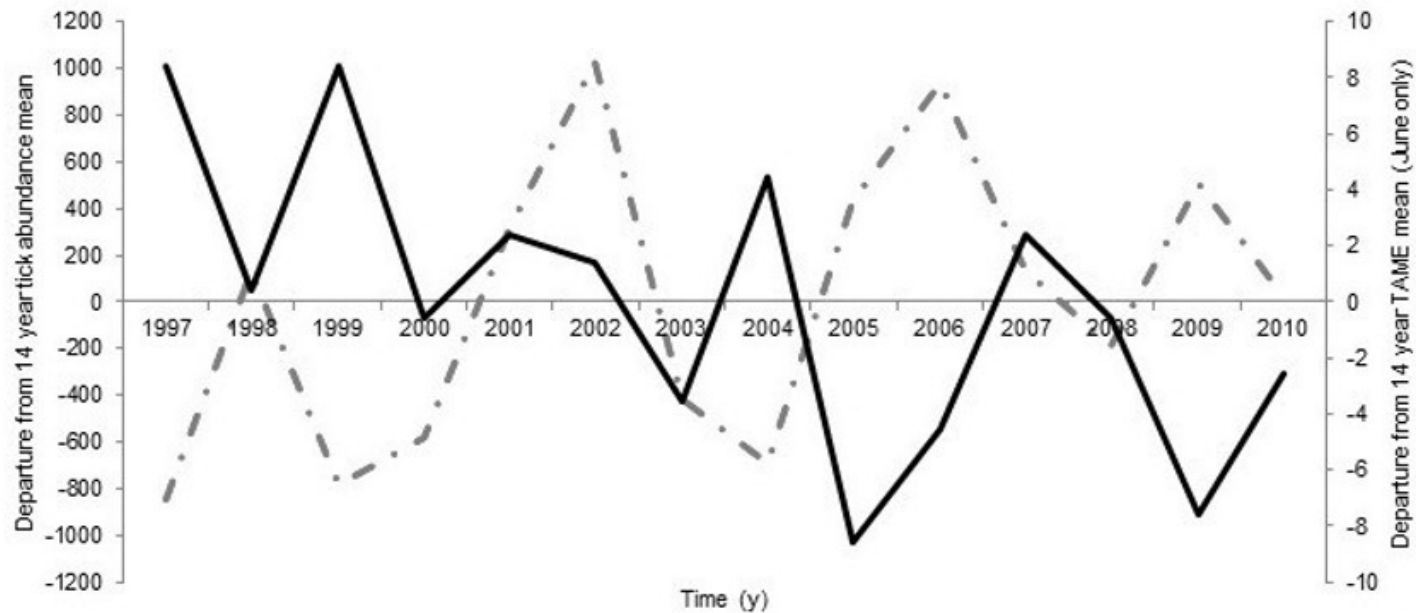
Research | [Open Access](#) | [Published: 14 April 2014](#)

# Adverse moisture events predict seasonal abundance of Lyme disease vector ticks (*Ixodes scapularis*)

[Kathryn A Berger](#) , [Howard S Ginsberg](#), [Katherine D Dugas](#), [Lutz H Hamel](#) & [Thomas N Mather](#)

[Parasites & Vectors](#) 7, Article number: 181 (2014) | [Cite this article](#)

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# The Tick Microbiome

Microbiota cycling  
with vertebrate hosts

👉 *B.burgdorferi* s.l.

● *A.phagocytophilum*

⊗ *Ba.microti*

*B.miyamotoi*

POWV

Environmentally acquired  
microbiota

Enterobacteriaceae



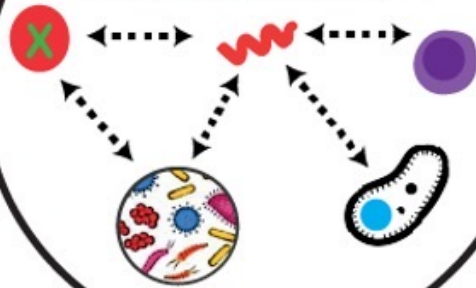
Spirochaetaceae

*Bacillus*

*Pseudomonas*

Other

Within tick  
interactions?

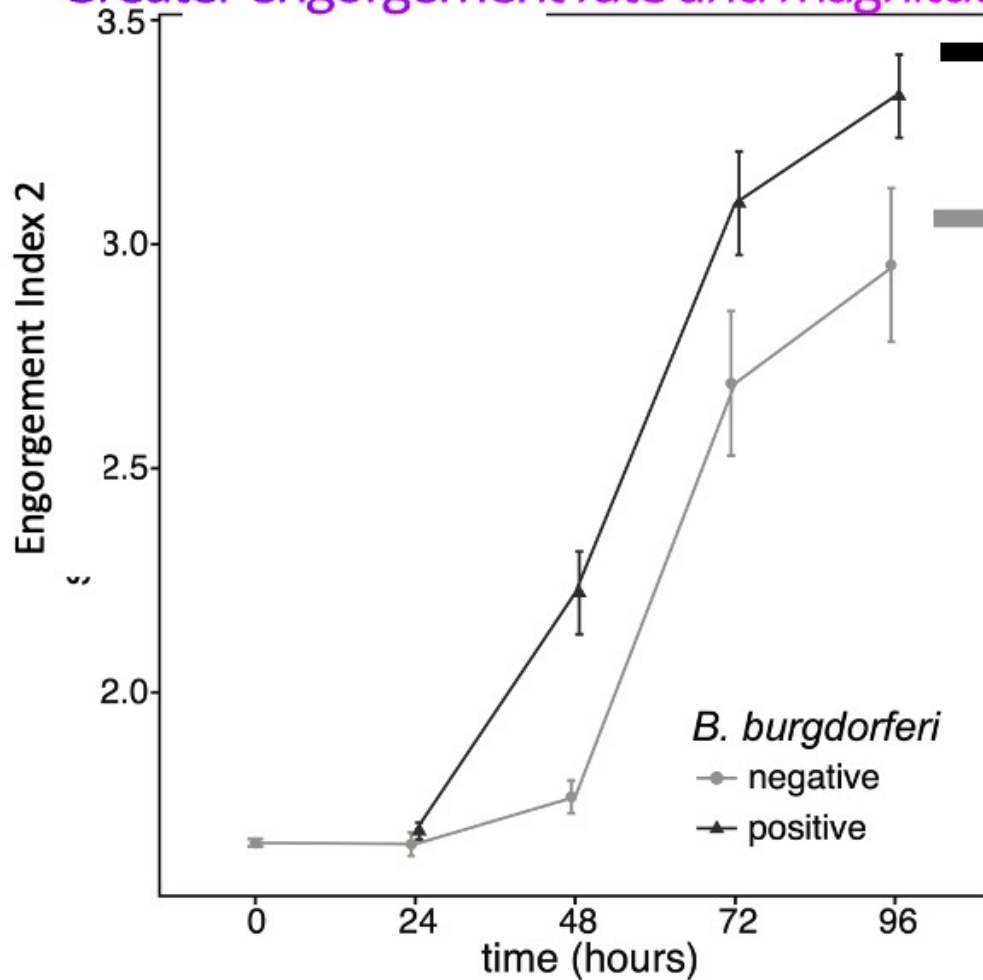


Transovarial, intracellular,  
nutritional endosymbiont

*Rickettsia buchneri* 🦠

# Microbes are actively interacting with ticks...

Greater engorgement rate and magnitude in *Borrelia burgdorferi* infected ticks

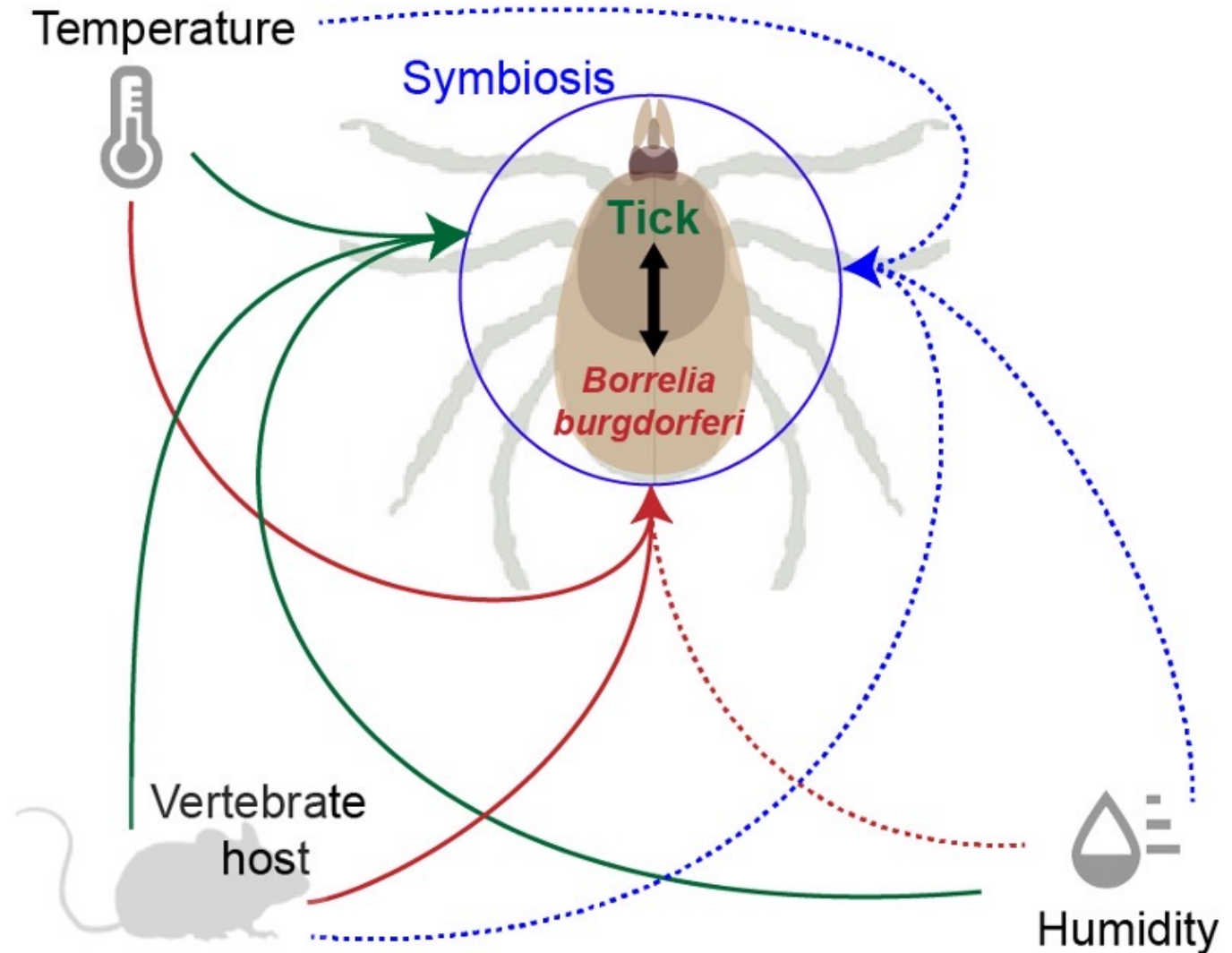


Couret et al. 2017



It is an ensemble

The environment  
The tick  
The pathogen  
The microbiome



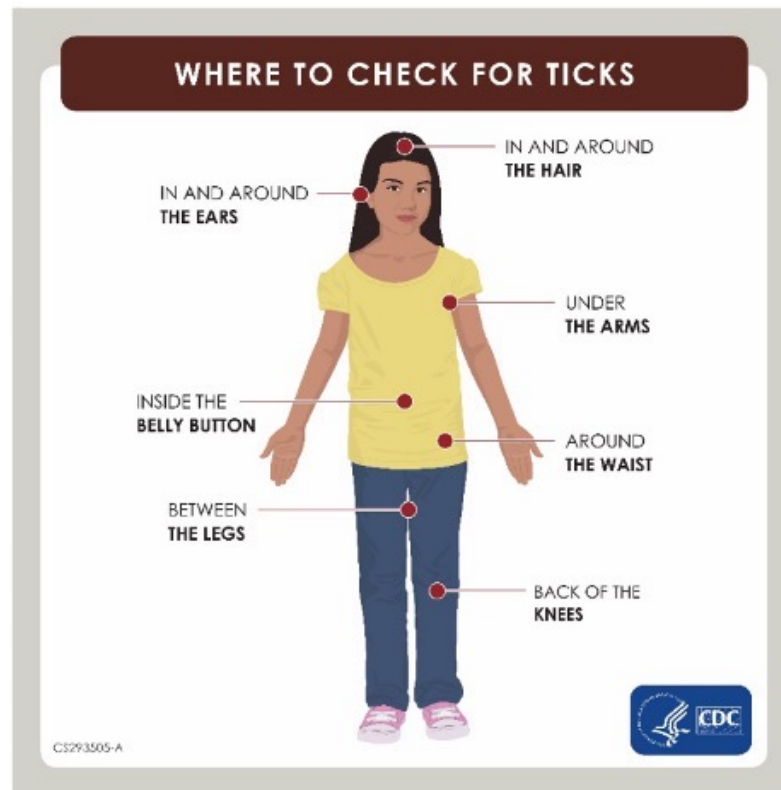


# Management of Lyme disease with Structured Decision Making

**The best laid schemes of mice and men often go awry.**

-Robert Burns

Tick bite prevention remains the best defense for now!



# Prevention method

Evaluation of cost-efficacy

Efficacy = reducing number of blacklegged tick nymphs?



Not necessarily...

Nonlinearities in transmission dynamics and efficient management of vector-borne pathogens

HOWARD S. GINSBERG <sup>1,3</sup> AND JANNELLE COURET<sup>2</sup>

<sup>1</sup>U.S. Geological Survey, Patuxent Wildlife Research Center, Rhode Island Field Station, Department of Plant Sciences and Entomology, University of Rhode Island, Kingston, Rhode Island 02881 USA

<sup>2</sup>Department of Biological Sciences, University of Rhode Island, Kingston, Rhode Island 02881 USA

*Citation:* Ginsberg, H. S., and J. Couret. 2019. Nonlinearities in transmission dynamics and efficient management of vector-borne pathogens. *Ecological Applications* 29(4):e01892. 10.1002/eap.1892

*Abstract.* Integrated Pest Management (IPM) is an approach to minimizing economic and environmental harm caused by pests, and Integrated Vector Management (IVM) uses similar methods to minimize pathogen transmission by vectors. The risk of acquiring a vector-borne infection is often quantified using the density of infected vectors. The relationship between vec-

# Potential non-linearities in tick-borne disease transmission

## Effects of tick population dynamics and host densities on the persistence of tick-borne infections

Roberto Rosà <sup>1</sup>, Andrea Pugliese

Affiliations + expand

PMID: 17125804 DOI: [10.1016/j.mbs.2006.10.002](https://doi.org/10.1016/j.mbs.2006.10.002)

- Density-dependence of finding

Dobson *Parasites & Vectors* 2014, 7:231  
<http://www.parasitesandvectors.com/content/7/1/231>



RESEARCH

Open Access

- Density-dependent mortality on hosts

History and complexity in tick-host dynamics: discrepancies between 'real' and 'visible' tick populations

Andrew D M Dobson

- Horizontal transmission via co-feeding ticks

Dynamics of a periodic tick-borne disease model with co-feeding and multiple patches

[Xue Zhang](#), [Bei Sun](#) & [Yijun Lou](#)

*Journal of Mathematical Biology* **82**, Article number: 27 (2021) | [Cite this article](#)

452 Accesses | 2 Citations | [Metrics](#)

% control of ticks

(reduction in ERI or DIN)

does not account for non-linearities in  
pathogen transmission

# Consequence: Relationship of vector numbers to public health protection not linear

## % Control

Henderson & Tilton  
(1955)

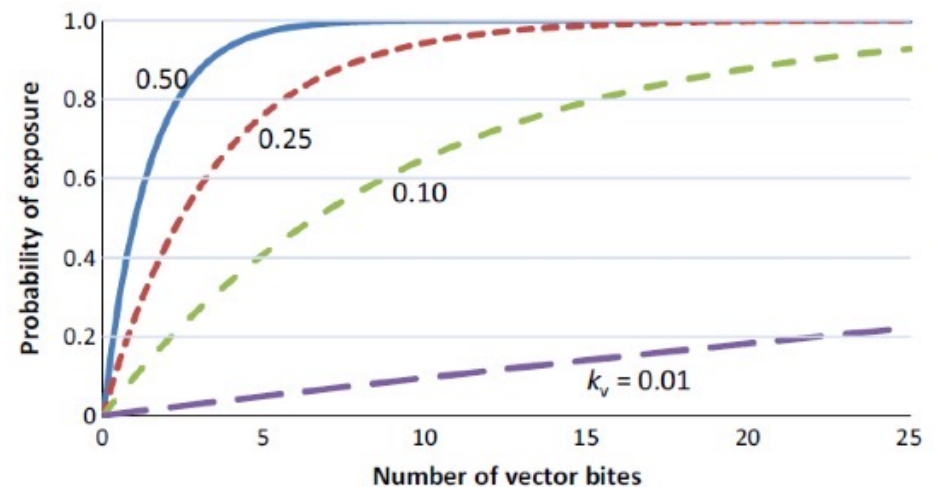
$$\% \text{ Control} = 100 \times (1 - (T_a \times C_b) / (T_b \times C_a))$$

Risk of exposure to a pathogen is not related to the number of vector bites in a linear fashion

- Probability of Exposure impacted by
1. Vector infection prevalence
  2. Number of vector bites

Probability of Exposure  $P_e$

$$P_e = 1 - (1 - k_v)^n$$



# Consequence: Relationship of vector numbers to public health protection not linear

## % Control

Henderson & Tilton  
(1955)

$$\% \text{ Control} = 100 \times (1 - (T_a \times C_b) / (T_b \times C_a))$$

## % Protection

Ginsberg & Couret  
(2019)

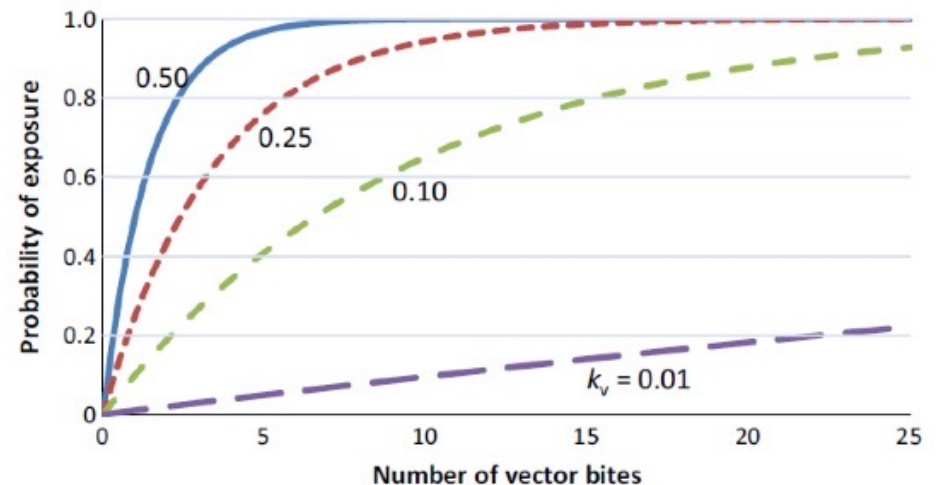
$$\% \text{ Protection} = 100 \times (1 - (P_{eTa} \times P_{eCb}) / (P_{eTb} \times P_{eCa}))$$

Probability of Exposure  $P_e$

$$P_e = 1 - (1 - k_v)^n$$

Risk of exposure to a pathogen is not related to the number of vector bites in a linear fashion

- Probability of Exposure impacted by
1. Vector infection prevalence
  2. Number of vector bites



# Efficient and Adaptive Management of Lyme Disease

## Scenario 1

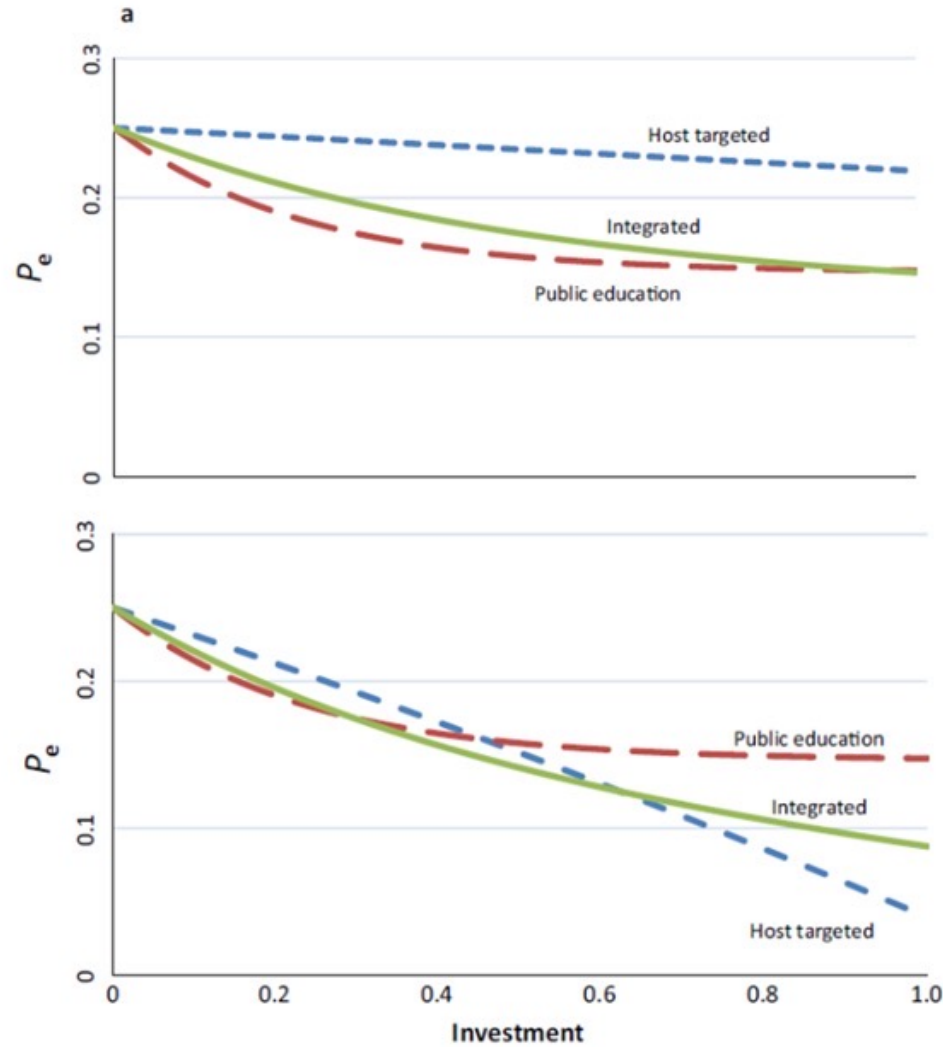


Abundant movement  
White-footed mice into  
treatment  
area

## Scenario 2



Little movement White-  
footed mice into  
treatment  
area



Efficient integration of  
management  
measures (green line)





National Institute of  
General Medical Sciences



NIH-NSF-NIFA  
Ecology and Evolution of  
Infectious Disease award  
1R01GM148992-01



Jean Tsao



Sukanya Narasimhan



Cynthia Lord



NCEZID award  
1U01CK000661  
-01



USGS award  
G21AC10789-00



Graham Hickling



Howard Ginsberg



United States  
Department of  
Agriculture  
National Institute  
of Food and  
Agriculture

[www.webbertraining.com/schedulep1.php](http://www.webbertraining.com/schedulep1.php)

April 4, 2023

*(FREE European Teleclass)*

**RESPIRATORY INFECTION PREVENTION: PERCEPTIONS, BARRIERS AND FACILITATORS**

Speaker: **Dr. Pierre Parneix**, Hôpital Pellerin, CHU de Bordeaux, France

April 12, 2023

*(South Pacific Teleclass)*

**UNINTENDED CONSEQUENCES OF INFECTION PREVENTION AND CONTROL MEASURES DURING THE COVID-19 PANDEMIC**

Speaker: **Dr. Moi-Lin Ling**, SingHealth, Singapore

April 20, 2023

**HOSPITAL WASTEWATER SYSTEMS: ORIGINS OF NOVEL NOSOCOMIAL BACTERIA**

Speaker: **Professor Colum Dunne**, School of Medicine, University of Limerick, Ireland

April 27, 2023

**THE FUNGUS AMONG US: THE EMERGENCE OF A HIGHLY RESISTANT FUNGUS IN THE HEALTHCARE SYSTEM**

Speaker: **Dr. Tom Chiller**, Centers for Disease Control, Atlanta

May 5, 2023

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